

---

# Livable Communities

---

New and Successful Global Models



---

# The Ten Year Social Impact Agenda

- Economic security
  - Health and supportive services
  - Livable communities
  - Global aging
-

---

A livable community is one that has affordable and appropriate housing, supportive community features and services, and adequate mobility options, which together facilitate personal independence and the engagement of residents in civic and social life.

---

---

# Global Aging

- Convening policy debates and dialogue at an international level
  - Promoting and sharing best practices for “livability”
  - Facilitating daily tasks that allow us to live with dignity
-

---

# “Driving will continue to be the dominant mode of mobility for older Americans” –

Enhancing Mobility Options for Older Americans – A five year national action agenda

- United States

  - Nearly 90% of all trips are by car

  - Only 10% by public transportation or walking

- Europe

  - Approximately 60% of trips are by car

  - 30-40% by public transportation or walking

---

---

# Stranded Without Options

- Suburbs = homes separated from employment, service, and retail centers
  - Limited mobility options, isolating non-drivers
  - Risks to older drivers and pedestrians
-

---

# Walkability

- Walking and biking: healthy mobility options to address the dual epidemics of obesity and physical inactivity
  - AARP Walkability Campaign
  - Problem: high number and escalating rate of pedestrian fatalities in Hawaii, almost half of them 65 years or older
-

---

# A global action agenda for mobility...

- Enhance the ability of individuals to drive safely as long as possible with lessened concern about lack of mobility when they cease driving
  - Expand transportation options by integrating human service transportation into all transportation planning
-

---

# Examples of Best Practices

- Detroit, Michigan: Simple improvements result in 35% drop in auto accident injuries among drivers age 65 and older.
  - Sweden: Special Transportation Service (STS)
-

---

# Older adults are choosing to stay...

- 90% of persons age 65 and older prefer to remain in their current residence as long as possible...*AARP 2000 survey report, Fixing to Stay*
  - Global best practices address affordability, housing options, and integration.
-

---

# Housing Options

- Ohana housing
  - Congregate housing
  - Assisted living
  - Continuing care retirement communities
-

---

# Examples of Best Practices

- France: “un toit, deux generations”
  - Vermont: home accessibility program
  - Netherlands: integrated, community-based housing arrangements
-

---

# A Livable Community Checklist

Good questions to ask yourself...

Does your community have roads designed for safe driving with clear and unambiguous signage, traffic stops, and pedestrian crosswalks?

Do you have dependable public transportation to get to the places you would like to go?

Is your own home designed to allow you to complete your daily tasks?

If you wanted or needed to leave your home, could you find affordable housing options elsewhere in your community?

---

---

# References

- *Enhancing Mobility Options for Older Americans* – A five year national action agenda
- *Beyond 50.05, A Report to the Nation on Livable Communities :Creating Environments for Successful Aging*, AARP Public Policy Institute
- *Livable Communities: An Evaluation Guide*, AARP Public Policy Institute
- *Global Report on Aging*, Special Issue 2005
- [www.aarp.org](http://www.aarp.org)

