THE COP CYCLE REPEATS...
By Benjamin Tran, COP 2009

As fast as the summer began, COP 2010 ended. With a huge wave of students successfully completing the summer program and being admitted to the University of Hawai‘i at Mānoa, they are getting a taste of what being a college student is really like. From scheduling classes, revising class schedules, and financial aid, the students put their knowledge to the test. The empty campus and the short lines they were used to no longer exist as they realize actually how many students attend UHM. Still, many of the students from 2010 and other alumni visit the COP office and “chill” as they wait for classes to start.

As always, the COP cycle repeats. As soon as the summer ended, the hunt for COP 2011 has begun. It is a long and rigorous process that includes a mass amount of applications. After the applications are reviewed, dates for testing are made, then scheduled meetings are arranged. Before you know it, the summer will start again soon with a new bunch of students.

On another note, the COP Office welcomes new hires from COP 2010: Hazel Asperin, Jean Dagupion, and Jessie Hay.
COP has been visiting various high schools statewide recruiting for its next deserving applicants for the 2011 summer program. We are looking for 150 students again! If you know of anyone who would greatly benefit from this opportunity, encourage them to attend the COP presentation at their school and apply!

High School seniors who may not meet the minimum entrance requirements for the University of Hawai‘i at Mānoa (UHM), can get a second chance to prove themselves worthy of admittance through the College Opportunities Program (COP). **Deadline for applications and supporting materials is December 1, 2010.**

Participants in this free six-week summer program are housed at the Mānoa campus and enrolled in classes designed to upgrade academic and social skills. Room, board, textbooks, and instructional expenses are covered by COP. Participants who successfully complete the summer program requirements are admitted to UHM and advance to COP’s First-Year Academic Program in the fall semester.

### BE A COP Alaka‘i MENTOR

The COP Alaka‘ina (Guidance) Mentoring Program is designed to promote college success and post-secondary opportunities. COP Alumni nā alaka‘i (mentors) serve as positive role models for incoming COP freshman students and provide information and guidance about academic and college life at University of Hawai‘i at Mānoa.

Incoming COP students will be assigned an upper-class mentor to assist and support them in their academic social lives during their freshman year. The program requires monthly contact between each mentee and his or her alaka‘i (mentor).

If you would like to be a mentor to COP 2010, please contact Tasha at tvalenzu@hawaii.edu.

### Upcoming Events:

**September 29th: Let’s Pair Up!**  QLCSS 412, 3pm - 4:15pm
On this day you will select your mentor/mentee and find out what activities we will do this semester.

**October 19th: Let’s go to Grad School!**
Bilger Hall Rm 150, 6:30pm

**October 29th: Thanksgiving Community Service**
QLCSS 412, 3pm – 4:15pm

**November 12th: Spring 2011 Registration Workshop**
COP alumni and COP 2010 come together to help each other with Spring 2011 course registration.
TALES from ABROAD

KAMAKANA IN AOTEAROA

Welina mai kākou e ku‘u ‘ohana COP, mai ka ‘āina kaulana o Aotearoa a i ka paeʻāina o Hawai‘i, aloha pumehana kākou! Kia ora tātou! I am currently in Aotearoa, New Zealand on an international student exchange at Te Whare Wānanga o Waikato, University of Waikato. My BA in Hawaiian Studies concentrates on Kumu Kahiki, Polynesian Comparative. Therefore, I thought it was the right time. I always wanted to travel to Aotearoa and this exchange was an awesome way to further my education, travel and step out of my comfort zone.

I arrived for their second semester, right in the middle of their winter. It was really cold; this Hawaiian isn’t used to cold weather like this. I am taking 4 papers; that’s what they call it here. A Māori paper, kapa haka paper, Treaty of Waitangi paper and a History paper. These papers are really interesting, especially my Māori papers, as I can really relate. This really helps my education by recognizing the similarities and differences. I wouldn’t mind getting my undergraduate degree here, as it only takes 3 years. I plan to do my MA at Mānoa and part of my research here in Aotearoa, because it gives me a reason to come back, smart ah?! I am possibly thinking of doing my PhD here at Waikato. The system here is so much easier and faster.

Guarentee I’ll be hitting up Aotearoa every now and then. There are lots of Māori waiting for you to come over their house for dinner and help you with whatever they can. There are lots of interesting and weird things here in Aotearoa. I also try to travel during the weekends. I’ve been to Auckland, Taupo, Rotorua and Wellington. There is so much to see and things to do here. I’ve been picking up kiwi lingo here and it’s pretty funny, but pretty cool. I don’t have an accent, they do. Met many friends here and established good relationships. I hope they have the opportunity to come to Hawai‘i. Ngā mihi nui, Na Kamakana Aquino (COP 2007)

SUMMER IN ITALY

This past summer I traveled all the way to Florence, Italy. Considering that Europe is halfway around the world, I was really nervous about the trip, yet anxious at the same time. What would it be like to live in a different country? Phrases such as ‘culture shock’ and ‘home stay family’ ran through my mind on the almost whole day plane ride there. Right when I stepped out of the airport in Florence, Italy everything changed.

Living in Italy was truly a life changing experience. To live in a place where the culture, food, and people are different is quite an adjustment. Everywhere I turned there was a beautiful monument that I never thought I would get to see, besides in a book about the world. Food is cooked fresh daily and pizza here will never taste the same. People in Italy walk slower and truly enjoy their day, unlike in America. Italians see meals like lunch and dinner as very important parts of the day that are to be shared with family. Coffees are inhaled and meals are served in 3-4 courses. Shopping is a must all day everyday and you never get tired of it.

My favorite experience in Italy was going to Rome. My group and I traveled to Rome on the third weekend of our stay and it was absolutely amazing. Being able to walk through the Vatican and the Sistine chapel really opened my eyes to the different eras of our time and how they were expressed through artwork. Fountains surrounded you everywhere, and the famous Colosseum stood right down the road. We also had the chance to visit Cinque Terre, Venice, Chianti, Pisa, and even ventured to the South of France one weekend. Experiencing study abroad is an unforgettable opportunity one should take advantage of.

—Christine Licato (COP 2007)

STUDY ABROAD FAIR
Who: UH Manoa Study Abroad Center
Date: Wednesday, Sept. 15, 2010
Time: 9:00 am – 2:00 pm
Location: Campus Center Mall
Telephone: 956-5143
Email: uhmsac@hawaii.edu

INTERNATIONAL INFO SESSION
Another way to study abroad...

When: Friday, September 24, 2010
Where: BUSAD G 102
Time: TBA

If you have any questions, please contact Rikki by calling 956-8215
Announcements for Alumni

Free Kaplan Practice Tests
September 18 at 10 am
Kuykendall Hall- UH Manoa

How would you score on test day? Take a FREE practice test and find out! Kaplan Test Prep and Admissions in partnership with the University of Hawaii Alumni Association, will hold a free GRE, LSAT, MCAT, DAT, OAT, PCAT practice test event for prospective graduate school applicants. To register or for more information, please call 1-800-KAPTEST or visit www.kaptest.com/practice.

Native Hawaiian Center for Excellence
Native Hawaiian Student Pathway to Medicine (NHSPM) Program

APPLICATION DEADLINE EXTENDED: THURSDAY, SEPT. 30, 2010

The Native Hawaiian Student Pathway to Medicine (NHSPM) is a program of the Native Hawaiian Center of Excellence (NHCOE) at the University of Hawaii John A. Burns School of Medicine (UH JABSOM), Department of Native Hawaiian Health. The NHSPM program provides support to Native Hawaiian Students on their path to becoming physicians. The curriculum consists of an MCAT prep course, workshops, and individual advising/career counseling to individuals who demonstrate potential to be competitive applicants to medical school. The Program will be offered in Honolulu and Hilo. Up to 10 participants will be selected for each site. For application and more info, please contact Dr. Sasha Fernandes at sfern@hawaii.edu or call 692-1040.

Pre-IL Getting into Law School
September 23, 2010
6:30pm, Bilger 150

Fall Career Fair
October 19, 2010
10am - 2pm
in Campus Center Ballroom

Personal Statement Workshop
October 20, 2010
6:30pm in Bilger 150

Interviewing Skills Workshop
October 21, 2010
6:30pm, Location TBA