



HOW TO APPLY TO STUDY AT HELP

Eligibility: To be a student at HELP, you must:

- Be 17 years old or older
- Be a high school graduate
- Be at any level of English from beginning to advanced

Visa Requirements:

HELP students who want to study full time (more than 16 hours/week) must have an F-1 student visa form. HELP is authorized to issue the I-20 form required to apply for a student visa. Students who enter the U.S. on a B-2 (tourist) visa or WT status (visa waiver) may not study full time at HELP, but may be eligible for part-time study (16 hours or less) incidental to visiting in Hawaii. Email us at eslhelp@hawaii.edu with any questions about this.

How to Apply: All students wanting to study at HELP must send:

- Completed and signed HELP application form, including signed Assumption of Risk and Release section;
- One passport-sized photograph;
- Financial statement on bank letterhead with the name of the student or sponsor, name and address of bank, account number, account balance, funds adequate for the amount of intended study (\$2000 per month, \$4000 per 8-week term) signature of bank official, dated within 6 months of application;
- University of Hawaii Confidential Health Form completed and signed by your physician;
- Full tuition and fees for at least one term: \$1710 for first 8-week session. This includes non-refundable fees of \$100. Checks/money orders/credit cards accepted. *You can get a discount for paying for a longer study period.*

Your Health Matters to Us!

You must complete the attached Health Clearance Form. Your doctor must sign Page 2.

HELP students are required to have adequate health insurance for each term you are enrolled. Information on student health insurance sponsored by the University is available at <http://www.hmsa.com/portal/?gid=student>. You may purchase UH-sponsored health insurance on-line with your MasterCard or Visa credit card.

Currently, student health insurance costs approximately \$1867.92 per year (August 15 to August 14) for a single student. Family coverage is more expensive. (Dental, vision plans are available at additional cost.)

Insurance coverage that is equivalent to or better than UH-sponsored insurance is acceptable, as long as has the following Minimum Levels of Coverage:

*Minimum coverage period: the entire length of your intended stay in the U.S. as a student.

*Medical coverage: US\$ 100,000 per incident, or One Million \$ Lifetime Maximum

*Deductible: Maximum \$250

* Coverage for major medical and hospital visits including inpatient psychiatric stays =75% of usual/customary charges

Note: Medical evacuation & repatriation is not required for F-1 students but is recommended.

Required Immunizations--all students must meet health clearance requirements before registering for classes.

- Tuberculosis skin test and chest X-ray if necessary. TB clearance must be done in Hawai'i.

- Two doses of measles or MMR vaccination.

- Health history forms on file.

Contact: University Health Services

1710 East-West Rd., Honolulu, HI 96822

Tel: (808) 956-8965 Fax: (808) 956-3583

Email: okamotop@hawaii.edu

Prior to Leaving Home

Check the following to see if you have the most essential things ready for traveling.

- Admission letter from HELP and I-20 form
- Valid passport, valid student visa, proof of SEVIS fee payment (I-901 form)
- Reservation for flight to Honolulu
- Recommended arrival is at least 1–2 days prior to the start of classes
- Reservation for housing—see section below on housing
- Reservation for airport pick-up –included if you have reserved housing through our Accommodations Service

Housing Information

We know that where you live is of utmost importance to ensure you enjoy your time in Hawaii at HELP.

Our accommodations program will make sure that your experience is a great one. Our large selection of accommodations choices includes homestay, dormitory, apartments and hotels. Please see the attached sheet with more details on Housing.