

Which Diseases Response Best To Acupuncture

Acupuncture works best in the following situations: pain control, treatment of addictions, weight control, and organ dysfunctions.

Examples of conditions that have been treated successfully include allergies, asthma, anxiety and depression, arthritis, tic, hypertension, sinusitis, and gastrointestinal problems. It offers a safe alternative to drugs.

Auricular acupuncture

Auricular acupuncture, a technique which involves the application of needles and electrical stimulation on the external ear, offers treatment for drug and nicotine dependencies. Ear points are also used for appetite control, aiding people in a safe way towards weight control.

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**Desensitize Allergies
Improve Health
Help Control Pain
Stop Smoking
Lose Weight**

What is acupuncture?

The art of acupuncture is considered a new "alternative" medicine in most Western cultures today. In reality, acupuncture and related treatments are established, clinically proven medical modalities that are over 5,000 years old.

Acupuncture involves the insertion of very fine needles (sometimes in conjunction with electrical stimulus) into the skin. The purpose of this stimulation is to influence the physiological, emotional, and psychological functions of the mind and body. Chinese medicine has always acknowledged that the mind and body are inter-related.

Acupuncture points are specific locations where the meridians (channels of energy) come to the surface of the skin, and are easily accessible by "needling." Since energy constantly flows up and down these pathways, the connections between them ensure that there is an even circulation of energy (Qi). A person's health is influenced by the flow of Qi in their body. Disruptions can occur if the flow of Qi is insufficient, unbalanced, or interrupted. Acupuncture is used to restore this balance.



Allergy Desensitization

By combining Traditional Chinese Medicine (TCM) acupuncture with a technique called NAET we have been able to eliminate many food and environmental allergenic responses.

According to TCM, the entry or contact of an allergen with the body results in a reaction between the energy field of the allergen and that of the allergy sufferer.

In the initial reaction, the brain identifies the allergen and alerts the immune system, which then locates the allergen and responds by producing antibodies.

As the immune response progresses, histamines are released which block the flow of energy through the meridian pathways. An individual's health is always affected when there are energy blockages in the body.

The blockage of an energy meridian can result in the exhibition of a variety of symptoms. The type of reaction or symptom is dependent upon the blocked meridian. Acupuncture acts to clear allergy induced energy blockages.

Weight Loss

Many overweight people are aware that diets can help with weight loss, but have difficulty suppressing their appetite. Acupuncture can often help to keep you on your diet. Acupuncture stimulates the auricular branch of the vagal nerve and raises serotonin levels. This has been shown to increase tone in the smooth muscle of the stomach, thus suppressing appetite.

Stop Smoking

The physical discomfort that is the basic experience of nicotine addiction is caused by the spasmodic vasoconstriction that occurs 20-30 minutes after smoking a cigarette. Acupuncture treatments can help terminate these physical withdrawal symptoms and help smokers to stop smoking.

Pricing

Initial Visit and evaluation	45.00
Regular Acupuncture treatments	40.00

