

A SIECUS Annotated Bibliography

Sexuality education is a lifelong process that begins at birth. Parents, family, peers, partners, schools, religion, and the media influence the messages people receive about sexuality at all stages of life. These messages are sometimes conflicting, incomplete, and inaccurate. All people have the right to comprehensive sexuality education that addresses the biological, sociocultural, psychological, and spiritual dimensions of sexuality from the cognitive domain (information), the affective domain (feelings, values, and attitudes), and the behavioral domain (communication and decision-making skills).

Parents are—and ought to be—their children’s primary sexuality educators, but they may need help and encouragement to fulfill this important role. Religious leaders, youth and community-group leaders, and health and education professionals can complement and augment the sexuality education that takes place at home.

This bibliography on *Sexuality Education in the Home* is designed to provide parents and caregivers with resources they can use to talk to children about sexuality and to prepare them for life as sexually healthy adults.

These publications or videos are not sold or distributed by SIECUS; they are, however, available for use in the Mary S. Calderone Library. For those interested in purchasing any of the following books, each annotation contains contact and price information (not including shipping and handling).

This bibliography is available free of charge on the SIECUS Web site. Copies are also available from the SIECUS Publications Department for a small fee.

SIECUS is located at 130 West 42nd Street, Suite 350, New York, NY 10036-7802; Phone: 212/819-9770; Fax: 212/819-9776; E-mail: siecus@siecus.org

This bibliography was compiled by Amy Levine, M.A., SIECUS librarian.

Disclaimer notice. Most of the books listed in this bibliography contain positive messages about sexuality. Some may, however, contain messages or information that need updating (particularly information on HIV/AIDS or nonoxynol 9). Parents are encouraged to keep updated on these subjects and to review resources before using them. They are also encouraged to review other SIECUS annotated bibliographies that address diverse sexuality related topics such as “Sexual Abuse,” “Sexual Harassment,” “Gay and Lesbian Sexuality,” and “Sexuality and Disability.”

* These books were included in SIECUS’ previous *Annotated Bibliography on Sexuality Education in the Home* and are still considered timely and relevant.

† These books were included in SIECUS’ previous *Annotated Bibliography on Sexuality Education in the Home* but were recently updated.

‡ Message boards and chat rooms are generally unsupervised and may contain inaccurate information. Parents or caregivers should supervise young teens using these features.

FOR FAMILIES

All about Sex: A Family Resource on Sex and Sexuality*

Ronald Filiberti Moglia, Ed.D.,
and Jon Knowles, Editors

This book, published by Planned Parenthood Federation of America, provides information about sex and sexuality in straightforward language that families can understand and use. It is intended to facilitate family communication, establish sexual values, and encourage responsible sexual behaviors.
1997; \$12; ISBN 0609801465; Marketing Group, Planned Parenthood Federation of

America, 810 Seventh Avenue, New York, NY 10019; Phone: 800/669-0156 or 212/541-7800; Fax: 212/261-4352; Web site: <http://www.plannedparenthood.org/store>

The Family Guide to Sex and Relationships*

Richard Walker, Ph.D.

Complete with over 300 color photos, illustrations, and diagrams, this book presents comprehensive information on the entire life cycle. Chapters include “The Reproductive Body,” “Baby to Child,” “Adolescence,” and “The Family and Sexuality.”
1996; \$34.95; ISBN 0737257636; Out of print.

Five Hundred Questions Kids Ask about Sex and Some of the Answers*

Francis Younger, M.A.

This book is for parents, teachers, and young people. Written in a question-and-answer format, it provides clear answers to questions young people ask. Chapters include “Bodily Development and Sexual Maturation” and “Conception, Pregnancy, and Childbirth,” among others
1992; \$41.95; ISBN 0398057893; Charles C. Thomas Publisher, Ltd., 2600 South First Street, P.O. Box 19265, Springfield, IL 62794-9265; Phone: 800/258-8980; Fax: 217/789-9130; Web site: <http://www.ccthomas.com>

**Free Your Mind:
The Book for Gay, Lesbian, and
Bisexual Youth and Their Allies***

Ellen Bass and Kate Kaufman

Written for the gay, lesbian, or bisexual reader as well as their allies, this book provides practical information, validation, reassurance, and advice. It is divided into six parts: "Self-discovery," "Friends and Lovers," "Family," "School," "Spirituality," and "Community." Integrated into these six parts are chapters for parents, educators, clergy, counselors, and members of the gay, lesbian, and bisexual communities. A resource list and index are included.

1996; \$14; ISBN 0060951044; Harper Collins Publishers, 1000 Keystone Industrial Park, Scranton, PA 18512; Phone: 800/331-3761; Fax: 800/822-4090; Web site: <http://www.harpercollins.com>

Our Trans Children

This pamphlet from the Transgender Special Outreach Network of Parents, Families, and Friends of Lesbians and Gays (PFLAG) includes questions and answers about transgender issues, the similarities and differences between sexual orientation and gender identity, issues of transgendered youth, and the law. It also includes a list of organizations with more information.

1999; Free; Mary Boenke, 180 Bailey Boulevard, Hardy, VA 24101; Phone: 540/890-3957; Web site: <http://www.youth-guard.org/pflag-t-net/bookletwb/index1.html>

**Trans Forming Families:
Real Stories about
Transgendered Loved Ones**

Mary Boenke, Editor

This book is a collection of stories about transsexuals, cross-dressers, and intersexed people. Written by parents, siblings, grandparents, and children, this book is for all individuals who need to find support and overcome obstacles relating to this subject.

1999; \$13.95; ISBN 0966327217; Mary Boenke, 180 Bailey Boulevard, Hardy, VA 24101; Phone: 540/890-3957; Web site: <http://www.aiyiyi.com/transbook>

**The Underground Guide
to Teenage Sexuality:
An Essential Handbook
for Today's Teens
and Parents***

Michael J. Basso

This is an easy-to-read handbook that answers teenagers' questions about health and sexuality. Chapters include "Sexual Anatomy," "Contraception and Birth Control," and "How to Say No to Sex." The introduction, written for both parents and educators, contains valuable tips to foster communication with teens about sexuality. A glossary and index are included.

1997; \$14.95; ISBN 1577490347; Fairview Press, 2450 Riverside Avenue South, Minneapolis, MN 55454; Phone: 800/544-8207; Fax: 612/672-4980; Web site: <http://www.fairviewpress.org>

**FOR PARENTS
AND CAREGIVERS**

**But I Love Him:
Protecting Your Teen Daughter
from Controlling Abusive
Dating Relationships**

Dr. Jill Murray

This book is intended to help parents identify patterns of controlling and abusive behavior in dating relationships. Chapters include "What Is Teen Dating Abuse?," "Verbal and Emotional Abuse: The First Level of Violence," "Sexual Abuse: The Second Level of Violence," "Physical Abuse: The Third Level of Violence," "Warning Signs: Recognizing Abusive Teenage Relationships," "Why Girls Choose Abusive Relationships," "Girls Who Abuse Boys," and "Why Teens Don't Tell: How to Talk to Your Daughter about Abuse."

2000; \$24; ISBN 0060197242; Harper Collins Publishers, 1000 Keystone Industrial Park, Scranton, PA 18512; Phone: 800/242-7737; Fax: 800/822-4090; Web site: <http://www.harpercollins.com>

**Does AIDS Hurt?
Educating Young Children
about AIDS***

*Marcia Quackenbush, M.S., M. F. C. C.
and Sylvia Villarreal, M.D.*

Illustrations by Marcia Quackenbush

Written for teachers, parents, and other care providers, this handbook carefully explains the difference between HIV and AIDS. Using age-appropriate language, it offers sensible advice to help children understand the virus and subsequent diseases.

1992; \$17.95; ISBN 1560710845; ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830; Phone: 800/321-4407; Fax: 800/435-8433; Web site: <http://www.etr.org>

**Family Connections:
A Guidebook for Parents
of Children**

*Family Health Council, Inc.,
Center for Adolescent Pregnancy Prevention*

These three guidebooks are for parents of children from birth to seven years of age, eight to 13 years of age, and 14 to 18 years of age. Parents can use them to communicate with their children about sexuality. Among other things, these guidebooks discuss child development, puberty, contraception, sexual abuse, and sexually transmitted diseases.

1996; Free; Family Health Council, Inc., Center for Adolescent Pregnancy Prevention, 960 Penn Avenue, Suite 600, Pittsburgh, PA 15222; Phone: 412/288-0518; Fax: 412/288-9036; Web site: <http://www.fhcinc.org>

**Finding Our Voices:
Talking with Our Children
about Sexuality
and AIDS**

This booklet provides parents with support and suggestions for talking with children. It addresses values, developmental stages, sexual behavior, and resources. Also in Spanish.

1998; \$5; Mothers' Voices, 165 West 46th Street, Suite 701, New York, NY 10036; Phone: 888/MVOICES or 212/730-2777; Fax: 212/730-4378; Web site: <http://www.mvoices.org>

**Flight of the Stork:
What Children Think
(and When) about Sex
and Family Building***

Anne C. Bernstein

This book explores children's understanding of sex and reproduction as well as their awareness of other forms of family building, namely adoption and assisted reproductive technology. It translates basic research findings into relevant and practical information for parents and professionals.

1994; \$14; ISBN 0944934099; Perspectives Press, P.O. Box 90318, Indianapolis, IN 46290-0318; Phone and fax: 317/872-3055; Web site: <http://www.perspectivespress.com>

**From Diapers to Dating:
A Parent's Guide to Raising
Sexually Healthy Children**

Debra W. Haffner, M.P.H.

This book is filled with practical advice and guidelines to help parents feel more comfortable talking to children and early adolescents about sexuality issues. Incorporating value exercises, it encourages parents to examine their own sexual values so that they can share these messages. *From Dating to Diplomas: A Parent's Guide for Raising Sexually Healthy Adolescents* is scheduled for release in 2001. 1999; \$23.95; ISBN 155704385X; Newmarket Press, 18 East 48th Street, New York, NY 10017; Phone: 212/832-3575; Fax: 212/832-3629; E-mail: sales@newmarketpress.com. Also available from SIECUS.

**More Speaking of Sex:
What Your Children
Need to Know and When
They Need to Know It**

Second Edition

Meg Hickling, R.N.

This book provides suggestions for parents and caregivers to discuss sexuality issues with their children. It addresses "What Your Child Needs to Know and When They Need to Know It," "Straight Answers to the Questions Your Children Will Ask," "Helping Your

Children Stay Healthy," and "Communicating Your Values."

1999; \$16.95; ISBN 1896836372; Logos Productions, Inc., 6160 Carmen Avenue East, Inver Grove Heights, MN 55076-4422; Phone: 800/328-0200; Fax: 888/852-5524; Web site: <http://www.joinhands.com>

**Mothering Teens: Understanding
the Adolescent Years***

Miriam Kaufman, Editor

This book helps parents understand adolescence. Essays include "Change Is the Essence: Adolescent Development," "What Is the Role of Gender?," "Sexuality: The Desire to Be Lovable and Loving," and "Coming Out: Parents of Lesbian and Gay Teens."

1997; \$16.95; ISBN 0921881460; University of Toronto Press, 5201 Dufferin Street, North York, Ontario, M3H 5T8, Canada; Phone: 800/565-9523; Fax: 800/221-9985; Web site: <http://www.utpress.utoronto.ca>

**Nuestras Hijas y Nuestros Hijos:
Preguntas y Respuestas para
Padres de Gays, Lesbianas
y Bisexuales**

PFLAG (Parents, Families,
and Friends of Lesbians and Gays)

This pamphlet provides questions and answers for parents of gays, lesbians, and bisexuals. Also available in English.

2000; \$1.95; PFLAG, 1726 M Street, N.W., Suite 400, Washington, DC 20036; Phone: 202/467-8180; Fax: 202/467-8194; Web site: <http://www.pflag.org>

**Papá, Mamá, Soy Gay:
Una Guía para Comprender
las Orientaciones
y Preferencias Sexuales
de los Hijos**

Rinna Riesenfeld

This book helps parents understand and support their gay or lesbian children. It addresses disclosure, expectations, and dreams for children, myths and fears, questions and concerns. 2000; 129 Pesos; Web site: <http://www.grijalbo.com>.

**Raising a Child Responsibly
in a Sexually
Permissive World**

Second Edition

Sol Gordon, Ph.D.,
and Judith Gordon, M.S.W.

This book provides practical information for parents to discuss sexuality issues with their children. Chapters include "Promoting Self-esteem in Children," "Becoming an Askable Parent," "What Children Need to Know," and "Fostering a Child's Sexual Integrity in Special Situations."

2000; \$10.95; ISBN 1580621775; Adams Media Corporation, 260 Center Street, Holbrook, MA 02343; Phone: 800/872-5627; Fax: 781/767-0994; Web site: <http://www.adamsmedia.com>

**Sex Is More than
a Plumbing Lesson***

Patty Stark

This book stresses the complex nature of human sexuality and the parent's role as a sexuality educator. It encourages parents to communicate with their children about sexuality. 1990; ISBN 0962946303; Out of print.

**Sex Is Not a
Four-letter Word!
Talking with
Your Children
Made Easier***

Patricia Martens Miller

This book encourages Christian parents to develop honest, open communication with their children about sexuality and morality. Chapters include "Are You Comfortable with Your Own Sexuality?," "Self-esteem: The Essential Ingredient," "Loving Your Gay or Lesbian Child," and "The Reality of Sexual Abuse."

1994; \$14.95; ISBN 0824514378; National Book Network, 15200 NBN Way, Blue Summit, PA 17214; Phone: 800/395-0690; Fax: 800/338-4550; Web site: <http://www.nbnbooks.com>

**Sexual Abuse
of Children
and Adolescents***

William E. Prendergast

This book is intended to provide parents, teachers, and counselors a guide to prevent sexual abuse of children and adolescents. It includes information on the makeup of the victimizer, the needs and reasoning of children and adolescents, and the mistakes that parents, teachers, religious leaders, and even counselors make. A parent's checklist as well as a glossary and index are included.

1996; \$29.95; ISBN 0826408923; Continuum International, P.O. Box 605, Herndon, VA 20172; Phone: 800/561-7704; Fax: 703/661-1501; Web site: <http://www.continuum-books.com>

**Sexual Development
of Young Children***

Virginia Lively and Edwin Lively

This resource helps to clarify issues in the sexual development of children. An appropriate book for both parents and teachers, the book is especially helpful in answering questions and focusing discussions.

1991; \$39.95; ISBN 0827341989; ITP Delmar, P.O. Box 6904, Florence, KY 41022; Phone: 800/347-7707; Fax: 800/647-5023; Web site: <http://www.thomsonlearning.com>

**Sexuality:
Your Sons and Daughters
with Intellectual Disabilities**

*Karin Melberg Schwier
and Dave Hingsburger*

This book provides information to parents and caregivers on interacting with their children—no matter what their age or ability—in a way that increases their children's self-esteem, encourages appropriate behavior, empowers children to recognize and respond to abuse, and enables them to develop lifelong relationships. Throughout the book, parents share the joys and challenges of raising a child with an intellectual disability as they offer advice and practical strategies. Individuals with

disabilities share information about what is important to them.

2000; \$24.95; ISBN 1557664285; Customer Service, Brookes Publishing, P.O. Box 10624, Baltimore, MD 21285-0624; Phone: 800/638-3775; Fax: 410/337-8539; Web site: <http://www.brookespublishing.com>

**Talking Back:
Ten Things Teens Want Parents
to Know about Teen Pregnancy**

This pamphlet gives parents tips on how to help teens avoid pregnancy, based upon teens' responses to the question "If you could give your parents and other important adults advice about how to help you and your friends avoid pregnancy, what would it be?" A resource list is included. A Spanish version of this book is also available through the publishers.

1999; Free; National Campaign to Prevent Teen Pregnancy, 1776 Massachusetts Avenue, N.W., Suite 200, Washington, DC 20036; Phone: 202/478-8500; Fax: 202/478-8580; Web site: <http://www.teenpregnancy.org>

**Talking to Kids
about Tough Issues**

Lynne S. Dumas

This booklet offers tips and techniques for talking with children about important issues. Chapters include "First Things First," "Talking with Kids about AIDS," "Talking with Kids about Sex and Sexuality," "Talking with Kids about Violence," and "Talking with Kids about Drugs and Alcohol." A Spanish version is available.

1996; Free; Phone: 800/CHILD-44; Web site: <http://www.talkingwithkids.org>

**Teaching Human Sexuality:
a Guide for Parents and
Other Caregivers**

Judy Cypryan

This manual is intended for foster parents but is also useful for parents and other caregivers. Offering guidelines and suggestions, it presents basic sexuality information by developmental age. A glossary, referrals, and resources are included.

1998; \$18.95; ISBN 0878686614; Child Welfare League of America, P.O. Box 2019, Annapolis Junction, MD 20701; Phone: 800/407-6273; Fax: 301/206-9789; Web site: <http://www.cwla.org>

**Ten Talks
Parents Must Have
with Their Children
about Sex and Character**

*Pepper Schwartz, Ph.D.,
and Dominic Cappello*

This book is intended for parents of children in grades four through 12. Developed to help facilitate talk about sexuality and character building, it offers advice to parents on how to begin and what to say. Topics include safety, character, peer pressure, ethics, the Internet, and the media. Each chapter provides ways for parents to clarify their values and family rules about specific sexuality issues, anecdotes to share with children to foster communication, questions to ask children, opportunities to reflect on responses and identify potential problems, and sample talks.

2000; \$12.95; ISBN 0786885483; Time Warner Trade Publishing, Three Center Plaza, Boston, MA 02108; Phone: 800/759-0190; Fax: 800/286-9471; Web site: <http://hyperionbooks.go.com/>

**Ten Tips for Parents:
to Help Their Children
Avoid Teen Pregnancy**

This pamphlet provides tips for parents and other adults who want to help children avoid teen pregnancy. A resource list is included. A Spanish version is available.

1998; Free; National Campaign to Prevent Teen Pregnancy, 1776 Massachusetts Avenue, N.W., Suite 200, Washington, DC 20036; Phone: 202/478-8500; Fax: 202/478-8580; Web site: <http://www.teenpregnancy.org>

**The Thinking Parent's Guide
to Talking Sense about Sex**

Deborah Roffman

This book for parents is intended to inspire honest communication about sexuality

between them and their children. Chapters include "Age Appropriateness: Too Much, Too Little, or Just Right?," "Values: Becoming Your Child's Cultural Interpreter," "Sexuality: More Who We Are than What We Do," and "Sexual Orientation: Why and How It's Everyone's Business." 2001; \$26; ISBN 0738202932; Perseus Books Group, Customer Service Department, 5500 Central Avenue, Boulder, CO 80301; Phone: 800/386-5656; Fax: 303/449-3356; Web site: <http://www.perseuspublishing.com>

Understanding Your Child's Sexual Behavior: What's Natural and Healthy

Toni Cavanagh Johnson, Ph.D.

This book addresses healthy and unhealthy sexual behaviors of children and adolescents from birth to 12 years of age. It provides parents, caregivers, and professionals with information to respond to these behaviors. Chapters include "Understanding Children's Sexual Exploration and Curiosity," "Characteristics of Problematic Sexual Behaviors During Childhood," and "Possible Causes of Problematic Sexual Behaviors During Childhood." 1999; \$12.95; ISBN 1572241411; New Harbinger Publications, Inc., 5674 Shattuck Avenue, Oakland, CA 94609; Phone: 800/748-6273; Fax: 510/652-5472; Web site: <http://www.newharbinger.com>

Venus in Blue Jeans: Why Mothers & Daughters Need to Talk about Sex: Sage Advice & Practical Strategies for Guiding Girls Toward Womanhood

Nathalie Bartle, Ed.D.,
with Susan Lieberman, Ph.D.

This book emphasizes the importance of a mother's role in sexuality education. Using personal stories and voices of other mothers, Bartle encourages mothers to empower their daughters to think of sexuality as a natural and healthy part of adolescence. 1998; \$24; ISBN 0395841720; Houghton

Mifflin, 181 Ballardvale Street, P.O. Box 7050, Wilmington, MA 01887; Phone: 800/225-3362; Fax: 800/634-7568; Web site: <http://www.hmco.com>

When Sex Is the Subject: Attitudes and Answers for Young Children

Pamela M. Wilson, M.S.W.

Written for teachers and parents, this book addresses questions of children 10 years of age and younger. The psychosocial development and learning processes of children are discussed. Guidelines are provided for accurate and comfortable responses. 1991; \$17.95; ISBN 1560710640; ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830; Phone: 800/321-4407; Fax: 800/435-8433; Web site: <http://www.etr.org>

RESOURCES FOR CHILDREN

Bellybuttons Are Navels*

Mark Schoen
Illustrations by M.J. Quay

This children's book is intended to create a relaxed environment for the discussion of sexuality. It will help parents initiate and guide matter-of-fact, accurate discussions with their young children about sexual anatomy. 1990; \$19; ISBN 0879755857; Prometheus Books, 59 John Glenn Drive, Amherst, NY 14228-2197; Phone: 800/421-0351; Fax: 716/691-0137; Web site: <http://www.prometheusbooks.com>

Daddy's Roommate*

Michael Willhoite

Using simple language and color illustrations, this book is intended for very young children. The main character is a young boy who talks about his daddy and his daddy's roommate Frank. The boy mentions all the fun activities the three participate in together, including going to the beach and to the zoo. The book concludes with the statement that "Being gay is just one more kind of love.

And love is the best kind of happiness." 1991; \$10.95; ISBN 1555831184; Alyson Publications, 7060 Hollywood Boulevard, Suite 1010, Los Angeles, CA 90028; Phone: 800/525-9766; Fax: 323/960-1163; Web site: <http://www.alyson.com>

Did the Sun Shine before You Were Born? A Sexuality Education Primer*

Sol and Judith Gordon

Targeted to children three to seven years old, this book focuses on the family and how it grows. It explains everything from conception to birth. Illustrated with charcoal drawings of multicultural images, this book fosters communication between parents and children by the sharing of values and ideas. 1992; \$10; ISBN 087975723X; Prometheus Books, 59 John Glenn Drive, Amherst, NY 14228-2197; Phone: 800/421-0351; Fax: 716/691-0137; Web site: <http://www.prometheusbooks.com>

Heather Has Two Mommies*

Leslea Newman
Illustrations by Diana Souza

Written for children three to eight years of age, this book talks about Heather and her two lesbian mothers. It is written in simple language and supplemented with charcoal illustrations. It emphasizes that each family is special and that love is what is important. 1989; \$10.95; ISBN 1555835430; Alyson Publications, 7060 Hollywood Boulevard, Suite 1010, Los Angeles, CA 90028; Phone: 800/525-9766; Fax: 323/960-1163; Web site: <http://www.alyson.com>

How You Were Born*

Joanna Cole
Illustrations by Michael Emberley
Photographs by Margaret Miller

This book is designed to tell children about birth in a simple way. Using colorful photographs, it is appropriate for reading to children or for discussing the subject of

birth while reviewing the photographs.
1993; \$14.95; ISBN 0688120598; Harper-Collins Publishers, 1000 Keystone Industrial Park, Scranton, PA 18512; Phone: 800/331-3761; Fax: 800/822-4090; Web site: <http://www.harpercollins.com>

How Was I Born?

Lennart Nilsson and Lena Katarina Swanberg

This book uses color photographs to illustrate the miracle of birth. It provides a story for younger children as well as more detailed information for older children.
1996; \$12.95; ISBN 0440507677; Random House Inc., 400 Hahn Road, Westminster, MD 21157; Phone: 800/726-0600; Fax: 800/659-2436; Web site: <http://www.randomhouse.com>

It's So Amazing: A Book about Eggs, Sperm, Birth, Babies, and Families

Robie H. Harris

Illustrations by Michael Emberley

Intended for children seven to 12 years of age, this book provides accurate information about sexuality. Age-appropriate illustrations and humor address conception, pregnancy, birth, anatomy, sexual orientation, HIV, love, sex, gender, and families.
1999; \$21.99; ISBN 0763600512; Penguin Putnam Incorporated, Order Processing, 405 Murray Hill Parkway, East Rutherford, NJ 07073; Phone: 800/526-0275; Fax: 800/277-9604; Web site: <http://www.penguinputnam.com>

A Kid's First Book about Sex*

Joani Blank

Illustrations by Marcia Quackenbush

Intended for children five to nine years of age, this book discusses body parts, sexual feelings, sexual behaviors, sexual orientation, and sexual and personal relationships with other people.
1983; \$6; ISBN 940208075; Down There Press, 938 Howard Street, #101, San Francisco, CA 94103; Phone: 800/289-8423; Fax: 415/974-8989; Web site: <http://www.goodvibes.com>

My Body Belongs to Me*

Kristin Baird

This book is designed to help young children develop self-esteem and positive body image. It is intended to help children develop respect and understanding for their bodies if they are threatened with sexual abuse or exploitation. It presents these safety rules: Say no in a loud voice, move away to a safe place, and tell a grown-up who can help.
1990; \$18.95; ISBN 0886711738; American Guidance Service, Inc., P.O. Box 99, Circle Pines, MN 55014; Phone: 800/328-2560; Fax: 612/786-9077; Web site: <http://www.agsnet.com>

My Dad Has HIV*

**Earl Alexander, Sheila Rudin,
and Pam Sejkora**

Illustrations by

Ronnie Walter Shipman

In this book, seven-year-old Linsey relates the facts about HIV and AIDS. This book has color illustrations and clear, sensitive language that young children can easily understand.
1996; \$14.95; ISBN 0925190993; Fairview Press, 2450 Riverside Avenue South, Minneapolis, MN 55454; Phone: 800/544-8207; Fax: 612/672-4980; Web site: <http://www.fairviewpress.org>

So That's How I Was Born!

Dr. Robert Brooks

Illustrations by Susan Perl

In this book for children four to eight years of age, Joey's parents explain reproduction. This book helps parents to articulate and answer questions that young children frequently ask. It is also appropriate for children to read on their own.
1983; \$5.95; ISBN 0671783440; Simon & Schuster Mail Order, 100 Front Street, Riverside, NJ 08075; Phone: 800/223-2336; Fax: 800/943-9831; Web site: <http://www.simonsays.com>

What's the Big Secret? Talking about Sex with Girls and Boys*

Laurie Krasny Brown and Marc Brown

This colorful, illustrated book for children presents information and answers about sexuality. It addresses how boys and girls differ, anatomy, reproduction, pregnancy, and birth. It also discusses feelings, touching, and privacy.
1997; \$15.95; ISBN 0316109150; Time Warner Trade Publishing, Three Center Plaza, Boston, MA 02108; Phone: 800/343-9204; Fax: 800/286-9471; Web site: <http://www.twbookmark.com>

Where Did I Come From? The Facts of Life without Any Nonsense and with Illustrations*

Peter Mayle

Illustrations

by Arthur Robins

Celebrating its twentieth anniversary, this book uses humor and bright illustrations to explain to children anatomy, intercourse, orgasm, fertilization, pregnancy, and birth.
1973; \$12; ISBN 0818402539; Kensington Publishing Corporation, Department CO, 850 Third Avenue, New York, NY 10022; Phone: 888/345-2665; Web site: <http://www.kensingtonchoice.com>

Where Do Babies Come from?*

Susan Meredith

Illustrations by Sue Stitt

and Kuo Chen

This book presents information in an easy-to-read and colorful format. Topics include fertilization, pregnancy, birth, and the effects of having a new baby in the family. It is particularly good for children who are expecting a new sibling. It includes an index.
1991; \$4.95; ISBN 074600690X; EDC Publishing, 10302 East 55th Place, Tulsa, OK 74146; Phone: 800/475-4522; Fax: 800/747-4509; Web site: <http://www.edcpub.com>

Where Do Babies Come from?*

Angela Royston
Illustrations
by Patrizia Donaera

This book uses clear, simple language and photographs. It helps young children understand how life begins by revealing the basic processes of reproduction and showing how they are repeated in various species in the animal kingdom.
1996; \$9.95; ISBN 0789405792; Out of print.

RESOURCES FOR ADOLESCENTS

Asking about Sex and Growing Up*

Joanna Cole

Using a question-and-answer format, this book offers scientific facts and practical guidance about puberty, masturbation, intercourse, pregnancy, sexual abuse, and STDs.
1988; ISBN 0688069274; Out of print.

Captain Bio: HIV Attacks*

This comic book helps young people learn the facts about HIV transmission and prevention. The facts are presented as part of a scientific adventure.
1996; \$1.50; Tim Peters and Company, 87 Main Street, P.O. Box 370, Peapack, NJ 07977; Phone: 800/543-2230; Fax: 908/234-1961; Web site: <http://www.biocomics.com>

The Care & Keeping of You: The Body Book for Girls

Valorie Lee Schaefer
Illustrations by Norm Bendell

This book for girls is a "head to toe" guide discussing puberty, self-esteem, hygiene, nutrition, eating disorders, fitness, sleep, and emotions.
1998; \$9.95; ISBN 1562476661; Pleasant Company, 8400 Fairway Place, Middleton, WI 53562; Phone: 800/845-0005; Fax: 608/836-0761; Web site: <http://www.americangirl.com>

Caution: Do Not Open Until Puberty! An Introduction to Sexuality for Young Adults with Disabilities*

Rick Enright, B.A., M.S.W.
Illustrations by Sara L. Van Hamme

This book is an icebreaker to open a discussion of sexuality between disabled adolescents and their families. Using illustrations and text, it addresses decision making, anatomy, sexual response, physical disability and sexual functioning.
1995; \$9.95; ISBN 0968041507; Devinjer House, P.O. Box 130, Sparta, Ontario, Canada, N0L 2H0; Phone: 519/685-8703; Fax: 519/685-8699; Web site: <http://www.tvcc.on.ca>

Changes in You and Me: A Book about Puberty Mostly for Boys*

Paulette Bourgeois and
Martin Wolfish, M.D.

Illustrations by Louise Phillips and Kam Yu

This is a reference book for boys about the body and some of the changes and feelings that come with growing up. Topics include anatomy, puberty, birth control, pregnancy, masturbation, what happens to girls, decision making, STDs, sexual abuse, and sexual orientation. Transparent overlays, a glossary, and an index are included.
1994; \$14.95; ISBN 0836228146; Andrews & McMeel, P.O. Box 419242, Kansas City, MO 64141; Phone: 800/826-4216; Fax: 800/437-8683; Web site: <http://shop.uexpress.com>

Changes in You and Me: a Book about Puberty Mostly for Girls*

Paulette Bourgeois
and Martin Wolfish, M.D.

Illustrations by Louise Phillips and Kam Yu

This is a reference book for girls about the body and some of the changes and feelings that go along with growing up. Topics include

anatomy, puberty, birth control, pregnancy, masturbation, what happens to boys, decision making, STDs, sexual abuse, sexual orientation, and where to go for help. Transparent overlays, a glossary, and an index are included.
1994; \$14.95; ISBN 0836228154; Andrews & McMeel, P.O. Box 419242, Kansas City, MO 64141; Phone: 800/826-4216; Fax: 800/437-8683; Web site: <http://shop.uexpress.com>

Changing Bodies, Changing Lives: A Book for Teens on Sex and Relationships, Expanded Third Edition†

Ruth Bell

This newly updated book for teenagers provides information on such subjects as "Changing Bodies," "Changing Relationships," "Changing Sexuality," "Emotional Health Care," "Eating Disorders," "Substance Abuse," "Living with Violence," "Physical Health Care," "Sexually Transmitted Diseases," "Protecting Yourself: Safer Sex and Birth Control," "So You Think You Might Be Pregnant," and "Changing Things."
1998; \$23; ISBN 081292990X; Out of stock.

Cool and Celibate? Sex or No Sex

Dr. David Bull

This book for teens discusses abstinence, relationships, sexual orientation, pregnancy, and STDs. It provides questions for partners to discuss to assess sexual readiness.
1998; \$4.95 ISBN 1901881172; Element Children's Books; Available in bookstores.

Dating with Confidence: A Teen's Survival Guide

Jacqueline Jarosz

This book addresses many of the practical issues associated with a first date. Chapters include "Are You Ready?," "I've Got a Crush on You," "How Are You Gonna Get There," "The 411 on the Pre-date," "First Date Dos and Don'ts," "Dating on a

Budget,” “Who Is this Person?,” and “The Dark Side of Dating.”
2000; \$9.95; Adams Media Corporation, 260 Center Street, Holbrook, MA 02343; Phone: 800/872-5627; Fax: 781/767-0994; Web site: <http://www.adamsmedia.com>

**Deal with It!
A Whole New Approach
to Your Body, Brain,
and Life as a gURL**

*Esther Drill, Heather McDonald,
and Rebecca Odes*

This book is intended to help teenage girls learn and laugh as they go through adolescence. It is divided into four sections: “Body,” “Sexuality,” “Brain,” and “Life.” It includes information as well as excerpts from the gURL.com Web site. Chapters include “Boobs,” “What’s Up Down There?,” “Body Image,” “Sexual Feelings,” “What Is Sex?,” “To Do It or Not to Do It,” “Protection,” “Psychology,” “Family,” “Romance,” and “Being Yourself.”
1999; \$16.95; ISBN 0671041576; Simon & Schuster Mail Order, 100 Front Street, Riverside, NJ 08075; Phone: 800/223-2336; Fax: 800/943-9831; Web site: <http://www.simonsays.com>

**Dear Larissa:
Sexuality Education
for Girls Ages 11–17***

Cynthia Akagi

This book consists of a compilation of letters lovingly written from a mother to her daughter. The letters cover a wide variety of topics, including body changes during puberty, conception, pregnancy, what girls should know about boys’ bodies, dating, birth control, STDs, and relationships. In addition, this book provides space to write questions as well as a glossary and an index.
1994; \$12.95; ISBN 1880197103; Gylantic Publishing, P.O. Box 2792, Littleton, CO 80161-2792; Phone: 800/828-0113; Fax: 303/727-4279; Web site: <http://www.sni.net/gylantic/Gylantic.htm>

**Dear Michael:
Sexuality Education
for Boys Ages 11–17***

Cynthia Akagi

This book consists of a compilation of letters lovingly written from a mother to her son. They cover a wide variety of topics, including body changes, dating, what boys should know about girls’ bodies, birth control, STDs, and relationships. The book provides space to write questions.
1996; \$12.95; ISBN 1880197162; Gylantic Publishing, P.O. Box 2792, Littleton, CO 80161-2792; Phone: 800/828-0113; Fax: 303/727-4279; Web site: <http://www.sni.net/gylantic/Gylantic.htm>

**Dr. Ruth Talks to Kids:
Where You Came From,
How Your Body Changes,
and What Sex Is All About**

*Dr. Ruth Westheimer
Illustrations
by Diane deGroat*

This book, which is intended for youth nine to 14 years of age, discusses a young person’s body and feelings, sex and other kinds of love, contraception, reproduction, STDs, and sexual abuse.
1993; \$5.99; ISBN 0689820410; Simon & Schuster Mail Order, 100 Front Street, Riverside, NJ 08075; Phone: 800/223-2336; Fax: 800/943-9831; Web site: <http://www.simonsays.com>

**Easy for You to Say:
Q&As for Teens
Living with Chronic Illness
or Disability***

Miriam Kaufman, M.D.

Written in a question-and-answer format, this book is for teens with chronic illness or disability. It addresses the concerns of young adults, especially those with special needs. Chapters include “Family Relationships,” “Sexuality,” and “Friends and Dating.”

1995; \$15.95; ISBN 1550136194; Firefly Books, 3680 Victoria Park Avenue, Willowdale, Ontario, Canada M2H3K; Phone: 800/387-5085; Fax: 800/565-6034.

**Finding Our Way:
The Teen Girls’ Survival Guide**

*Allison Abner and Linda Villarosa
Illustrations by Sarah Durham*

This book is intended to empower and inspire teenage girls to do what is best for them. Chapters include “Good Bodies,” “What You Should Know about Health Care,” “Sex Ed 101,” “Doing the Right Thing: Avoiding Pregnancy, Preventing Disease,” and “Gotta Have Friends.”
1995; \$14; ISBN 0060951141; HarperCollins Publishers, 1000 Keystone Industrial Park, Scranton, PA 18512; Phone: 800/331-3761; Fax: 800/822-4090; Web site: <http://www.harpercollins.com>

**Finding Your Way:
A Book about Sexual Ethics***

Susan Neiburg Terkel

Intended for adolescents, this book explains the importance of making educated decisions about sexual behavior and of appreciating others’ sexual standards.
1995; \$25; ISBN 0531112349; Franklin Watts, Sherman Turnpike, Danbury, CT 06816; Phone: 800/621-1115; Fax: 800/374-4329; Web site: <http://www.grolier.com>

**Girltalk: All the Stuff
Your Sister Never Told You***

Carol Weston

This book is for girls 11 to 18 years of age and answers questions they may find too awkward to ask. Chapters include “Body: Looking and Feeling Your Best,” “Love: Falling In, Falling Out,” and “Sex: What You Should Know before Saying Yes.”
1997; \$14; ISBN 0060928506; HarperCollins Publishers, 1000 Keystone Industrial Park, Scranton, PA 18512; Phone: 800/331-3761; Fax: 800/822-4090; Web site: <http://www.harpercollins.com>

**The Go Ask Alice
Book of Answers:
A Guide to Good Physical,
Sexual, and Emotional Health**

Columbia University's
Health Education Program

This book provides youth with advice from frequently asked questions on the *Go Ask Alice!* Web site at Columbia University. Topics include relationships; sexuality; sexual health; and emotional health.
1998; \$15.95; ISBN 0805055703; VHPS, 16365 James Madison Highway, Gordonsville, VA 22942; Phone: 888/330-8477; Fax: 540/672-7542; <http://www.goaskalice.columbia.edu/book.html>

How Sex Works*

Elizabeth Fenwic and Richard Walker

This book covers changes during puberty, dating and relationships, sexual activity, contraception, STDs, and sexual violence and consent. It also provides references.
1994; \$14.95; ISBN 156458500; Publisher Resources, Inc., 1224 Heil Quaker Blvd., LaVergne, TN 37086; Phone: 888/342-5357; Fax: 800/774-6733; Web site: <http://www.dk.com>

**"I'm Pregnant,
Now What Do I Do?"***

Robert W. Buckingham, Ph.D.,
and Mary P. Derby, R.N., M.P.H.

This book provides firsthand accounts from young pregnant women and allows the reader to make her own fully informed decision.
1997; \$15; ISBN 1573921173; Prometheus Books, 59 John Glenn Drive, Amherst, NY 14228-2197; Phone: 800/421-0351; Fax: 716/691-0137; Web site: <http://www.prometheusbooks.com>

**In Your Face: Stories from
the Lives of Queer Youth**

Mary L. Gray

This book includes personal narratives from 15 gay, lesbian, and bisexual youth 14 to 18 years of age. They provide insight into the

experiences of these individuals. Chapters include "You're What? Coming Out to the Family," "Kids in the Hall: What Is It Like at School?," and "CyberQueer: Finding Community on the Internet."
1999; \$24; ISBN 1560238879; The Haworth Press, 10 Alice Street, Binghamton, NY 13904-1580; Phone: 800/342-9678; Fax: 800/895-0582; Web site: <http://www.haworthpressinc.com>

**It's a Girl Thing:
How to Stay Healthy,
Safe, and in Charge**

Mavis Jukes

Illustrations by Michael Emberley

This book for young women provides information about puberty, crushes, kissing, intercourse, pregnancy, STDs, birth control, boys and puberty, and health. A list of resources is included.
1996; \$12; ISBN 0679873929; Random House Inc., 400 Hahn Road, Westminster, MD 21157; Phone: 800/726-0600; Fax: 800/659-2436; Web site: <http://www.randomhouse.com>

**It's Perfectly Normal:
Changing Bodies,
Sex and Sexual Health***

Robie H. Harris

Illustrations by Michael Emberley

From conception and puberty to contraception and HIV/AIDS, this book covers both the biological and psychological aspects of sexuality. It is intended for ages 10 and up.
1996; \$10.99; ISBN 1564021599; Penguin Putnam Incorporated, Order Processing, 405 Murray Hill Parkway, East Rutherford, NJ 07073; Phone: 800/526-0275; Fax: 800/277-9604; Web site: <http://www.penguinputnam.com>

Like It Is: A Teen Sex Guide

E. James Lieberman, M.D.,
and Karen Lieberman Troccoli, M.P.H.

This book for older teens provides information on relationships, abstinence, STDs, contraception, and pregnancy options. It also answers frequently asked

questions and includes a discussion and curriculum guide.

1998; \$25; ISBN 0786405260; McFarland & Company, Inc., Publishers, Box 611, Jefferson, NC 28640; Phone: 800/253-2187; Fax: 336/246-5018; Web site: <http://www.mcfarlandpub.com>

**My Body, My Self for Boys:
for Preteens and Teens†**

Lynda Madaras and Area Madaras

This journal/activity book for boys eight to 15 years of age is a companion to *What's Happening to My Body? Book for Boys*. It includes exercises, quizzes, and personal stories to help boys learn about the changes that take place in their bodies during puberty.
2000; \$12.95; ISBN 1557044406; New-market Press, 18 East 48th Street, Suite 1501, New York, NY 10017; Phone: 212/832-3575; Fax: 212/832-3629.

**My Body, My Self for Girls:
for Preteens and Teens†**

Lynda Madaras and Area Madaras

This journal/activity book for girls eight to 15 years of age is a companion to *What's Happening to My Body? Book for Girls*. It includes exercises, quizzes, and personal stories to help girls learn about body changes.
2000; \$12.95; ISBN 1557041504; New-market Press, 18 East 48th Street, Suite 1501, New York, NY 10017; Phone: 212/832-3575; Fax: 212/832-3629.

**Out with It:
Gay and Straight Teens
Write about Homosexuality***

Youth Communication

This anthology of articles by gay and straight teens on homosexuality covers such subjects as homophobia, coming out, and friends and family. It also includes teacher resources.
1996; \$8; Youth Communication, 224 West 29th Street, 2nd Floor, New York, NY 10001; Phone: 212/279-0708; Fax: 212/242-7057; Web site: <http://www.youthcomm.org>

Period. A Girl's Guide*

JoAnn Loulan and Bonnie Worthen

This book which is intended for girls eight years of age and older, explains physical changes during puberty. Chapters include "So Many Changes," "So Many Parts," "Menstruation," "I Have a Question about That," "Why Do I Feel This Way?," and "What Is a Pelvic Exam?" A parents' guide is included.

2001; \$9.95; ISBN 0916773965; *Book Peddlers, 15245 Minnetonka Boulevard, Minnetonka, MN 55345; Phone: 800/255-3379; Fax: 952/912-0036; Web site: www.bookpeddlers.com*

The Period Book: Everything You Don't Want to Ask (But Need to Know)*

*Karen Gravelle and Jennifer Gravelle
Illustrations by Debbie Palen*

This is a positive, down-to-earth book illustrated with funny and sympathetic cartoons. It answers the many questions that young women may have about their "period." This book is designed to help guide young women through physical, emotional, and social changes.

1996; \$8.95; ISBN 0802774784; *Walker and Company, 435 Hudson Street, New York, NY 10014; Phone: 800/289-2553; Fax: 212/727-0984.*

Real Girl, Real World: Tools for Finding Your True Self

Heather M. Gray and Samantha Phillips

This book encourages young women to put society's messages into perspective and to empower themselves with messages that make sense to them. It provides general sexuality information addressing anatomy, orgasm, masturbation, sexual orientation, decision making, safer sex, and birth control. Other topics include beauty, body image, eating disorders, and feminism.

1998; \$14.95; ISBN 1580050050; *Seal Press, 3131 Western Avenue, Suite 410, Seattle, WA 98121; Phone: 800/788-3123; Fax: 206/285-9410; Web site: http://www.sealpress.com*

The Seventeen Guide to Sex and Your Body

Sabrina Solin with Paula Elbirt, M.D.

This book addresses the frequently asked questions that readers have sent to *Seventeen* magazine. Topics include menstruation, body hair, body odor, body image, eating disorders, bladder and yeast infections, douching, female and male anatomy, crushes, love, kissing, intercourse, orgasm, masturbation, virginity, sexual assault, sexual orientation, and birth control.

1996; \$8.99; ISBN 0689807953; *Simon & Schuster Mail Order, 100 Front Street, Riverside, NJ 08075; Phone: 800/223-2336; Fax: 800/943-9831; Web site: http://www.simonsays.com*

Sex & Sense*

Gary F. Kelly

This book dispels many myths about sexuality and emphasizes the explorations and examinations that are part of adolescent sexual and emotional development. The text stresses communication, information, and values clarification before making sexual decisions.

1993; ISBN 0812014464; *Out of print.*

Sex Ed: Growing Up, Relationships, and Sex

*Dr. Miriam Stoppard
Illustrations by Sally Artz*

This book for teens discusses friendship, anatomy, relationships, intercourse, orgasm, contraception, STDs, pregnancy, masturbation, and sexual orientation.

1997; \$9.95; ISBN 0789417510; *DK Publishing, 1706 Heil Quaker Boulevard, La Vergne, TN 37086; Phone: 888/342-5357; Fax: 800/774-6733; Web site: http://www.dk.com*

Smart Sex:

*Jessica Vitkus and Marjorie Ingall
Illustrations by Michiko Stehrenberger*

This book for teens provides information on a range of topics, including comments from a teen panel and celebrity interviews about sexuality. It also addresses myths, virginity, masturbation, consent, intercourse, sexual orientation, birth control, safer sex, STDs, pregnancy, sexual harassment, and rape.

1998; \$14; ISBN 0671019104; *Simon & Schuster Mail Order, 100 Front Street, Riverside, NJ 08075; Phone: 800/223-2336; Fax: 800/943-9831; Web site: http://www.simonsays.com*

The Teen Body Book: A Guide to Your Changing Body

Judie Lewellen

This book for adolescent males and females provides basic information about puberty, intercourse, contraception, conception, STDs, and physical and emotional health.

1999; \$11.95; ISBN 0737301651; *NTC Contemporary Publishing Group, 4255 West Touhy Avenue, Lincolnwood, IL 60712; Phone: 800/323-4900; Fax: 800/679-2494; Web site: http://www.ntc-cb.com*

Teen Love Series: A Journal on Relationships

Kimberly Kirberger with Colin Mortensen

This journal provides questions for teens to answer to help them express themselves and discover how to deal with love and relationships during adolescence. Chapters include "Love Yourself First," "Falling in Love," "All These New Feelings," "Do You Like Me?," "When Friends Become More," "Now That We're Together," "Breaking Up Is Hard To Do," and "Starting Over."

1999; \$12.95; *Health Communications, 3201 Southwest 15th Street, Deerfield Beach, FL 33442; Phone: 800/441-5569; Fax: 800/424-7652; Web site: http://www.hci-online.com*

**The Teen Trip:
The Complete Resource Guide***

Gayle Kimball, Ph.D.

This guide is built around quotes from over 1,500 young people who were asked to describe the issues they face and how they cope. Chapters address such issues as the body, feelings, sexuality, drugs, and peers. Each section is divided into three parts: information, quotes, and resources.

1997; \$16.95; ISBN 0938795260; Equality Press, 42 Ranchita Way, Suite 5, Chico, CA 95928; Phone: 530/345-8118; Web site: <http://www.ecst.csuchico.edu/~gkimball/>

The Teenage Guy's Survival Guide

Jeremy Daldry

This book for young men discusses basic information about sexuality. Topics include love, dating, sexual orientation, relationships, intimacy, puberty, emotions, confidence, and peer pressure.

1999; \$8.95; ISBN 0316178241; Time Warner Trade Publishing, Three Center Plaza, Boston, MA 02108; Phone: 800/343-9204; Fax: 800/286-9471; Web site: <http://www.tubookmark.com>

The Watts Teen Health Dictionary*

Charlotte Isler, R.N.,
and Alwyn T. Cahall, M.D.
Illustrations by David Kelley

Presented in dictionary format, this health resource answers young people's questions about their bodies and their health. It includes illustrations, charts, hotlines, information sources, and a list of books for teens to read.

1996; \$16; ISBN 053115792X; Franklin Watts, Sherman Turnpike, Danbury, CT 06816; Phone: 800/621-1115; Fax: 800/374-4329; Web site: <http://www.grolier.com>

What If Someone I Know Is Gay?

Eric Marcus

This book for teens provides questions and answers about homosexuality and bisexuality. Topics include coming out, friends and

family, religion, sexual behavior, school, activism and discrimination.

2000; \$4.99; ISBN 0843176113; Penguin Putnam Incorporated, P.O. Box 12289, Newark, NJ 07101; Phone: 800/526-0275; Fax: 800/277-9604; Web site: <http://www.penguinputnam.com>

**What's Going On Down There?
Answers to Questions
Boys Find Hard to Ask**

Karen Gravelle with Nick and Chava Castro
Illustrations by Robert Leighton

This book helps boys understand the changes that occur during puberty, what causes these changes, and what to expect. The book addresses sexual orientation, masturbation, intercourse, contraception, STDs, and pregnancy.

1998; \$8.95; ISBN 0802775403; Walker and Company, 435 Hudson Street, New York, NY 10014; Phone: 800/289-2553; Fax: 212/727-0985.

What's Happening to Me?*

Peter Mayle

This book humorously addresses everyday concerns about puberty in a question-and-answer format with cartoon illustrations.

1975; \$12; ISBN 0818403128; Kensington Publishing Corporation, Department CO, 850 Third Avenue, New York, NY 10022; Phone: 888/345-2665; Web site: <http://www.kensingtonchoice.com>

**What's Happening to My Body?
Book for Boys: A Growing-up
Guide for Parents and Sons
New Expanded, Third Edition†**

Lynda Madaras

This book covers the physical changes of puberty for boys. Chapters include "Puberty," "Beginning Changes and the Stages of Puberty," "An Owner's Guide to the Sex Organs," "The Puberty Growth Spurt," "Pimples, Perspiration, Body Hair, Shaving, and Other Changes," "Changes in the Male Reproductive Organs,"

"Spontaneous Erections, Orgasms, Masturbation, and Wet Dreams," "Girls and Puberty," and "Romantic and Sexual Feelings."

2000; \$12.95; ISBN 1557044430; Newmarket Press, 18 East 48th Street, Suite 1501, New York, NY 10017; Phone: 212/832-3575; Fax: 212/832-3629.

**What's Happening to My Body?
Book for Girls: A Growing-up
Guide for Parents and Daughters
New Expanded, Third Edition†**

Lynda Madaras

This book provides basic information for girls about their bodies as they go through puberty. Chapters include "Puberty," "Your Breasts," "Pubic Hair and Other Changes 'Down There,'" "The Puberty Growth Spurt," "Body Hair, Perspiration, Pimples, and Other Changes," "The Reproductive Organs and the Menstrual Cycle," "Boys and Puberty," and "Romantic and Sexual Feelings."

2000; \$12.95; ISBN 1557044430; Newmarket Press, 18 East 48th Street, Suite 1501, New York, NY 10017; Phone: 212/832-3575; Fax: 212/832-3629.

**A Young Woman's
Survival Guide:
Kickin' Back with the Girls
Second Edition**

Health Initiatives for Youth

This multicultural "hip guide" uses poetry, photographs, illustrations, and stories to explore female sexuality. Chapters include "My Life, My Body, My Choices: Relationships and Sexuality," "Don't Trip, I Don't Got Nothing": STDs, HIV, and Hepatitis," and "No Shame in My Game: Birth Control, Safer Sex, and Abortion."

1998; \$10; Health Initiatives for Youth Publications, 1242 Market Street, Third Floor, San Francisco, CA 94102; Phone: 415/487-5777; Fax: 415/487-5771; Web site: <http://www.hify.com>

Your Body: The Girl's Guide

Janis Brody, Ph.D.

This book for teens discusses puberty, menstruation, male anatomy, sexual intercourse, STDs, birth control, sexual orientation, dating, crushes, eating well, sports, and growing up healthy. 2000; \$4.99; ISBN 0312975635; VHPS, 16365 James Madison Highway, Gordonsville, VA 22942; Phone: 888/330-8477; Fax: 800/672-2054; Web site: <http://www.stmartin.com>

Your Body, Yourself: A Guide to Your Changing Body

Alison Bell and Lisa Rooney, M.D.

This book for teen girls discusses puberty, male and female anatomy, menstruation, intercourse, conception, birth control, STDs, emotions, nutrition, drug use, and visiting the gynecologist. 1996; \$8.95; ISBN 156565532X; NTC Contemporary Publishing Group, 4255 West Touhy Avenue, Lincolnwood, IL 60712; Phone: 800/323-4900; Fax: 847/679-2494; Web site: <http://www.ntc-cb.com>

You're in Charge: A Teenage Girl's Guide to Sex and Her Body*

Niels H. Lauersen, M.D., Ph.D.,
and Eileen Stukane

This book is for girls who have questions about their changing bodies. Chapters include "How Your Body and Looks Are Changing," "What Are Boys Going Through," "Understanding Your Sexuality," "When You're Ready for Sex, What Birth Control Is Safe?," "What It Means to Be Pregnant and Have a Baby," and "Why Making Healthy Choices Makes Life Easier." 1993; ISBN 0449904644; Out of print.

SERIES

Coping

This series consists of many books that address sexuality, health, safety, and other issues. Topics include unplanned pregnancy,

date and acquaintance rape, peer pressure, teen parenting, sexual harassment and gender bias, PMS, HIV/AIDS, birth control, teenage motherhood, decision making, menstruation, sexual orientation, and sexual abuse. \$17.95/each, also sold as sets; The Rosen Publishing Group, Inc., 29 East 21st Street, New York, NY 10010; Phone: 800/237-9932; Fax: 800/436-4643.

Girl's Guide

Victoria F. Shaw

This series consists of 12 books for preteens. Titles include *Body Talk: A Girl's Guide to What's Happening to Your Body*; *Best Buds: A Girl's Guide to Friendship*; *The Buzz on Beauty: A Girl's Guide to Looking and Feeling Your Best*; *Crushes, Creeps, & Classmates: A Girl's Guide to Getting Along with Boys*; *From Algebra to Zits: A Girl's Guide to Making the Most of Life at School*; and *Havin' Fun & Hangin' Out: A Girl's Guide to Cool Stuff to Do*. 1999; \$107.70/series, \$17.95/each; The Rosen Publishing Group, Inc., 29 East 21st Street, New York, NY 10010; Phone: 800/237-9932; Fax: 212/777-0277.

Guy's Guides

This series consists of six books for preteens. Titles include *You Ought to Know: A Guide to Sex*; *Dating and Relating: A Guide to Girls*; *The Real Deal: A Guide to Being a Guy*; *Stay Cool: A Guide to Handling Conflict*; *Chillin': A Guide to Friendship*; and *Top of Your Game: A Guide to Looking and Feeling Good*. 2000; \$17.95/each, \$107.70/series; The Rosen Publishing Group, Inc., 29 East 21st Street, New York, NY 10010; Phone: 800/237-9932; Fax: 800/436-4643.

The Need to Know Library

This series consists of books that address sexuality, health, safety, and other issues. Topics include HIV/AIDS, STDs, rape, breast health, sexual harassment, sexual identity, virginity, dating and relationships, teen pregnancy, and sexual assault. \$17.95/each, also sold as sets; The Rosen Publishing Group, Inc., 29 East 21st Street, New York, NY 10010; Phone: 800/237-9932; Fax: 800/436-4643.

Perspectives on Healthy Sexuality

This series of 12 books for adolescents is appropriate for use in both the home and classroom. Titles are *Abstinence: Postponing Sexual Involvement*; *Birth Control and Protection: Options for Teens*; *Dating and Sex: Defining and Setting Boundaries*; *Healthy Sexuality: What Is It?*; *Homosexuality: What Does It Mean?*; *Influences on Sexuality: Understanding Their Effects*; *Sexually Transmitted Diseases: How Are They Prevented?*; *Sexual Readiness: When Is It Right?*; *Teen Fathers: Getting Involved*; *Teen Mothers: Raising a Baby*; *Teen Pregnancy: Tough Choices*; and *Teen Sex: Risks and Consequences*. 2000; \$16.95 each, \$203.40/series of 12; ISBN for series 0736807209; Capstone Press, 151 Good Counsel Drive, P.O. Box 669, Mankato, MN 56002-0669; Phone: 800/747-4992; Fax: 888/262-0705; Web site: <http://www.capstone-press.com>

Perspectives on Relationships

This series of eight books for adolescents is appropriate for the home and the classroom. Titles are *Dating: What Is a Healthy Relationship?*; *Incest: Why Am I Afraid to Tell?*; *Peer Pressure: How Can I Say No?*; *Sexual Harassment: This Doesn't Feel Right*; *Assertiveness: How Can I Say What I Mean?*; *Child Abuse: Why Do My Parents Hate Me?*; *Family Violence: My Parents Hurt Each Other*; and *Parents: They're Driving Me Crazy!* 2000; \$16.95 each, \$135.60/set of eight; ISBN for series 0736802959; Capstone Press, 151 Good Counsel Drive, P.O. Box 669, Mankato, MN 56002-0669; Phone: 800/747-4992; Fax: 888/262-0705; Web site: <http://www.capstone-press.com>

CURRICULA FOR PARENTS

Can We Talk? Helping Families Talk about Self-esteem, Sex and Peer Pressure

Dominic Cappello,
National Education Association (NEA)

This program helps parents of children in grades four through eight enhance their role as sexuality educators. It is a four-part work-

shop series about self-esteem, puberty, sexuality, mixed messages, and peer pressure. Each class contains content for a one-hour interactive discussion, home activities between parent and child, and videos that focus on communication. A planning and training manual, family activity book, and video are included. The Spanish version ¿Conversamos? is also available.

1998; \$75; NEA Professional Library, P.O. Box 2035, Annapolis Junction, MD 20701; Phone: 800/229-4200; Fax: 301/206-9789; Web site: <http://www.camwetalk.org>

**Our Whole Lives (OWL):
A Life-span Sexuality,
Education Series**

*Unitarian Universalist
Association and United Church Board
for Homeland Ministries*

This is a comprehensive life-span sexuality education series developed jointly by the Unitarian Universalist Association and the United Church Board for Homeland Ministries. Components of the series include OWL: Sexuality Education for K-1, 1999, \$40; OWL: Sexuality Education for Grades 4-6, 2000, \$40; The Parent Guide to OWL: Grades K-1 and 4-6, 2000, \$15; OWL: Sexuality Education for Grades 7-9, 1999, \$75; OWL: Sexuality Education for Grades 10-12, 2000, \$60; OWL: Sexuality Education for Adults, 2000, \$60; The Advocacy Manual for Sexuality Education, Health and Justice: Resources for Communities of Faith, 1999, \$12.

Unitarian Universalist Association, UUA Bookstore, 25 Beacon Street, Boston, MA 02108; Phone: 800/215-9076; Fax: 617/723-4805; Web site: <http://www.uua.org>

**Plain Talk for Parents
Training Package**

Dominic Cappello

This four-part series utilizes innovative approaches to assist parents in developing communication skills to talk openly and honestly with their children about sexuality issues. It focuses on character education and helps parents talk nonjudgmentally with their children about assuming adult respon-

sibility. Topics include "Setting Personal Boundaries," "TV and Sex," "Decision Making," and "Healthy Neighborhoods." This package also includes "Plain Talk about Community Organizing," "Plain Talk Promo Kit," "Plain Talk Trainer's Guide," and a "Patty Plain Talk Video."

1997; \$165; Plain Talk, Neighborhood House, 10041 6th Avenue, S.W., Seattle, WA 98146; Phone: 206/940-1984; Fax: 206/767-7671; Web site: www.speakeasy.org/plaintalk

**There's No Place Like Home...
for Sex Education;
No Hay Lugar Como el Hogar...
Para La Educación Sexual**

Mary Gossart, M.S.

Spanish Translation: Bojana Stefanovska

These reproducible parent newsletters, available in both English and Spanish, are appropriate for distribution in a variety of settings. The package consists of five newsletters for each grade level preschool through 12. The newsletters are intended to assist families in communicating more openly about sexuality. Each issue contains sexuality information relevant to a particular developmental stage, useful communication strategies, and resources to support parents in their role as primary educators of their children.

1999; \$55; Planned Parenthood Health Services of Southwestern Oregon, 1670 High Street, Eugene, OR 97401; Phone: 541/344-1611, extension 13; Fax: 541/342-6088.

AUDIOVISUALS

**Raising Healthy Kids:
Families Talk about Sexual Health***

This set of two 30-minute videos with discussion guides is designed to help families of young children, preadolescents, or adolescents communicate about sexual health. The first video is for parents of young children. It includes interviews with children, parents, and experts and features discussion about setting limits, telling the truth, labeling body parts, how babies are made, self-touching, appropriate and inappropriate touch, and more. The second video is for parents of

preadolescents and adolescents. It includes interviews with young people, parents, and experts and features discussion about values, listening, avoiding absolutes, mixed messages, relationships, and more. Videos are available as a set or individually and are close captioned.

1997; \$99.95 each, \$149.95 for set of two; Family Health Productions, P.O. Box 1799, Gloucester, MA 01931-1799; Phone: 978/282-9970; Fax: 978/282-9550; Web site: <http://www.abouthealth.com>

**Talking about Sex:
A Guide for Families***

Planned Parenthood Federation of America

This multimedia package includes an animated video, a book for parents, and an activity book for young people 10 to 14 years of age. It will help open the lines of communication about sexuality, puberty, and relationships between parents and their children.

1996; \$19.95; Marketing Group, Planned Parenthood Federation of America, 810 Seventh Avenue, New York, NY 10019; Phone: 800/669-0156; Fax: 212/261-4352; Web site: <http://www.plannedparenthood.org/store>

**What Kids Want to Know
about Sex and Growing Up**

This video answers sexuality related questions of young people in grades five through nine. It includes information about puberty, sexual intercourse, AIDS, conception, masturbation, and peer pressure.

1992; \$59.95; ETR Associates, P.O. Box 1830, Santa Cruz, CA 95061-1830; Phone: 800/321-4407; Fax: 800/435-8433; Web site: <http://www.etr.org>

WEB SITES

Birds and Bees

This Web site is run by the Minnesota-based Pro-choice Resources. It provides information on birth control, pregnancy, and STDs. It includes links to other sites. <http://www.birdsandbees.org>

Campaign for Our Children

This Web site has information for both parents and teens. The “Parent Section” includes “How to Talk with Your Kids about Sex,” “How to Talk to Your School Board about Sex,” as well as frequently asked questions. The “Teen Section” includes “What’s the 411 about Sex?” and “How to Talk to Your Parents about Sex.”
<http://www.cfoc.org>

Coalition for Positive Sexuality

This Web site provides sexuality information in both English and Spanish for teens who are sexually active or who are thinking about becoming sexually active. It provides a forum for teens to chat,‡ to find information on sexuality issues, or to ask questions of sexuality experts.
<http://www.positive.org>

Go Ask Alice!

This Web site was developed and is maintained by Columbia University’s Health Education Program. It uses a question-and-answer format to provide information on relationships; sexuality; sexual health; emotional health; fitness nutrition; alcohol, nicotine and other drugs; and general health. Visitors can search the database or ask questions anonymously.
<http://www.goaskalice.columbia.edu>

gURL

This Web site is committed to discussing issues that affect the lives of girls 13 years of age and older. The site helps girls with a wide range of experiences and interests. It warns visitors that they might find frank information. It also offers chats,‡ posting boards, pen-pal lists, and homepage listings.
<http://www.gurl.com>

It’s Your (Sex) Life

This Web site is a project of the Henry J. Kaiser Family Foundation. The site provides information for older teenagers about pregnancy, contraception, STDs, and related issues.
<http://www.itsyoursexlife.com>

Iwannaknow

This Web site is sponsored by the American Social Health Association. It provides a safe and fun place for teenagers to learn about sexual health. The site includes a chat room‡ and games related to sexual health services. It also provides guidance for parents.
<http://www.iwannaknow.org>

National Parent Information Center

This Web site provides access to research-based information on the process of parenting as well as on family involvement in education.
<http://www.npin.org>

Outproud

This Web site for gay, lesbian, bisexual, and transgender youth includes message boards,‡ online brochures, links, and a searchable list of materials.
<http://www.outproud.org>

Planned Parenthood Federation of America

This Web site offers *Resources for Parents and Other Adults*, which includes information about “How to Be a Good Parent,” “How to Talk with Your Child about Sexuality,” “How to Talk with Your Teen about the Facts of Life,” and “Human Sexuality: What Children Should Know.”
<http://www.plannedparenthood.org>

Scarleteen

This Web site offers *Pinkslip* for girls, *Boyfriend!* for guys, and *Gaydar* for gay, lesbian, bisexual, transgender, and questioning youth 14 to 18 years of age. The site provides advice, articles, information, and message boards‡ addressing sexuality and sexual health issues. There is also a section for parents.
<http://www.scarleteen.com>

Sex Ed Mom

This Web site is “a parent’s guide to the birds and the bees.” It provides advice, live monthly chats, teaching tips, and video clips.
http://thriveonline.oxygen.com/sex/experts/sex_ed_mom/index.html

SEX ETC.

This Web site is sponsored by the Network for Family Life Education. The site includes articles on a variety of sexuality topics as well as an online newsletter, advice, message boards, ‡ resources, links, and information for parents. All of the information is by teens for teens.
<http://www.sexetc.org>

Sex Sense

This Web site is sponsored by Planned Parenthood of Southeastern Pennsylvania. It provides sexuality advice as well as quizzes for and by teens.
<http://www.ppsp.org/tpe.html>

Sextalk

This Web site is sponsored by Planned Parenthood of Tompkins County in Ithaca, NY. It includes information on safer sex, self exams, and sexual orientation.
<http://www.sextalk.org>

SIECUS

This Web site offers a section for parents and caregivers as well as one for teens. *For Parents and Other Adults* provides a question-and-answer radio series, publications, and special reports on sexuality issues. *For Teens* provides a starting place for teens to learn about communication, abstinence, sexual involvement, safer sex, and sexual abuse as well as resources and links.
<http://www.siecus.org>

Talking with Kids about Tough Issues

This Web site is a joint initiative of Children Now and the Henry J. Kaiser Family Foundation. It encourages parents to talk with their children early and often about issues such as sexuality, and HIV/AIDS.
<http://www.talkingwithkids.org>

Teen Advice Online (TAO)

This Web site provides information on teenage problems through a worldwide network of peers 13 years of age and older. The site also includes articles, a chat room,‡ and sexuality related topics such as dating, relationships, gender, and friendships.
<http://www.teenadvice.org>

Teen Scene

This is part of the Advocates for Youth Web site and includes a chat area,[‡] articles, and links to Do Something (a national nonprofit organization that inspires young people to believe that change is possible), and to the Peer Education Web ring.

<http://www.advocatesforyouth.org/corner.htm>

Teenwire

This Web site is sponsored by Planned Parenthood Federation of America. It provides sexuality and sexual health information for teens. It also encourages teens to contribute their opinions and ideas in certain areas. Sections provide advice, articles, polls, clinic information, and a 'zine for teens by teens.

<http://www.teenwire.com>

Youth Resource

This Web site is a project of Advocates for Youth. It provides resources and peer support to gay, lesbian, bisexual, and transgendered youth. It includes listservs, youth groups, and chat information.[‡]

<http://www.youthresource.org>

RESOURCES FROM SIECUS

These resources for parents and their children are available from SIECUS. Interested individuals should visit the SIECUS Web site (<http://www.siecus.org>) or call SIECUS at 212/819-9770.

How to Talk to Your Children about AIDS

This booklet offers basic information and guidelines appropriate for specific age levels: preschool, young children, preteens, and teenagers. *Como Hablar Con Sus Hijos Sobre El SIDA* is the Spanish translation.

Now What Do I Do?

Designed to help parents address tough questions from preteens, this booklet covers 15 situations dealing with sexuality issues. Topics include HIV/AIDS, puberty, love, dating, contraception, and masturbation. A three-step process asks parents to consider

why a situation arose, how to respond to the situation, and what messages they want to give their children. The "Remember" section for each topic includes helpful hints about preteens and sexuality as well as some basic facts the preteens need.

Talk about Sex

This booklet was developed to help teenagers communicate more openly and effectively about issues related to sexuality and HIV/AIDS. It offers clear, honest, and straightforward information in a youth-friendly manner. *Hablemos de Sexo* is the Spanish translation.

ORGANIZATIONS

The following organizations offer sexuality resources for parents, caregivers, children, and youth.

Advocates for Youth

This organization works to prevent pregnancy, STDs, and HIV infection among adolescents. 1025 Vermont Avenue, N.W., Suite 200, Washington, DC 20005; Phone: 202/347-5700; Fax: 202/347-2263; Web site: <http://www.advocatesforyouth.org>

Campaign for Our Children

This organization develops research-based prevention messages and educational media campaigns that encourage healthy, responsible sexual decisions among early adolescent youth, promotes a more informed support system for youth, and raises public awareness about adolescent preventive health issues. 120 West Fayette Street, Suite 1200, Baltimore, MD 21201; Phone: 410/576-9015; Fax: 410/752-2191; Web site: <http://www.cfoc.org>

Child Welfare League of America

This organization is committed to engaging all Americans in promoting the well-being of children, young people, and their families as well as in protecting every child from harm. 440 First Street, N.W., Third Floor, Washington, DC 20001-2085; Phone: 202/638-2952; Fax: 202/638-4004; Web site: <http://www.cwla.org>

Children Now

This organization is a nonpartisan, independent voice for children that works to translate into action the nation's commitment to children.

1212 Broadway, 5th Floor, Oakland, CA 94612; Phone: 510-763-2444; Fax: 510-763-1974; Web site: <http://www.childrennow.org>

Children's Defense Fund

This organization ensures that every child has a healthy start, a head start, a fair start, a safe start, and a moral start in life with the help of caring families and communities. 25 E Street, N.W., Washington, DC 20001; Phone: 202/628-8787; Fax: 202/662-3510; Web site: <http://www.childrensdefensefund.org>

ETR Associates

This organization enhances the well-being of individuals, families, and communities by providing leadership, educational resources, training, and research in health promotion with an emphasis on sexuality and health education. P.O. Box 1830, Santa Cruz, CA 95061-1830; Phone: 800/321-4407; Fax: 800/435-8433; Web site <http://www.etr.org>

Girls Incorporated

This youth organization is dedicated to helping girls become strong, smart, and bold through advocacy, research, and education. 120 Wall Street, Third Floor, New York, NY 10005; Phone: 212/509-2000; Fax: 212/509-8708; National Resource Center, 441 West Michigan Street, Indianapolis, IN 46202-3233; Phone: 317/634-7546; Fax: 317/634-3024; Web site: <http://www.girlsinc.org>

Hetrick-Martin Institute

This organization serves gay, lesbian, bisexual, transgender, and questioning youth through education, counseling, homeless outreach, training, and resources. 2 Astor Place, New York, NY 10003-6998; Phone: 212/674-2600; Fax: 212/674-8650; Web site: <http://www.hmi.org>

Mothers' Voices

This organization is committed to bringing an end to HIV/AIDS in the United States and around the world. It assists, encourages,

and educates mothers to join the struggle for improved HIV/AIDS prevention efforts, fair and effective policies, better treatment, human rights protections, research, and a cure.

165 West 46th Street, Suite 701, New York, NY 10036; Phone: 888/MVOICES or 212/730-2777; Fax: 212/730-4378; Web site: <http://www.mvoices.org>

National Campaign to Prevent Teen Pregnancy

This organization is dedicated to preventing teen pregnancy by supporting values and encouraging acts that are consistent with a pregnancy-free adolescence.

1776 Massachusetts Avenue, N.W., Suite 200, Washington, DC 20036; Phone: 202/478-8500; Fax: 202/478-8580; Web site: <http://www.teenpregnancy.org>

National Education Association, Health Information Network

This affiliate of the NEA works to improve health, safety, and student achievement by providing school employees with vital, effective, and timely health information through parents, communities, and public/private partnerships.

1201 16th Street, N.W. Suite 521, Washington, DC 20036; Phone: 202/822-7570; Fax: 202/822-7775; Web site: <http://www.neahin.org>

National Information Center for Children and Youth with Disabilities

This national information and referral center provides information on disabilities and disability-related issues for families, educators, and other professionals.

P.O. Box 1492, Washington, DC 20013-1492; Phone/TTY: 800/695-0285 or 202/884-8200; Fax: 202/884-8441; Web site: <http://www.nichcy.org>

National Network for Youth

This organization is dedicated to ensuring that young people can lead safe, healthy, and productive lives. It focuses specifically on run-away, homeless youth in high-risk situations.

1319 F Street, N.W., Suite 401, Washington, DC 20004; Phone: 202/783-7949; Fax: 202/783-7955; Web site: <http://www.nn4youth.org>

National Organization on Adolescent Pregnancy, Parenting, and Prevention

This organization provides leadership, education, training, information, and advocacy resources to practitioners in the field of adolescent pregnancy, parenting, and prevention.

2401 Pennsylvania Avenue, N.W., Suite 350, Washington, DC 20037; Phone: 202/293-8370; Fax: 202/293-8805; Web site: <http://www.noapp.org>

National Parent-Teachers Association

The National PTA is the oldest volunteer association in the United States working on behalf of children and youth.

330 North Wabash Avenue, Suite 2100, Chicago, IL 60611-3690; Phone: 312/670-6782 or 800/307-4782; Fax: 312/670-6783; Web site: <http://www.pta.org>

National Youth Advocacy Coalition

This coalition advocates for young people who are gay, lesbian, or transgendered to end discrimination and to ensure physical and emotional well-being.

1638 R Street, N.W., Suite 300, Washington, DC 20009; Phone: 202/319-7596; Fax: 202/319-7365; Web site: <http://www.nyacyouth.org>

Parents, Families, and Friends of Lesbians and Gays

This organization promotes the health and well-being of gay, lesbian, bisexual, and transgendered persons as well as their families and

friends through support and education.

1726 M Street, N.W., Suite 400, Washington, DC 20036; Phone: 202/467-8180; Fax: 202/467-8194; Web site: <http://www.pflag.org>

Planned Parenthood Federation of America

This organization believes in the fundamental right of individuals to manage their own fertility regardless of income, marital status, race, age, sexual orientation, and national origin.

810 Seventh Avenue, New York, NY 10019; Phone: 212/541-7800 or 800/230-PLAN refers you to your local Planned Parenthood; Fax: 212/245-1845; Web site: <http://www.plannedparenthood.org>

Rape, Abuse, and Incest National Network

This organization operates a 24-hour confidential hotline for survivors of sexual assault.

635-B Pennsylvania Avenue, S.E., Washington, DC 20003; Phone: 800/656-HOPE; Fax: 202/544-3556; Web site: <http://www.rainn.org>

The Safer Society Foundation

This foundation provides services to prevent and treat sexual abuse.

P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>

SIECUS

SIECUS' mission is to affirm that sexuality is a natural and healthy part of living; to develop, collect, and disseminate information; to promote comprehensive education about sexuality; and to advocate the right of individuals to make responsible sexual choices.

130 West 42nd Street, Suite 350, New York, NY 10036-7802; Phone: 212/819-9770; Fax: 212/819-9776; 1638 R Street, N.W., Suite 220, Washington, DC 20009; Phone: 202/265-2405; Fax: 202/462-2340; Web site: <http://www.siecus.org>