

Blood Sugar Levels

If Blood Sugar is 80 or lower (or Symptoms are Present)

(Do not give chocolate)

Give 1/4 cup milk. (or 1/4 C. apple juice or 1/2 tube cake gel)

If next meal or snack is more than 30 minutes away,
give a snack (1/2 Carb.) following the milk.
(such as 3 small rectangle graham crackers or 4 Ritz crackers)

Re-Test Blood Sugar after 20 minutes.

If Blood Sugar remains the same or lower, repeat treatment and call doctor.

- * If child appears confused or exhibits poor coordination after treatment with milk and food, administer **Glucagon** and call **911** and diabetes doctor immediately.
- * If child is unconscious or convulsing, administer **Glucagon**. Call **911** and diabetes doctor. Feed immediately upon awakening.

If Blood Sugar is 270 or higher:

Check Ketones - have Grant urinate on ketone strip. Wait 2 minutes.

If Ketone test strip turns WHITE or PINK (negative or small),
give plenty of water. Grant may continue to play. Test the next urine sample.

- * If Ketone test strip turns PURPLE (moderate or large) call parents.
Extra insulin may be required. Grant should sit calmly and drink plenty of water.

Blood Sugar Readings:

Lower than 80 - treat with milk

Higher than 270 - check ketones

Target Range: 100 - 225

