

Chuck E. Cheese's Nutritional Information

List of Ingredients	Serving Size	Servings per Plate	Calories	Calories from Fat	Total Fat (g) (%)	Saturated Fat (g) (%)	Cholesterol (mg) (%)	Sodium (mg) (%)	Total Carbo (g) (%)	Dietary Fiber (g) (%)	Sugars (g)	Protein (g)	Vitamin A (%)	Vitamin C (%)	Calcium (%)	Iron (%)
Salad Bar/Dressings																
Kraft Catalina Dressing	2 Tbsp (33g)	NA	35	0	0g 0%	0g 0%	0mg 0%	320mg 13%	8g 3%	<1g 2%	7g	0g	Vitamin E=2%		0%	0%
NF Olive Oil & Vinegar	2 Tbsp (30g)	NA	90	80	9g	1g 5%	0mg 0%	170mg	2g 1%	0g 0%	1g	0g				
NF Lite Ranch	2 Tbsp (30g)	NA	80	70	8g	1g 5%	5mg	240mg	2g 1%	0g 0%	1g	1g				
NF Gal Thousand Island	2 Tbsp (30g)	NA	110	90	10g 16%	2g 10%	10mg 4%	170mg	4g 1%	0g 0%	3g	0g				
NF Bleu Cheese	2 Tbsp (30g)	NA	170	160	18g	3g 17%	15mg	120mg	1g	0g 0%	1g	1g				
Birthday Items																
8" White Cake/Whip Cream	1/12 Cake (64g)	12	208	91	11g 17%	8g 38%	25g 8%	167mg 7%	26g 8%	0g 0%	21g	2g	2%	0%	3%	3%
8" Choc Cake/Whip Cream	1/12 Cake (64g)	12	208	91	11g 17%	8g 42%	21g 7%	200mg 8%	25g 8%	1g 3%	20g	2g	2%	0%	3%	8%
Desserts																
PCB Brownie	1 Brownie (91g)	1	382	160	18g 27%	4.4g 20%	60mg 20%	143mg 6%		1.4g 3%	40g	4g	412mg	0%	17mg	0%
PCB Choc Chunk Cookie	1 Cookie (85g)	1	410	170	19g 29%	6g 29%	20mg 6%	390mg 16%	56g 19%	0g 2%	34g	5g	0%	0%	4%	8%
PCB Original Krispy Treat	1 Krispy (78g)	1	340	80	9g 14%	2g 9%	0mg 0%	250mg 10%	50g 20%	1g 3%	23g	3g	8%	0%	0%	0%
Breakfast Items																
PCB Banana Loaf Cake	1 Cake (91g)	1	350	100	11g 16%	4.4g 20%	30mg 10%	320mg 13%	50g 17%	2g 7%	27g	5g	0%	6%	8%	10%
PCB Cinnamon Crumb Pound Cake	1 Cake (98g)	1	386	158	17g 27%	3g 15%	38mg 13%	236mg 23%	55g 18%	1g 3%	34g	4g	*	*	*	*
Kellogg's Snack Um's Foot Loops	1 Container (32g)	1	120	10	1g 2%	1g 3%	0mg 0%	160mg 7%	28g 9%	1g 3%	14g	2g	10%	10%	0%	10%
Kellogg's Snack Um's Rice Krispy	1 Container (31g)	1	130	15	1g 2%	1g 3%	0mg 0%	200mg 8%	26g 9%	0g 0%	12g	2g	10%	10%	0%	10%
Kellogg's Snack Um's Cinn. Blast	1 Container (33g)	1	140	45	5g 8%	1g 5%	0mg 0%	210mg 9%	24g 8%	1g 3%	10g	2g	10%	10%	0%	10%
Appetizers																
Sargento Mozzarella Sticks	2 sticks	3	380	220	24g 37%	7g 35%	40mg 13%	380mg 16%	26g 9%	2g 8%	2g	13g	8%	*	30%	2%
Buffalo Wings	4 pieces	3	220	130	15g 23%	3.5g 18%	110mg 37%	560mg 23%	1g 0%	0g 0%	0g	20g	6%	6%	2%	6%
Lamb Wesson French Fries (Gen 7)	4.2 oz cooked wt	2	283	100	10g 17%	2.5g 13%	0mg 0%	433mg 18%	43g 15%	3g 13%	2g	5g	*	17%	*	3%
Bread Sticks	4 oz	3	370	110	12g 18%	4g 20%	5mg 2%	480mg 20%	51g 17%	3g 12%	3g	14g	8%	*	15%	25%
Blended Pizza Sauce	1/4 cup (63g)	1	35	0	0g 0%	not a significant source		380mg 16%	7g 2%	1g 4%	4g	1g	10%	10%	0%	4%
Sandwiches																
** Add values for 4.2 oz serving of French Fries for complete serving																
Hot Dog	1 Hotdog	1	430	260	29g 45%	13g 65%	50mg 17%	710mg 30%	27g 9%	2g 8%	3g	15g	*	*	4%	15%
Ham & Cheese	1 Sandwich	1	770	370	41g 63%	9g 45%	85mg 28%	1490mg 62%	60g 20%	6g 24%	11g	39g	20%	*	60%	15%
Italian Sub	1 Sandwich	1	770	420	47g 72%	16g 80%	80mg 27%	1560mg 65%	52g 17%	4g 16%	5g	35g	20%	*	30%	15%
Grilled Chicken Sub	1 Sandwich	1	740	350	39g 60%	12g 60%	110mg 37%	1080mg 45%	57g 19%	5g 20%	9g	41g	15%	*	35%	10%
Pizzas																
*** 2 Med. Slices served per birthday child																
Med. Cheese Pizza	2 slices (118g)	6	330	90	10g 15%	6g 30%	20mg 7%	460mg 19%	43g 14%	3g 12%	4g	15g	10%	*	20%	15%
Med. BBQ Chicken Pizza	2 slices (140g)	6	410	120	13g 20%	7g 35%	50mg 17%	640mg 27%	51g 17%	3g 12%	11g	22g	10%	*	25%	15%
Med. Pepperoni Pizza	2 slices (130g)	6	371		14g 22%	7g 35%	28mg 10%	619mg 26%	43g 14%	3g 12%	4g	17g	11%	*	21%	16%
Med. Beef Pizza	2 slices (142g)	6	411		17g 26%	9g 45%	36mg 12%	607mg 25%	43g 14%	3g 12%	0g	18g	10%	*	20%	10%
Med. Sausage Pizza	2 slices (137g)	6	387		15g 23%	8g 40%	31mg 11%	662mg 29%	44g 14%	3g 12%	4g	18g	11%	*	21%	16%

Frequently Asked Questions:

*Contains Less than 2% of the daily value of this nutrient.

Animal Renet in cheese? - **No**

Peanut/nut oils used in products? - **ONLY** in the "Champ" cone, single serve, novelty ice cream

MSG as an Ingredient? - **ONLY** in Lite Ranch Dressing