

WHAT IS DATE AND ACQUAINTANCE RAPE?

Acquaintance rape is forced sexual intercourse with someone the victim knows.

While some students may not think of forced sexual relations as rape, the action nevertheless is considered to be. Rape is a serious crime—a felony. And whenever a man uses force to have sex, he is committing a crime called rape, even if he knows the woman, and even if he has had sex with her before.

WHAT CAN COLLEGE MEN DO ABOUT DATE RAPE?

Respect the rights of women as you would your own rights. You don't have the right to pressure or force a woman for sex or even to expect sex in any situation. Just because you've previously had sex with a woman does not give you the right to have sex with her again. If the woman changes her mind, you must respect her wishes.

Be explicit in your intentions and recognize that a woman has the right to say "no." If you are receiving both "yes" and "no" messages from your date, state your confusion, cease your action and discuss your concerns.

Men can help to eliminate the stereotypical attitude that women are sex objects and that men have the right to take whatever they please, especially in a dating situation. If you encounter such attitudes among friends, confront them. Recognized and help your friends recognize that these attitudes are demeaning.

Don't take advantage of women unable to give consent regarding sexual activity because of alcohol or any condition, and don't let other men do so either. Obviously, if a woman is intoxicated and passed out, she cannot give her consent regarding sexual activity.

You do not have the right to force sex on any woman, no matter how a woman is dressed, no matter where you met her, no matter what you might think she would enjoy.

It is never okay to force yourself on a woman, even if you have heard that women say "no" but mean "yes." REMEMBER THAT "NO" MEANS "NO."

WHAT CAN WOMEN DO ABOUT DATE RAPE?

Know that you have the right to set sexual limits. It is your body and nobody else has the right to force you to do something you don't want to do. Learn to feel comfortable with this right. If you accept this right, it will be easy for you to follow the next suggestion.

Make your expectations clear. If you don't want someone touching you, kissing you, or making advances toward you, let him know in a clear forceful manner. For example, "Take your hands off me... don't touch me... if you don't respect my wishes I'm leaving!" Be assertive. A man may interpret passivity as permission. Thus when someone does something to you that you don't like and you ignore it, he may continue. Learn to act immediately with responses that communicate clearly and directly that you will not accept his pressure. Remember, it is important to be direct and firm with someone who is sexually pressuring you, even if it hurts his feelings and particularly if he is not paying attention to your feelings.

If you convey mixed messages to your date, you leave yourself vulnerable to misunderstandings about your wishes. When your personal expectations about physical intimacy are confused, say so, cease your action, and discuss your concerns.

TRUST YOUR INSTINCTS

When someone tries to touch you or be more intimate than you feel is appropriate, trust your feelings to tell him. The earlier you let someone know you intend to enforce your limits, the more powerful your limits become. If someone tries to intimidate you, tell him you don't like what he is doing and you will not allow it.

Remember that sexual aggression does happen. And it can happen to you. If it does, know that there are people on this campus whose business it is to provide help and support. Listed are places you can go for help on this campus. Please use them. They are there for you. SAY "NO" WHEN YOU MEAN "NO."

DATING UNDER THE INFLUENCE

Dating under the influence of drugs or alcohol—as is driving—is very dangerous. The use of alcohol and drugs can and does compromise your ability to make responsible decisions and is often related to incidents of acquaintance rape. The majority of rapes reported to SDSU University Police involved the excessive use of alcohol or drugs by both men and women.

ROHYPNOL AND GHB

Rohypnol or "roofies" and GHB are powerful fast acting sedatives that are showing up at parties, clubs and social events. Nicknamed "date rape drugs", there are reports of people "dosing" other people without their knowledge by dropping Rohypnol or pouring GHB into their drinks. Rohypnol and GHB can cause drowsiness, confusion, impaired judgement, disinhibition, and reduced levels of consciousness. A person "dosed" may look and act like someone who is drunk. Their speech may be slurred and may have difficulty walking.

One of the most disturbing effects of Rohypnol and GHB is that they can produce complete or partial loss of memory of the events that took place after ingestion. When Rohypnol and GHB are mixed with alcohol or other drugs, the consequences may be life threatening. The combination may produce extremely low blood pressure, respiratory depression, coma, or even death.

CAMPUS RESOURCES

Emergency:	911
University Police:	594-1991
Escort Service:	594-6659
Counseling and Psychological Services:	594-5220
Rape Crisis and Domestic Violence Hotline:	272-1767
Health Services:	594-5281

The information that follows is an expression of San Diego State University's concern about a problem with serious implications for a safe and secure academic environment. This information is presented in a candid and direct manner in the hopes that it will stimulate a discussion about the way that men and women treat each other. You are asked to read this material carefully and act in a responsible manner to ensure your safety and the safety of other members of our university community.

THE PROBLEM:

- Rape is the fastest rising crime in America today. FBI statistics indicate more than 91,000 women reported they were raped last year in the United States.
- In 1990 there were 899 rapes reported in San Diego County.
- Over 80% of reported rapes are perpetrated by dates or acquaintances.
- The problem may be even worse than presented here. It has been estimated that many rapes are never reported.
- Unfortunately, San Diego State University is not immune to this problem. Recently, a growing number of sexual assaults have been reported to University Police officers.

REMEMBER:

**“NO”
MEANS
“NO”**

WHAT IF IT HAPPENS TO YOU?

- Get to a safe place.
- Get help immediately.
- Call the police.
- Go to a hospital emergency department as soon as possible for an examination and evidence collection.
- If you suspect you may have been drugged, request that the hospital take a urine sample for drug toxicology testing by the police department's crime lab.
- Do not shower, bathe, douche or throw away clothing you were wearing during the incident. If possible save any other materials that might provide evidence, such as the glass that held your drink.
- Call a rape crisis center for information and support.



SDSU

Crime Prevention Unit
www.police.sdsu.edu
(619) 594-1991

**CALL EMERGENCY
9-1-1 FIRE
POLICE
MEDICAL**

SDSU



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