

Dunkin' Donuts Carb Counts

Donut	CARBS	GRAMS
Apple Crumb Donut	2 1/4	34 g.
Apple Fritter	2 3/4	41 g.
Apple N' Spice Donut	2	29 g.
Bavarian Kreme Donut	2	30 g.
Bismark, Chocolate Iced Donut	3 1/4	50 g.
Black Raspberry Donut	2	32 g.
Blueberry Cake Donut	2 1/4	35 g.
Blueberry Crumb Donut	2 1/2	36 g.
Boston Kreme Donut	2 1/2	36 g.
Bow Tie Donut	2 1/4	34 g.
Butternut Cake Donut Ring	2 1/2	36 g.
Chocolate Kreme Filled Donut	2 1/4	35 g.
Chocolate Cake Glazed Donut	2 1/4	33 g.
Chocolate Coconut Cake Donut	2	31 g.
Chocolate Frosted Cake Donut	2 1/2	38 g.
Chocolate Frosted Coffee Roll	2 1/2	36 g.
Chocolate Frosted Donut	2	29 g.
Cinnamon Bun	5 1/2	85 g.
Cinnamon Cake Donut	2	31 g.
Coconut Cake Donut	2 1/4	33 g.
Coffee Roll	2 1/4	33 g.
Double Chocolate Cake Donut	2 1/2	37 g.
Dunkin' Donut	1 3/4	25 g.
Éclair Donut	2	39 g.
Glazed Cake Donut	2 1/4	33 g.
Glazed Chocolate Cruller	2 1/4	35 g.
Glazed Crullers	2 1/2	37 g.
Glazed Donut	1 3/4	25 g.
Glazed Fritter	2	31 g.
Jelly Filled Donut	2	32 g.
Jelly Stick	3	44 g.
Lemon Donut	2	28 g.
Maple Frosted Coffee Roll	2 1/2	36 g.
Maple Frosted Donut	2	30 g.
Marble Frosted Donut	2	29 g.
Munchkin - Cake, Butternut	1 3/4	25 g.
Munchkin - Cake, Cinnamon	2	30 g.
Munchkin - Cake, Coconut	1 1/2	23 g.
Munchkin - Cake, Glazed	1 3/4	27 g.
Munchkin - Cake, Plain	1 1/2	22 g.
Munchkin - Cake, Powdered	2	29 g.
Munchkin - Cake, Sugared	2	28 g.
Munchkin - Cake, Toasted Coconut	1 1/2	24 g.
Munchkin - Chocolate Cake, Glazed	1 3/4	26 g.
Munchkin - Yeast	1 1/2	23 g.
Munchkin - Yeast, Glazed	1 3/4	27 g.
Munchkin - Yeast, Jelly Filled	2	30 g.

Dunkin' Donuts Carb Counts

Munchkin - Yeast, Sugar Raised	1 3/4	26 g.
Old Fashioned Cake Donut	1 3/4	26 g.
Plain Crullers	1 3/4	26 g.
Powdered Cake Donut	2	32 g.
Powdered Cruller	2	30 g.
Strawberry Donut	2	32 g.
Strawberry Frosted Donut	2	30 g.
Sugar Crullers	1 3/4	27 g.
Sugar Raised Donut	1 1/2	22 g.
Toasted Coconut Cake Donut	2 1/4	35 g.
Vanilla Frosted Coffee Roll	2 1/2	36 g.
Vanilla Kreme Filled Donut	2 1/2	36 g.
Whole Wheat Glazed Cake Donut	2	32 g.