

Krispy Kreme Donuts Carb Counts

Donut	CARBS	GRAMS
Cinnamon Apple Filled	2 1/4	35 g.
Cinnamon Bun	2 1/2	36 g.
Cinnamon Twist	2	27 g.
Fudge Iced Cake	2	28 g.
Fudge Iced Crème Filled	2 1/2	39 g.
Fudge Iced Custard Filled	2 1/2	39 g.
Fudge Iced Glazed	2 1/2	36 g.
Fudge Iced Glazed Cruller	2 1/2	36 g.
Fudge Iced Sprinkles	2	31 g.
Glazed Blueberry	1 1/2	22 g.
Glazed Crème Filled	2 1/2	39 g.
Glazed Cruller	1 1/2	22 g.
Glazed Devil's Food	1 1/2	22 g.
Glazed Lemon Filled	2 1/4	33 g.
Glazed Raspberry Filled	2 1/2	37 g.
Maple Iced Glazed	2	28 g.
Original Glazed	1 1/2	22 g.
Powdered Blueberry Filled	2 1/4	33 g.
Traditional Cake	1 1/2	22 g.