

Comabn'ingkarRskTman' GacbNpI oRspQbmanrdUedr. RspCaerchQbmanrdU. RspfdI maneraKeGds¼
(AID)EdI QWnehlyRskTman' GacQbmanrdU.

etbJñenkarmanrdURtVeZeraKvnicayreb[bNa/

RbsinebGikmankarpasbpinUkarmanrdU sthraykarNæTævCbNætrbsGik. GikKfEtCbGikÉkeTsxagsx
PaBRsp dltCaRKæBTuxageraKRsp ZmptaehAza (GYN) Bkil anbdækEdI hkhWivCæBTuxageraKrbSRsp karBi
nitüçgRtKakKwakarSMan'. kareZtSSQamemil bJñGæmbRbEhI CacamI cédm|bdgzaetbJñTaldjenahGac
man«TBI el IsxPaBxagEpikragkaynigcityagNa EtvaGaceZeraKvnicay: nnigBia: I : n.

etbJñenkarmanrdURtUBia: I reb[bNa/

bJñenkarmanrdUbnpI mkBbBthtopSg> dæcHkarRbmaNemil KwakarSManbþit. RbsinebI Gæmb
(estrogen)rbsRspnankmtTab GikRbEhI CacabepnGsrdu. tamZmpta karGsrducabepnrevlgGayu 45 eTA
55qamI RbsinebGikcabepnGsrduinnGayu 40qamIeKehAza karGsrduumneBI kInT'. eraKsJñenkarGsrdu
GacrabbJñTaldj karvil mæehlyEbkej IsSRsak' minsUcgrnemRtI sæTürmas QWægeBI bteCgtt
ekgminI knigmanGarmjNæinRsvI . eraKsJñenkarGsrduGacBia: I : nedaykarCMYS Gæmb (estrogen
progesterone B TaldjBr). kardakGæmbCMYS Gacpñ enAkarZtes|lyBkarrManrbsGakareraK ehlybgðj
zaCakarI AnlyEdI CyRbBææbHdtjngzeZibqgRspg. kareBt (estrogen) mlymx bgðj odgzaGacbegh
nUPaBERkaHzakdI RspdaysarkarbNpIbnpI erakmharkedah.

manmeZia: yCaerchedm|Bia: I (PMS) ehlykarBia: I manrabbJñTaldj karsRmakeRch bnaykarBi
: kcitþerBvltamh nig karhatR: NeTlgTat'. rikCæterbCazaBzænkabTkecj BevCbNæGacæbl: n edayman
evCbNætrbsGikRtæemil edm|karJrkarQWædængeLge: g. kareRbzænbqaldjngkarZakTkcitþlycMhtæ GacCy
RskætoTbTI nUPaBERBRVI citþ

QWBI manrdUßmmeBI manrdU CaTæTæI bzæWægenHeTARTU aspirin, ibuprofen (motrin B Advil)
B naproxen (naprosyn, Anaprox B Aleve)zæWædGsenHGacTij edaymin: cimansærtTij zæWævCbNæ.

etleRK]gej [nGacman«TBI mkel karmanrdUBeT/

erK]gej [nGacman«TBI el karmanrdUrbSGik. GaeP[nGacbNpl oRsp trdU. mit tadh(methadone) minsUCabNpl o: trdUeT. kj ä (eberchCagbbh: rnyézáCynkal GacbNpl oecj Tiksr>Bedah ehly : trdU. kkaGln(Cocaine)hakdltCaKpnGnPaBEbenHeT. yägNakwday karRskTminigGaharEdl KpnrsCateZibZMat' GacbNpl o: trdU. dtchil RbsinebkareRberK]gej [nbNpl oGikePacGaharEdl eZibZM Zat' I Tpl KWZbmanbJedl karZakrdU.

etleRK]gej [nGacman«TBI mkel karmanrdUBeT/

zälMemehSS(Megace) CazälEdl : nyl RBmoerBisRmabéRaK eGcGayvl (HIV) KWa Gémth rbsRsp ehAza (progesterone). karsikSaEpikBia: I CmWemehSS(Megace) Edl namknUkaryl RBm mancheQph EtRspOnakKt'. RspFalg10nakénatraykarNza manbJökigkarZakrdU. RotkmjTArbs' (progesterone)KW karminetIgtat' Chkal manZakQamerch. RspEdl erK(progesterone)karJrkMmankth (depo-provera B Norplant)raykarNza QWlal ehme: g B Bi: kcitp

zälpsg>eT[tsRmabéGds(AIDS)GacbNpl omanbJedl karmanrdU Edl manrabbJpTatj zälRbqabgem eraK dltCa AZT, ddI, ddC, nig d4T. yägNakwday karsakl |gdMbgismanRspnychcheQphU rih ehlyeKmin: nsYnalsFalgénatGdkarZakrdUrbSBkeKeT.