
Mob Ntsws



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This is one in a series of four patient education pamphlets that addresses TB to be used in various clinical situations.

Tuberculosis Disease, Hmong

Mob ntsws "TB" yog ib tug kab mob nyhav. Kev mob ntsws yog tim ib cov nqaj tawv nyob hauv yus ntsuab nrog tsis zoo, thiab cov kab mob ntsws uas yus kis tau rau hauv lub cev txawj daug kom muaj coob tuaj mus ua mob rau lub ntsws. Lub ntsws yog thawj qhov chaw cov kab mob no mus ua mob rau tiam sis muaj qee leej neeg hom kab mob no kuj ua mob rau lwm qhov chaw ntawm lawv lub cev thiab. Hom mob ntsws hu ua "TB" no kis raws cov pa tib neeg ua tawm.

Mob Ntsws "TB" yog vim muaj cov kab mob ntsws txawj daug kom muaj ntau nyob hauv lub cev

Tshwm Sim Ntawm Kev Mob Ntsws

Yog koj lub ntsws mob lawm koj yuav muaj cov tshwm sim zoo li no:

- hnoos heev
- hnoos tau hnoos qeev ntau
- hnoos tau ntshav
- mob hauv siab heev thaum hnoos

Tsuav yog muaj kab mob ntsws "TB" lawm ces txawm yuav yog mob ntawm lub ntsws los lwm qhov chaw ntawm koj lub cev, tus neeg mob ntawd yuav tsum muaj cov tshwm sim zoo li no:

- lub cev yuag zuj zus
- ua npaws
- hmo ntuj tawm tawm fws
- nov mob qhov txhia chaw

Kev Kuaj Saib Puas Yog Koj Muaj Mob Ntsws "TB"

Yuav tau ua ob peb yam kuaj ua ntej thiaj yuav qhia tau tseeb tias koj puas muaj mob ntsws "TB".

Mantoux skin test yog tib txoj kev kuaj uas yuav qhia tau saib yus puas tau kis tau cov kab mob ntsws mus rau hauv lub cev. Txoj kev kuaj no yog yuav tau xuas ib rab koob txhaj ib koob tshuaj hu ua tuberculin no rau ntawm txhais npab. Tom qab txhaj koob tshuaj lawm saib lub qhov koob ntawd puas o thiab voos sawv ua ib lub pob liab liab. Ob rau peb hnuv tom qab sim koob tshuaj no lawm yuav tau rov mus cuag kws kho mob kom nws tau saib lub qhov koob. Nws thiaj yuav paub saib yus lub cev puas muaj cov kab mob ntsws. Txawm tias yav tag los yus twb tau txhaj koob tshuaj tiv thaiv kab mob ntsws hu ua BCG (Bacille Calmette-Guerin) lawm los yus sim koob Mantoux no tsis ua li cas. Koob tshuaj BCG tiv thaiv tsis tau tas tas kom yus txhob kis tau kab mob ntsws thiab yuav tsis phiv nrog koob tshuaj Mantoux.

Thaij fais fab hauv siab yog ib txoj kev siv coj los ntsuam xyuas saib kab mob ntsws puas ua rau lub ntsws puas.

Kev kuaj **hnoos qeev** yog ib yam uas qhia tau saib puas muaj kab mob ntsws nyob hauv lub ntsws.

Kev Ceev Xwm Kom Txhob Pub Kab Mob Ntsws Kis Rau Lwm Tus

Tus neeg mob ntsws yuav muaj peev xwm muab cov kab mob kis rau lwm tus. Thaum

nws hnoos qw los yog txham cov kab mob yuav ya tawm nyob hauv nws cov pa. **Vim li no thaum yus hnoos, nco ntsoov siv ib daim ntawv so ncauj npog yus lub qhov ncauj** kom cov neeg nyob ib ncig ntawm yus thiaj nqos tsis tau cov pa muaj kab mob ntsws mus rau hauv lawv lub ntsws. Thaum kis tau cov kab mob rau hauv yus lub ntsws lawm kws kho mob tis npe qhov no hu ua TB infection. Cov kis tau kab mob ntsws lawm yuav tsum tau mus kuaj saib puas yuav tsum nyog noj tshuaj mus tiv thaiv kom txhob mob ntsws.

Kab mob ntsws kis tsis tau raws tej zaub mov, tais diav, ntaub pua txaj chaw los lwm yam khoom siv.

Txawm lub cev muaj hom kab mob no los tsuav tsis tau ua mob rau lub ntsws ces cov kab mob yuav kis tsis tau mus rau lwm tus.

Yuav tau noj koj cov tshuaj kom tag kiag li kws kho mob hais tseg



Thaum yus noj cov tshuaj tiv thaiv mus txog li ib ob vas thiv yus yuav hnov zoo li yus zoo me ntsis lawm. Thaum no cov kab mob yuav kis tsis taus rau lwm tus lawm. Thaum no yog yus xav rov mus ua laj kam thiab lwm yam hauj lwm los mus tau. Nco ntsoov tias yuav tau noj cov tshuaj kom tag kiag raws nraim li kws kho mob hais tseg.