



Help
Is
Within

REACH

Sometimes life's challenges can affect work performance. Usually we can work it out. But there are times when we may feel we need help.

The State's REACH Program is designed to provide confidential, professional counseling services to eligible State employees who are experiencing personal problems that are affecting job performance. They include:

- ◆ Alcohol/drug misuse
- ◆ Marital/family problems
- ◆ Co-Worker conflicts
- ◆ Domestic Violence
- ◆ Other emotional/behavioral problems

The services are FREE, up to a maximum of 3 sessions.

If you feel the need for support call the

RESOURCE FOR EMPLOYEE ASSISTANCE & COUNSELING HELP

Contracted REACH Provider: Hawaii Employee Assistance Services
Monday - Friday, 8 a.m. - 5 p.m. After hours, call 1-800-994-3571.

Oahu
543-8445

Hilo
935-2188

Kona
323-2664

Kauai
245-5914

Maui
877-6888

Molokai or Lanai, call 1-800-994-3571.

A copy of your current pay stub will be required at the initial counseling session.
For more information, contact your Departmental Personnel Office.

Sponsored by the Department of Human Resources Development

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