

APPENDIX A

LEVELS OF CARE FOR CLINICAL HEALTH & MENTAL HEALTH SERVICES AT THE UNIVERSITY OF HAWAII

DESCRIPTION FOR CLINICAL HEALTH		DESCRIPTION FOR MENTAL HEALTH
Reliance solely on extramural, community medical resources for conditions that cannot be attended to by the individual student. Campuses offering this level may supplement the community resources by providing information and periodic instruction that focuses on health education.	1 (<i>Self-Care</i>)	Reliance on current professionals in student affairs or student services to offer initial assistance for students to assess their behavioral challenges impeding timely matriculation. Usually requires referrals to counseling and/or psychological services off campus.
Provides for a registered nurse on campus either full-time or part-time to assist students by providing first aid care. Students requiring a physician's services may be referred by the nurse to doctors practicing in the community. Nurse assumes the role of health educator, health counselor, and environmental health & safety consultant. Nurse may also coordinate first aid programs involving other staff members, thus expanding the capabilities of the service.	2 (<i>Assisted Self-Care</i>)	Provides a minimum level of counseling by master's level professionals with appropriate degrees in psychology, counseling, social work, marriage & family therapy, etc. May also include counseling by graduate-level practicum trainees and/or doctoral interns supervised by a licensed psychologist or licensed mental health counselor employed by the University.
Provides for a registered nurse on campus either full-time or part-time to assist students. In addition to Level 2 services, the nurse works with a physician consultant who provides guidelines and standing orders to permit the care of minor injuries and illnesses, as well as the administration of routine health clearance requirements and certain immunizations.	3 (<i>Assisted Self-Care PLUS</i>)	Level of assistance provided by mental health counselor, including social workers or college counselors, licensed to help individuals change their behavior or emotional responses in order to restore or enhance their capacities for personal and interpersonal functioning. May also include post-doctoral "psychologists in training."

<p>Provides for a primary care physician and/or nurse practitioner who can render definitive care for the majority of primary care medical cases. Campus serves as the entry point for primary health facility into the total community system of medical care involving specialized out-patient services and hospital in-patient services.</p>	<p><i>4 (Primary Health & Wellness Care)</i></p>	<p>Campus serves as the entry point for primary psychological health services involving psychological assessment, high quality individual or group counseling services, and psychosocial programming for student developmental needs by licensed psychotherapists.</p>
<p>In addition to Level 4 services, also available beyond primary medical care are some medical specialty care and diagnostic facilities.</p>	<p><i>5 (Primary Health & Wellness Care PLUS)</i></p>	<p>In addition to Level 4 services, also available beyond primary health & wellness care are some psychiatric services with prescription and other psychopharmacological medication.</p>