The Mānoa Alcohol Project (MAP) Spring 2013 Survey* showed that of UH Mānoa undergraduates:

- 84% choose to drink in moderation or don’t at all. (4 or less drinks per occasion for men, 3 or less for women.)
- 83% don’t drink and drive.
- 77% use the buddy system or stay in a group for protection when they are drinking.
- 78% don’t use marijuana.
- 88% don’t smoke cigarettes. (91% would rather date a non-smoker.)

- Never leave your drink unattended and never accept a drink from a stranger.
- Never ride in a car with a driver who is intoxicated. Find another way to get home (or wherever you need to go) and consider all transportation alternatives, such as a taxi or public transportation.

- Abusing your “legal” prescriptions or giving/selling them to others can lead to unintentional overdoses and bodily harm. They can be especially dangerous if mixed with alcohol. Club drugs, like Ecstasy and others, are equally dangerous as they may have been mixed with unknown substances.

- Drinking or doing drugs impairs your judgement which increases the likelihood that you’ll do something you’ll later regret, such as having unprotected sex, damaging property, or otherwise injuring yourself and others.

- Smoking is not allowed in any University building, residence hall, interior courtyard, or on a lanai. Also, no smoking within 25 feet of building entrances and within 50 feet of designated pick-up and drop-off points, like bus or shuttle stops.

- Prohibited on campus are:
  - Public intoxication
  - Use by or distribution of alcoholic beverages to anyone under 21 years of age (the minimum drinking age in Hawai‘i)
  - Common source containers, from kegs to beer bongs
  - Illegal drugs, including marijuana, or controlled substances

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Did you know?

62% of first year UHM students don’t drink alcohol at all.*

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Other Resources:

- UH Student Code of Conduct
  www.studentaffairs.manoa.hawaii.edu/policies/conduct_code/
  Students not in compliance with UHM’s alcohol and other drug policies shall be subject to the provisions of the Student Conduct Code and/or Student Housing Community Standards.

- Student Housing Policies
  www.manoa.hawaii.edu/housing/guide/policies

- Mānoa Alcohol Project
  facebook.com/UH.MAP