1. **What are the University of Hawai‘i Mānoa health clearance requirements?**

1) A Tuberculosis Clearance must be obtained within 12 months prior to your start date or obtained on or after age sixteen by a U.S. Licensed Provider, and

2) Documentation of immunity to:
   - Measles, Mumps, and Rubella (MMR)
   - Tetanus/Diphtheria/Pertussis (Tdap)
   - Varicella
   - Meningococcal Conjugate Vaccine* (A, C, Y, W-135)

3) The following vaccinations are HIGHLY RECOMMENDED; please discuss with your health care provider:
   - Serogroup B Meningococcal (MenB)
   - Polio
   - Human Papilloma Virus
   - Hepatitis A
   - Hepatitis B

   All vaccines are available at the University Health Services Manoa.

2. **Why does the University of Hawai‘i have health clearance requirements?**

Immunizing individuals helps to protect the health of our student body and University community. The State of Hawai‘i mandates the Tuberculosis, MMR, TdaP, Varicella, and Meningococcal* clearances be met for entrance to post-secondary educational institutions. *(Hawai‘i Administrative Rules, DOH Title 11, Chapter 157).*

3. **What happens if I have not met the University of Hawai‘i health clearance requirements?**

You may not attend classes until you have received health clearance.

4. **How do I submit my health clearance documentation to the University Health Services Manoa?** Health clearance forms can be uploaded, faxed to: (808) 956-3583, mailed, or sent via a secure email using FileDrop (see procedure below):

Upload:

2. Click on Online Appointments (top of screen)
3. Log into Web Portal with your UH email login
4. Click on Upload Health Clearance Documents (if using a mobile device, click on Menu icon)
5. Add Immunization Record
6. Save

OR

Health Clearance FAQs 20200514
Mail:
University of Hawai‘i
University Health Services Mānoa
1710 East West Road,
Honolulu, Hawaii 96822

OR

FileDropping (securely emailing) Your Medical Records:
In order to send us your health records, you will need to have web access and have your health information stored on the device that you're using (computer, phone, tablet, etc).

1. From any web browser, go to https://www.hawaii.edu/filedrop
2. Click on the green box on the right side of the screen asking you to login.
3. Click the Login Here link, and login using your UH username and password.
4. After you've logged in, you will be redirected to a page that allows you to input a recipient.
5. In the recipient field, type: UHSM. You will need to retype this in the Confirm Recipient field.
6. Check the box for Require Authentication.
7. It is optional, but you may include what it is that you're sending in the Comment field, such as "Insurance Card" or "Health Clearance".
8. After you've filled out both Recipient fields, click Proceed.
9. Click the Choose File button to browse for your medical records. (You may input a description in regards to each file, but it is not necessary)
10. Click the Start Upload button.
11. You will be redirected to a confirmation page with the link to your uploaded file. You're finished!

5. **What are the Tuberculosis health clearance requirements?**

- All students must complete the TB Risk Assessment Form and have a U.S. licensed healthcare provider (M.D., D.O., A.P.R.N., or P.A.) sign your completed form.

- If coming from a foreign country, the U.S. licensed healthcare provider must document the state he/she is licensed in and license number.

- If your TB Risk Assessment is positive, a TB skin test or blood test, and possibly a chest x-ray are required.

- The TB Risk Assessment Form may be completed at the University Health Services Manoa, Hawai‘i State Department of Health - Lanakila Health Center, or a private physician’s office or clinic.

- If a TB skin test is needed, testing takes 2 to 7 days to complete. Please allow enough time if completing this in the U.S.

Health Clearance FAQs 20200514
• If your tuberculin skin test or tuberculin blood test is positive a chest x-ray is required.

• Your tuberculin skin test must be read in 48 to 72 hours and documented in millimeters, i.e., 0mm. A “negative” reading is not acceptable. A four-day reading is not accepted.

• If you have recently taken the MMR and/or Varicella vaccine (live vaccine) you must wait 4 weeks to take the tuberculin skin test or tuberculin blood test. Do NOT take the tuberculin skin test or tuberculin blood testing. You may have a chest x-ray done to preliminarily complete the tuberculin requirement.

6. **What is the reason for having the Tuberculosis health clearance requirements?**

Tuberculosis (TB) is a disease caused by bacteria that is spread through the air. It usually affects the lungs, but may damage other parts of the body as well and cause serious illness. People catch TB from someone who already has it. Anyone, of any nationality or age, can get TB, and without treatment, they can die. The good news is that with proper medication, TB can be cured.

7. **How can I meet the Tuberculosis health clearance requirements?**

Complete the TB Risk Assessment. If your TB Risk Assessment is positive, a TB skin test or blood test, and possibly a chest x-ray are required.

8. **Where can I receive Tuberculosis clearance?**

• Outside of the United States – A TB Risk Assessment must be performed by a U.S. licensed healthcare practitioner (M.D., D.O., A.P.R.N., or P.A.), within one year prior to enrollment. The U.S. licensed healthcare practitioner must document the state he/she is licensed in and license number. OR

• The University Health Services Manoa. We are located upper campus below Kennedy Theater. Our address is 1710 East West Road, Honolulu, HI 96822. OR

• Hawaii State Department of Health - Lanakila Health Center. Please call 808-832-5731 for location and hours.

9. **What are the health clearance requirements?**

a) Documentation of immunity to Measles, Mumps and Rubella diseases:

• Provide dates of receiving two doses of the live MMR vaccines are required.
  o Your first dose must have been given on or after your first birthday.
  o Your second MMR vaccine must have been given at least 4 weeks after the first vaccine OR

• Measles, Mumps and Rubella immunizations may be waived if:
  o You were born before 1957
b) Documentation of immunity to Varicella (Chickenpox) disease:
   • Provide dates of receiving two doses of the Varicella vaccines are required
     o Your first dose must have been given on or after your first birthday.
     o Your second Varicella vaccine must have been given at least 4 weeks after the
       first vaccine OR
   • Provide date of Varicella Disease OR
   • Varicella immunizations may be waived if:
     o Born in U.S. before 1980

c) Documentation of immunity to Tetanus/Diphtheria/Pertussis (Tdap) diseases:
   • Provide date of receiving one dose of TdaP administered on or after age 11

d) Meningococcal Conjugate (MCV) immunization is required for:
   • First year at our campus, and living in on-campus dormitory/residence hall,
     and age 21 years or younger.
   • One Dose must be given on or after the age of 16 years

10. **Where can I receive the MMR, TdaP, Varicella, and/or Meningococcal* Vaccines?**

   • Your personal provider, OR
   • Your country, OR
   • The University Health Services Mānoa. We are located on Upper Campus below
     Kennedy Theater. Our address is 1710 East West Road, Honolulu, HI96822.

11. **When is the University Health Services Mānoa open to meet health clearance
    requirements?**

    We are open Monday through Friday from 8am to 4pm. No TB skin test is administered on
    Thursdays. Appointments are encouraged but not required.

12. **Can I obtain my health clearance at places other than University Health Services Mānoa?**

    Yes, you can obtain health clearance from your physician or clinic. We only need the
    signed documentation of your TB and Immunization health records by a U.S. licensed
    healthcare practitioner.

13. **I am currently not in the United States, is it possible to meet the University of Hawai‘i
    health clearance requirements before coming to begin school?**

    Yes! The TB Risk Assessment, and/or tuberculin skin test or chest x-ray may be performed
    in your country by a U.S. licensed healthcare practitioner (M.D., D.O., A.P.R.N., or P.A.).
    The U.S. licensed healthcare practitioner must document the state he/she is licensed in
    and license number. Vaccinations can be done in your country and will be reviewed here
    at the Health Services.