Lesson Plans
from the institute

Creating a Supportive Environment for
Wai‘anae’s Children and Youth

Sheraton Mākaha
July 14-18, 1997
The following is a compilation of lesson plans designed by participants of the “Creating a Supportive Environment for Wai‘anae’s Children & Youth” Summer Institute held July 14-18, 1997 at the Mākaha Sheraton.

This institute was specifically designed for all teachers, administrators, counselors, school personnel, parents, and community members of Wai‘anae. It gave the community a chance to share ideas that would strengthen the support for all of their youth, and it also gave them a chance to learn about one such idea called resiliency, which is a person’s capacity to survive through life’s difficulties. Participants learned that resiliency can be fostered in youth by building protective factors into classrooms, families, and the community. By focusing on resiliency and protective factors, the institute reinforced the community’s view that Wai‘anae’s children and youth are not burdened with risk, but filled with promise.

Of the 65 participants at the institute, 45 opted to take the institute for 3 500-level credits from the University of Hawai‘i at Mānoa. To receive credit, each participant created 5 lesson plans that address at least one of the protective factors discussed during the institute. This is a compilation of their work along with an index that lists each of the primary protective factors and the page numbers of the corresponding lesson plans. With these lesson plans as a guide, Wai‘anae teachers will be able to adapt similar lessons for their classrooms.

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