

UNIVERSITY OF HAWAII

Bridge to Hope
Serving UH Welfare Recipient Students

DATE: October 22, 2010

FROM: Teresa Bill, UH Systemwide Coordinator
Bridge to Hope

RE: University of Hawai'i Recommendations for Study Hours

To facilitate First-to-Work participating students' full use of the VET and JST Educational Options for Supervised and Unsupervised Study Time, this memo articulates the University of Hawai'i's general recommendations for study outside of the classroom setting.

Unless otherwise indicated by the specific program or course syllabus: Two hours (2) of study per classroom contact hour is the minimum recommendation for academic success in all undergraduate educational programs. At the graduate level, the University recommends 3 hours of study per classroom hour.

Attached is a page from the April 2010 Memo from UH President Greenwood regarding Academic Calendars for the UH System in the context of instructional hours WASC Accreditation.



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HOURS/MINUTES OF INSTRUCTION PER SEMESTER
Based on Total Instructional Days

Number of Days	Class Length	Equivalent Hours	Equivalent Minutes (3 Credits)	Equivalent Minutes Per Credit
45	50 minutes	37.50	2250	750
44	50 minutes	36.67	2200	733
43	50 minutes	35.80	2150	717
31	75 minutes	38.75	2325	775
30	75 minutes	37.50	2250	750
29	75 minutes	36.25	2175	725
28	75 minutes	35.00	2100	700
27	75 minutes	33.75	2025	675
14	150 minutes	35.00	2100	700
13	150 minutes	32.50	1950	650

NOTE: Unit of Credit as defined in the Handbook of Accreditation 2008, by the Accrediting Commission for Senior Colleges & Universities, Western Association of Schools and Colleges, page 121.

Credit, Unit of: A quantification of student academic learning. One semester unit represents how much time a typical student is expected to devote to learning in one week of full-time undergraduate study (at least 40-45 hours including class time and preparation). Thus a six-week summer session might, if full-time, equate to six units. An alternative norm is one unit for three hours of student work per week (e.g., **one hour of lecture and two of study or three of laboratory**) for ten weeks per quarter or 15 weeks per semester. A full-time undergraduate student program should normally be 14 to 16 units, and, if full-time, no less than 12 units. More time is expected to be devoted to study at the graduate level, typically more than three hours of study for every hour in class. A full-time graduate program is normally nine units or less. Considerable excess allowed on grounds of student ability should be subject to special analysis and approval.