Who we are?

- **Amy Amper, Leeward CC Early College Counselor**
  - High Schools: James Campbell HS, Leilehua HS, Mililani HS, Waialua HS (Spring 2019)
  - DOE Complex-Areas:
    - Campbell/Kapolei
    - Leilehua/Mililani/Waialua

- **Chris "Poki" Pokipala, Leeward CC - Wai‘anae Moku Counselor**
  - High Schools: Kamaile Academy (Spring 2019), Nānākuli H&IS, Wai‘anae HS
  - DOE Complex-Areas:
    - Nānākuli/Wai‘anae

- **Jean StavRue-Pe‘ahi, Leeward CC Early College Counselor**
  - High Schools: Aiea HS (Fall 2018), Pearl City HS, Sacred Hearts Academy, Waipahu HS
  - DOE Complex-Areas:
    - Aiea/Moanalua/Radford
    - Pearl City/Waipahu
Outcomes for Today

- Become more familiar with UH degree requirements to assist with course selection with MOA schools
- Using STAR to advise EC students and transferring courses
- Leeward CC’s EC Counseling initiatives
Group Introductions

Please introduce yourself:

❖ Name
❖ School/Complex you represent
❖ Your role with Early College at your school
Handouts

- Leeward CC EC Counselors Contact Info
- Early College Program Chart
- STAR Tabs Guidebook
- 2017 Leeward CC AA Liberal Arts Program Sheet
- Leeward CC “About Early Classes”
What is “Liberal Arts?”

Liberal Arts is a general and pre-professional degree that provides the foundational skills of:

➔ Written & Oral Communication
➔ Problem Solving
➔ Critical Thinking
➔ Technology & Information Literacy
➔ Arts, Humanities, and Sciences
➔ Cultural Diversity and Civics
Leeward CC- Degree Requirements

Leeward CC- Associate of Arts in Liberal Arts
a.k.a. “AA- Liberal Arts”

Total credits - 60

*Courses and requirements may vary by UHCC campus
*Credits are 100-level or above
*Students must maintain a minimum GPA of 2.0 or higher
Foundations

“Foundation courses are intended to give students skills and perspectives that are fundamental to undertaking higher education.”

General Education Foundation Credits (12 credits)

- Written (FW) - 3 credits
- Symbolic Reasoning (FS) - 3 credits
- Global Multicultural Perspectives (FG) - 6 credits
Diversification

Diversification courses are intended to provide broad exposure to different domains of academic knowledge, while providing flexibility in course selection for students with various academic and/or career goals.

Diversification Credits (19 credits)

- Arts (DA), Literature (DL) and Humanities (DH) - 6 credits
- Social Sciences (DS) - 6 credits
- Biological Science (DB) - 3 credits
- Physical Science (DP) - 3 credits
- Lab (DO) - 1 credit
Electives (29 credits)

- Courses numbered 100-level and higher
- Not previously taken for General Education requirements
- Allows for course selection flexibility for various academic and/or career goals
Graduation/Focus Requirements

Courses may overlap/double count with General Education requirements

- Writing Intensive (W/I) - 2 courses
- Hawaiian, Asian, Pacific Focus (HAP) - 1 course
- Contemporary Ethical Issues (ETH) - 1 course
- Oral Communication - 1 course
What’s Been Taken - How it Fits

Foundation

Written (FW) - ENG 100

Symbolic Reasoning (FS) - MATH 100, 103, 140, 140X, 205, PHIL 110

Global Multicultural Perspectives - HIST 151 (FGA), GEOG 151 (FGC), MUS 107 (FGC)
Diversification

Arts (DA) - ART 101, ART 113, THEA 101

Humanities (DH) - ASAN 203, HWST 107, REL 151, REL 207

Social Sciences (DS) - ANTH 150, ECON 130, POLS 110, PSY 100, SOC 100, SOC 218

Physical Science (DP) - ASTR 110, GEOG 101, OCN 201

Biological Sciences (DB) - BOT 130, MICR 130

Lab (DO) - BOT 130L, GEOG 101L, MICRO 140, OCN 201L
<table>
<thead>
<tr>
<th>Electives</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASAN 205</td>
<td>IS 100, 103</td>
</tr>
<tr>
<td>ASTR 298</td>
<td>JPNS 101</td>
</tr>
<tr>
<td>CHN 101, 197</td>
<td>LSK 110</td>
</tr>
<tr>
<td>CULN 112</td>
<td>SP 151</td>
</tr>
<tr>
<td>ED 100</td>
<td>SP 251</td>
</tr>
<tr>
<td>ENG 204</td>
<td>TAG 101/FIL 101</td>
</tr>
<tr>
<td>HOST 101</td>
<td></td>
</tr>
<tr>
<td>HSER 100</td>
<td></td>
</tr>
<tr>
<td>ICS 101, 110, 111</td>
<td></td>
</tr>
</tbody>
</table>
Graduation/Focus Requirements

- Oral Communication- SP 151, 251
- Hawaiian Asian Pacific- HWST 107
- Writing Intensive- SP 251, ENG 204, ASAN 205
- Ethics- ASAN 205, REL 207
MOA Courses Coming Soon—

PHIL 100 (Humanities and Ethics)

PHIL 101 (Humanities and Ethics)

CHEM 161 & CHEM 161L (Physical Science and Lab)

CHEM 162 & CHEM 162L (Physical Science and Lab)

GEOG 102 (Global Multicultural Electives)

HLTH 125 (Elective)
Leeward CC EC Counseling Initiatives

● GOAL: Focus on The College Experience and developing soft skills for college
  ○ Orientation with High Schools
  ○ Self Registration
  ○ 9+ Credit Intake
  ○ Know.Act.Plan Intervention
  ○ 6-16 Initiative
THE Early College Challenge

- Requirements for 2-3 programs
  - a. High School
  - b. Leeward CC
  - c. Transfer (where they really want to go)

- Tools to use
  - a. STAR
  - b. UH Transfer System
  - c. UH Transfer Database
STAR & UH Transfer Database

- Star.hawaii.edu
  - View Degree Requirements and Progress
  - Register for classes
  - “What If” - How my classes transfer to other UH System programs
  - Scholarships
- hawaii.edu/Transferdatabase
KNOW, PLAN, ACT
Early College Counseling Model

Know
- Do you have all of the info you need to meet your goal?

Plan
- Do you have a plan to achieve your goal?

Act
- Did you take the action necessary to achieve your goal?

Follow Through
- Did you follow up to make sure your goal was accomplished?
Why?

- Created to develop students’ soft skills (self advocacy, utilizing available resources, etc)

- Increase students’ understanding that they’re taking a college class and therefore have college responsibilities

- Increase the number of students who are taking degree-relevant Early College courses
What is the Know, Plan, Act Counseling model?
KNOW

Do you have all of the information you need to meet your goal?

- What are you trying to accomplish?
- What are the requirements?
- What are the procedures?
- What are the deadlines?
- What tools do I need/can use?
- Who can assist?
- What problems/challenges might come up?
Do you have a plan to achieve your goal?

What are the next steps?
What are you going to do?
How are you going to do it?
How are you going to meet the requirements for the deadlines?
What is your timeline?
Follow through with the planned action steps

Revise as needed

Follow up (counselor & student)
How?

How do we use the Know, Plan, Act model?

- Intake with student completing 9 or more credits
- Meet with Seniors transitioning from Early College to high school graduation/full time college student
- Early intervention (Maka’ala) referral
- For future selection of Early College courses
Thank you for coming to our session and letting us share Leeward CC’s Early College Counseling experience with you