



Welcome to:

“Tips for Living in Hawaii”

Spring 2019

International Student Services

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Choose Cell Phone



1. Unlocked cell phone from home and purchase SIM card here.
 - buy SIM card at [Walmart](#) or [Target](#) or go directly to phone provider stores ([Verizon](#), [AT&T](#), [T-Mobile](#), [Sprint](#)).
2. Buy new cell phone and set up pre-paid plan.
 - more \$, SSN/credit check not required
3. Buy new cell phone and set up contract plan.
 - 2 years contract, need SSN/credit check



HOUSING

- Location, location, location-Waikiki and Manoa can be more expensive.
- Consider sharing apartment with roommate(s); share internet and cable costs.
- Don't pay for anything before seeing the place.
- Tip: If you will be taking the bus to commute to campus, check for housing along the bus route.
- Read your contract.





BANKING

- Open a local bank account to avoid costly ATM service charges or foreign credit card charges.
- Savings account? Checking Account?
- College or Student Checking Account.
- Checking card will allow you to pay for product and services easily.
- Bank services and cost vary considerably.
- Tip: American Saving Bank and University of Hawaii Federal Credit Union have on-campus locations.

Getting around



The Bus

- Avoid parking cost.
- Avoid insurance cost.
- Avoid gas cost.
- Avoid car maintenance cost.
- Download the app.
- Need exact fare- no change (\$2.75).

Biki-Bikeshare

Uber or Lyft

- Download the app.
- Request, ride, and pay via your phone.





UH-Commuter Services

Maximise commuting access to UH Manoa:

- Parking permits (car, moped, motorcycle)
- Carpool parking permits
- Shuttle Schedules
- Moped registration
- Free bike repair
- Secure bike cage parking
- EV Charging Provider
- Cost-effective car rental

*<https://www.hawaiicarrentals.net/hawaii-underage-driver-fees.php>



Rainbow Shuttle



- Free for UHM students, faculty, staff & visitor.
- Routes to Manoa Valley, Moiliili, Kaimuki & Makiki.
- Operates spring & fall semesters; 1st day of semester.
- Monday to Friday, during day and some evening hours.
- ADA-compliant; equipped with bike racks.
- Download UHM Shuttle App to track shuttle.



Shop Wholesale/Discount Stores

- Buy bulk food: can food/frozen food/dry food at large discount stores like Sam's Club and Costco.
- Shop for clothes, small home appliances at Ross, Walmart and Target for low prices.
- Share cost with roommates whenever possible.

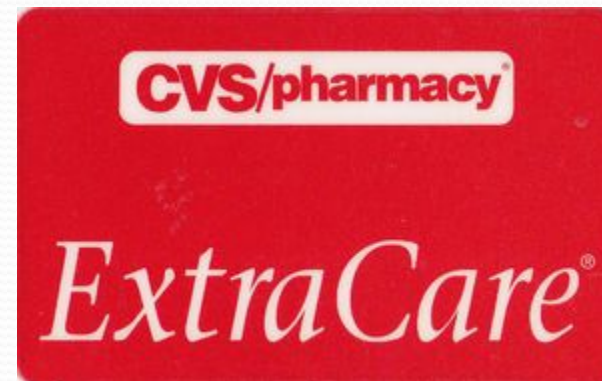




Major Oahu Grocery Chains

- Don Quixote - Grocery (near Ala Moana Shopping Center)
- Foodland Super Markets - Grocery (various locations)
- Times Supermarkets - Grocery (various locations)
- Safeway Stores - Grocery, Drugstore (various locations)
- Down to Earth - Grocery, Health market, Organic Food

Discount Cards



Pharmacies (Drugstores)

Long's Drugstore (CVS)- various locations.

Walgreens Pharmacy- various locations.

Many supermarkets also have pharmacies: Walmart, Safeway.



University Health Services Manoa Pharmacy Department located on campus, has wide variety of over-the counter medications at very affordable cost.

Shop Sales- be flexible & be creative

- Look for weekly specials, ads, coupons.

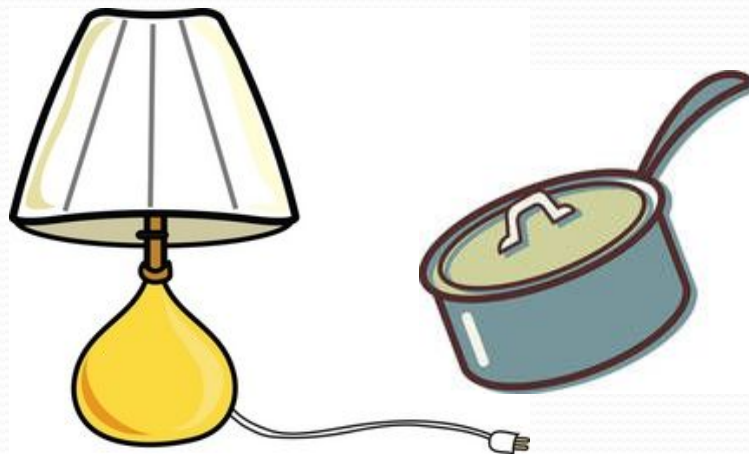


- Shop at local farmer's market or Chinatown
- Farmers' market listing [Hawaii Department of Agriculture](#)



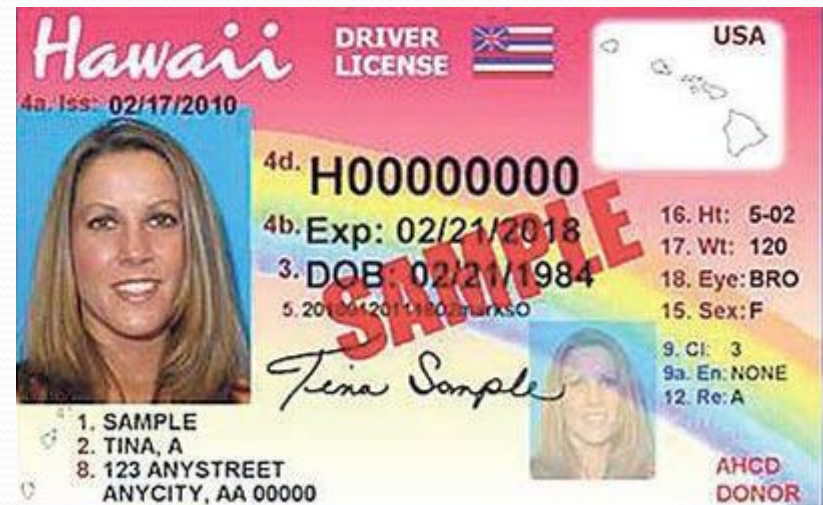
Thrift Stores

- Lightly used clothing, housewares, kitchenware, office supplies, small furniture, appliances.
- Women's Campus Club Thrift Shop-On campus.
- Salvation Army Thrift Store.
- Goodwill Hawaii.



Ask for kama'aina discount

If you live in Hawaii and have a local ID like the State ID or Hawaii driver license, you qualify for Kama'aina discount. Usually 10-15% off your purchase.



Meals

- Go out for breakfast and lunch, try to avoid dinner.
- You'll spend less for daytime meals than you will for dinner.
- Try locals' favorite eateries.
- Tip: Download the



app



Tipping

Show service providers that you appreciate what they've done for you.

- Airport porters: \$1-\$2 per bag
- Taxi drivers: 15%-20%
- Hotel Bellhops: \$2 per bag, \$5 per two bags
- Hotel housekeeping: \$2 per each day you stay
- Waiters: 15%-20%



Hawaii climate

- Mild temperature throughout the year, moderate humidity, persistence trade winds, significant differences in rainfall within short distances, occasional storms.
- Two seasons: Summer May-Oct
85-90°F (29-32°C)
Winter Nov-April
79-83°F (26-28°C)
- Winter is also rainy season: little downpour for a minute or two can happen anywhere on the island. Snow does not fall in Hawaii except for the peaks on Mauna Loa and Mauna Kea, both located on the island of Hawaii (Big Island).



Cold classrooms & rainy Manoa!





- General Medical Clinic & Specialty Clinics
Illness/Injury, Dermatology, Nutrition, Psychiatry,
Sports Medicine, Women's Health
- Immunizations
- Laboratory
- Pharmacy
- Travel Medicine
- After Hours Medical Care: "Medical Advise Line" Call
(808) 956-8965



URGENT CARE

- Urgent Care Hawaii- Waikiki
- Island Urgent Care-Kapahulu, Kahala, Hawaii Kai, Kakaako
- Kahala Mall Minute Clinic
- Kuhio Walk-In Medical Clinic

Hospitals

- Kaiser Permanente Moanalua Medical Center
- Kapiolani Medical Center for Women & Children
- Kuakini Medical Center
- The Queen's Medical Center
- Straub Clinic & Hospital







Out and About

- Avoid Jaywalking- Crossing the street outside of a crosswalk or away from street corner.
- Fine starting at \$130



Pedestrian Safety

STEPS TO SAFETY

- 
STEADY Start crossing when you see this signal. *This is the only time you may legally enter the crosswalk.*
- 
FLASHING Don't start crossing if this flashing signal appears. Finish crossing if you are already in the crosswalk.
- 
STEADY "Don't Walk". Remain at the curb when this signal appears. Push the pedestrian button and wait for the next walk signal.
- 
TIMER Don't start crossing if this signal appears. Finish crossing within the time remaining.

	Fine
Crossing on the "Don't Walk" or flashing signal	\$130
"Jaywalking"	\$130
Entering/crossing any roadway closed to pedestrian traffic	\$130
Failing to stop for pedestrians in same half of the roadway	\$130

Always use a marked crosswalk.
 Make eye contact. Look left, right, left again.
 Wear white, bright, or reflective clothing.



Out and About

No texting while crossing street

Starts October 25th, 2017

Fine: starts at \$15, escalates up to \$99 for recurrent





Out and About

- Have a valid ID on you- Hawaii State ID/driver's license
- Legal drinking age in Hawaii is **21**.
- Do not drink and drive.
- Legal smoking age is 21.
- No using cell phone/texting while driving- fine of \$200.
- Wearing seat belts is mandatory for all car occupants- front and back.



Free and low cost activities

- Most beaches and snorkel spots and hikes are free.
- Save money on gym fees and you'll find of peace of mind as you connect with the land and take advantage of the Hawaiian climate.
- Join community groups or events to get involved in your area.
- Get involved in sports or other recreational activities for fun and to meet people.

Download apps for hiking and outdoor activities!

Be safe and have fun!



808YOUTH.COM

Hawaii Youth Services Directory

Searchable database of government, private and nonprofit organization offering services or activities for children and youth in Hawaii



Mahalo!

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