

"Tips for Living in Hawai'i" Spring 2021 International Student Services

Karen Michael Mikel



Due to COVID-19 many on-campus offices and off-campus establishments, office and businesses have changed their operation hours and or services.

Please contact them directly for the most updated operation hours and services.



Undergoing Quarantine?

Review the <u>ISS Resources During</u> <u>Quarantine</u>.





hoose Cell Phone



- 1. Unlocked cell phone from home and purchase SIM card here.
- buy SIM card at Walmart or Target or go directly to phone provider stores (Verizon, AT&T, T-Mobile, Sprint).
- 1. Buy new cell phone and set up pre-paid plan.
- more \$, SSN/credit check not required
- Buy new cell phone and set up contract plan.
- 2 years contract, need SSN/credit check











HOUSING

- Location, location, location-Waikiki and Mānoa can be more expensive.
- Consider sharing apartment with roommate(s); share internet and cable costs.
- Don't pay for anything before seeing the place.
- Tip: If you will be taking the bus to commute to campus, check for housing along the bus route.
- Read your rental contract.





BANKING

- Open a local bank account to avoid costly ATM service charges or foreign credit card charges.
- Savings account? Checking Account?
- College or Student Checking Account.
- Checking card will allow you to pay for product and services easily.
- Bank services and cost vary considerably.
- Tip: <u>American Saving Bank</u> and <u>University of Hawai'i</u> <u>Federal Credit Union</u> have on-campus locations.

Transportation mode:



The Bus

- Avoid parking cost.
- Avoid insurance co\$t.
- Avoid gas/car co\$t.
- Day, monthly, annual pass available.
- Download the app: DaBUS2
- Need exact fare- no change (\$2.75).
- Bus Route on Campus:
 - A going towards Ala Moana Ctr: Sinclair Circle
 - 4 going towards Chinatown/Nuuanu: University/Dole (by Sinclair Circle), Banan
 - 6 going towards Ala Moana/Chinatown: across Banan on Metcalf/Uni. Ave., across music building on Uni. Ave.





Transportation mode:







Biki-Bikeshare

<u>Uber</u> or <u>Lyft</u>

- Download the apps.
- Request, ride, and pay via your phone.



UH-Commuter Services

Maximise commuting access to UH Mānoa:

- Parking permits (car, moped, motorcycle)
- Carpool parking permits
- Rainbow Shuttle
- Moped registration
- Free bike repair
- Secure bike cage parking
- EV Charging Provider
- Cost-effective car rental

^{*}https://www.hawaiicarrentals.net/hawaii-underage-driver-fees.php



Shop Wholesale/Discount Stores

- Buy bulk food: can food/frozen food/dry food at large discount stores like <u>Sam's Club</u> and <u>Costco.</u>
- Shop for clothes, small home appliances at Ross,
 Walmart and Target for low prices.
- Share cost with roommates whenever possible.





Major Oahu Grocery Chains

- Don Quixote Grocery (near Ala Moana Shopping Center)
- Foodland Super Markets Grocery (various locations)
- Times Supermarkets -Grocery (various locations)
- Safeway Stores Grocery, Drugstore (various location\$)
- Down to Earth Grocery, Health market, Organic Food

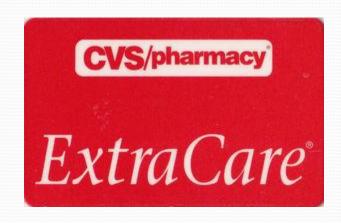


Discount Cards











Shop Sales- be flexible & be creative

• Look for weekly specials, ads, coupons.





Pharmacies (Drugstores)

Long's Drugstore (CVS)- various locations.

Walgreens Pharmacy- various locations.

Many supermarkets also have pharmacies: Walmart, Safeway.



University Health Services Mānoa
Pharmacy Department located on
campus, has wide variety of over-the
counter medications at very affordable
cost.





Farmers' market listing <u>Hawai'i Department of</u>
<u>Agriculture</u>

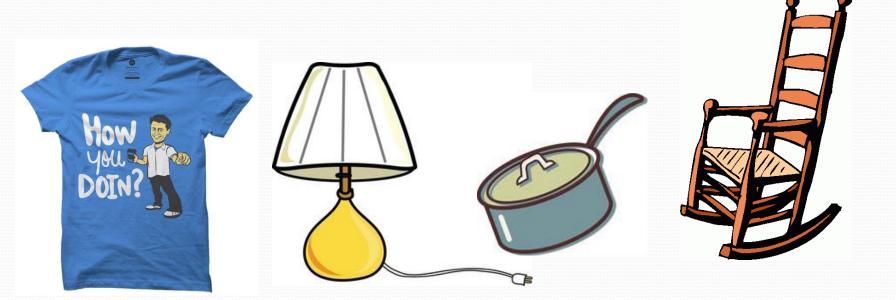






Thrift Stores

- Lightly used clothing, housewares, kitchenware, office supplies, small furniture, appliances.
- Salvation Army Thrift Store.
- Goodwill Hawai'i.





Ask for kama'aina discount

If you live in Hawai'i and have a local ID like the State ID or Hawai'i driver license, you qualify for Kama'aina discount. Usually 10-15% off your purchase.





Meals



- Go out for breakfast and lunch, try to avoid dinner.
- You'll spend less for daytime meals than you will for dinner.
- Try locals' favorite eateries.
- Tip: Download the





Tipping



Show service providers that you appreciate what they've done for you.

- Airport porters: \$1-\$2 per bag
- Taxi drivers: 15%-20%
- Hotel Bellhops: \$2 per bag, \$5 per two bags
- Hotel housekeeping: \$2 per each day you stay
- Waiters: 15%-20%





Hawai'i climate

- Mild temperature throughout the year, moderate humidity, persistence trade winds, significant differences in rainfall within short distances, occasional storms.
- Two seasons: Summer May-Oct

Winter Nov-April

• Winter is also rainy season: little downpour for a minute or two can happen anywhere on the island. Snow does not fall in Hawai'i except for the peaks on Mauna Loa and Mauna Kea, both located on the island of Hawai'i (Big Island).





Cold classrooms & rainy Mānoa!





UNIVERSITY HEALTH SERVICES MANOA

- General Medical Clinic & Specialty Clinics
 Illness/Injury, Dermatology, Nutrition, Psychiatry, Sports
 Medicine, Women's Health
- Immunizations
- Laboratory
- Pharmacy
- Travel Medicine
- Telehealth Appointment-call (808) 956-8965
- After Hours "Medical Advise Line"-call (808) 956-8965
- UHMS's Patient Access Portal



URGENT CARE

- Urgent Care Hawai'i- Waikiki
- Island Urgent Care-Kapahulu, Kahala, Hawai'i Kai, Kakaako
- Kahala Mall Minute Clinic
- Kuhio Walk-In Medical Clinic



Hospitals

- Kaiser Permanente Moanalua Medical Center
- Kapiolani Medical Center for Women & Children
- Kuakini Medical Center
- The Queen's Medical Center
- Straub Clinic & Hospital





Avoid Jaywalking- Crossing the street outside of a

crosswalk or away from street corner.

• Fine starting at \$130



Pedestrian Safety

STEPS TO SAFETY



Start crossing when you see this signal. This is the only time you may legally enter the crosswalk.



Don't start crossing if this flashing signal appears. Finish crossing if you are already in the crosswalk.



"Don't Walk". Remain at the curb when this signal appears. Push the pedestrian button and wait for the next walk signal.



Don't start crossing if this signal appears. Finish crossing within the time remaining.

	Fine
Crossing on the "Don't Walk"	
or flashing signal	.\$130
"Jaywalking"	.\$130
Entering/crossing any roadway closed	
to pedestrian traffic	.\$130
Failing to stop for pedestrians	
in same half of the roadway	.\$130

Always use a marked crosswalk.

Make eye contact. Look left, right, left again.

Wear white, bright, or reflective clothing.



Honolulu Police Department Traffic Division 529-3105





No texting while crossing street

Starts October 25th, 2017

Fine: starts at \$15, escalates up to \$99 for recurrent





- Have a valid ID on you- <u>Hawaii State ID/driver's</u> <u>license</u>
- Legal drinking age in Hawai'i is 21.
- Do not drink and drive.
- Legal smoking age is 21.
- No using cell phone/texting while driving- fine of \$200.
- Wearing seat belts is mandatory for all car occupantsfront and back.







Free and low cost activities

- Stay healthy: yoga, swimming, etc.
- Join <u>UH Mānoa campus club or organization</u>
- <u>8o8youth.com</u> Searchable database of government, private and nonprofit organization offering services or activities for children and youth in Hawai'i

Be safe and have fun!



Mahalo!

International Student Services

2600 Campus Rd

Queen Liliuokalani Center for Student Services Room 206
Honolulu, HI 96822

Phone: (808) 956-8613

Email: issmanoa@hawaii.edu