

# Lyon Arboretum Fall Classes 2010



silk scarf class photo by Wendy Kamai

## Silk Painting: Make a Silk Scarf

Wendy Kamai

Create your own colorful silk scarf for a colorful one-of-a-kind accessory. Create colorful fluid designs on silk fabric, using a wax resist process. Utilize dyes created specifically for use with silk to get vibrant intense color. Learn how to use salt as a drying agent to get impressive results with simple designs!

Saturday October 9, 2010

9:30 –11:30

\$25 (\$22 LAA)

## COOKING CLASSES:

### Chocolate, Chocolate!

Nat Bletter

A Chocolate history, chocolate tasting and chocolate making class. Learn about the many varieties of cocoa beans and chocolate, Aztec and Mayan uses of chocolate, & **how to make your own chocolate bars from the bean.** Varieties of chocolate bars whether milk or dark, raw or roasted, single origin or blended, and fruity or nutty are increasing exponentially. Learn how to look at the ingredients and sort out the tasty healthy ones from the rest. In the class everyone will participate in making delicious chocolate bars from scratch after a short talk on the history of chocolate with some tastings, and you'll go home with recipes and a bar of hand-made chocolate.

Saturday, October 2

1-3 pm

\$25 (\$23 LAA)

### Holiday Themes from the Kitchen

Alyssa Moreau

Alyssa Moreau shares some ideas for the Holidays. Learn how to make some special holiday dishes that are healthy and delicious. Alyssa's menu for this class includes: Vegetarian Crab Cakes w/ Remoulade, "Market fresh" greens & vegetable salad w/ Lemon Poppyseed Dressing, Phyllo Galette w/ Macadamia Nut Creme and Ratatouille Filling, and Chocolate Peppermint Choc Chip Cookies w/ Spiced Chai.

Saturday October 9, 2010

10 am to 12 noon

\$20 (\$18 LAA)

### Fast & Hot, Straight from the Wok!

Ryan Murakami

Last spring Ryan treated us with an amazing array of delicious "Asian street foods." Ryan is back for another great class, this time showcasing some of the many possibilities with a wok...Join him for an ono & entertaining class!

Saturday November 13, 2010

9:30 – 11:30 am

\$20 (\$18 LAA)

## CHILDREN'S CLASSES:

### Volcanic Art and Science

Ambesa, Jill Laughlin, Richard Sears & Jamie Krolkowski

We are planning a volcanic eruption of art and science in our children's garden! In this three day, hands-on class, we will be building a mosaic volcano in the middle of the children's garden and learning all about volcanic activity in Hawai'i. We'll learn all the steps involved in creating mosaics from an experienced mosaic artist. Learn about the Hawaiian hotspot, Hawaiian volcanoes and volcanic activity...it will be a blast! Lyon's education staff will be assisting with this special hands-on art & science class. Join the fun in this creative class! Class size limited. For children currently in grades 1-5.

October 4, 5, 6

8:30 am—2:30 pm

\$120



### Rainforest Explorations

Jill Laughlin, Richard Sears & Jamie

Krolkowski

Two full days of hands-on, minds-on activities at the Arboretum. We'll do some hiking, explore rainforest ecosystems, learn about Hawaiian culture and do some garden science. This is a great opportunity for kids who love the outdoors, and those who'd like to learn more about Hawaii's natural history. For children currently in grades 1-5.

October 7, 8

8:30 am—2:30 pm

\$80

## **STEPPING STONES CLASSES Sponsored by The Garden Club of Honolulu and Lyon Arboretum:**

### **Basics of Good Gardening**

**Bubba Walker, Jean Thomas, & Sue Girton**

Maximize successful planting in your garden – the importance of plant selection, soil preparation and fertilization.  
Friday, September 24, 2010 9:30 – 11:30 a.m. \$15

### **Gardening at Home, Gardening the Wilderness: Invasives in Hawai`i**

**Suzanne Case & Trea Menard (TNC Hawai`i)**

Learn how to identify these plants in your garden, what to plant as alternatives.  
Friday, October 15, 2010 9:30 – 11:30 a.m. \$15

### **Propagating Color: Croton & Coleus**

**Glenn Nii of Charles Nii Nursery**

Add bright accents to your garden with these versatile and easy to propagate plants.  
Friday October 29, 2010 9:30 – 11:30 a.m. \$15

### **A Hawaiian Thanksgiving: Weaving Coconut Frond Bowls**

**Mahina & Cheryl Pukahi**

Decorate your holiday table with rustic Hawaiian style bowls filled with fruits, nuts or whatever you fancy!  
Friday November 5, 2010 9:30 – 11:30 a.m. \$15 + \$5 supply fee

### **Beautiful Holiday Swags from your Garden**

**Ann Kadowaki**

Assemble easy decorations for your front door with materials gathered from the garden. Hands on.  
Friday December 10, 2010 9:30 – 11:30 a.m. \$15 + \$5 supply fee

**Call 988-0461 to register for these classes.**

#### **Our Instructors:**

**Ambessa** is a freelance mosaic artist who has created several island mosaic installations and has taught mosaic art to adults and children. You can also watch for him in the new 'Pirates of the Caribbean 4'...he's our favorite pirate!

**Nat Bletter** is an ethnobotanist at the University of Hawai`i-Manoa, and has made chocolate for over 5 years.

**Wendy Kamai** is an accomplished artist who works in a multitude of media...painting, textiles, weaving, ceramics, lauhala, jewelry and many more. Wendy teaches with VSA Pacific at the Academy of Arts Linekona, and enjoys sharing her knowledge of contemporary and traditional arts with others.

**Alyssa Moreau** is a personal chef with a focus on healthy vegetarian meals. She's taught at KCC in the non-credit culinary program for the past nine years, and offers private cooking lessons and dietary consultation for individuals with health challenges. Alyssa also prepares food for the Kokua Market Coop deli department and was a contributor to the DASH of Aloha Cookbook.

**Ryan Murakami** is an accomplished local musician (bass, drums, guitar) producer, & songwriter for Ooklah the Moc and Father Psalms Studio. Owner of Concious-Nest Catering, and a former vegetarian chef at the Kokua Market Deli. In high school, Ryan learned authentic Indian home cooking from an Indian grandmother.

**Jill Laughlin, Richard Sears and Jamie Krolkowski** are full time education staff at the Lyon Arboretum.



**Watch our Website for more fall classes!**

[www.hawaii.edu/lyonarboretum](http://www.hawaii.edu/lyonarboretum)