

Secrets of Success in High School Sport: Coaching and Parenting for Talent and Character

McKinley High School Auditorium

Free clinic for coaches and parents of student athletes!

Attendees who pre-register are eligible to win 1 of 2 UH Souvenir Footballs, autographed by Coach McMackin!

Kick-Off Speaker:
UH Assistant Football Coach Dick Tomey



UHAD



HESAA



OIA



ILH

Presenters:

- Dick Tomey, Hawaii Warriors Special Teams Coach
- Dan Gould, PhD, Director, Institute for the Study of Youth Sports (ISYS), Michigan State University
- Kristen Dieffenbach, PhD. USA Cycling Coach and Asst. Professor, West Virginia University
- Larry Lauer, PhD, Director Coaching Education and Development, Institute for the Study of Youth Sport (ISYS), Michigan State University

Agenda:

- 5:45 -6:15 Meet and greet in Auditorium courtyard
- 6:15 p.m. Dick Tomey, UH Football
- 6:30 p.m. Larry Lauer, MSU
- 7:15 p.m. Kristen Dieffenbach, WVU
- 8:00 p.m. Panel Discussion, moderated by Dan Gould, MSU

Panel Members:

Pal Eldredge, Jim Leahey, Chris McLachlin, Lori Santi



Pre-register at:

<https://sites.google.com/site/secretsofsuccesshssport/>



Clinic Highlights

Interscholastic sports participation numbers in Hawaii (and the U.S.) are on the rise. For the 8th consecutive year, the National Federation of High Schools (NFHS) reports an increase in sport participation in virtually every interscholastic sport that is played in Hawaii – by boys and girls alike. In concert with the rise in participation rates, have been a corresponding increase in visibility and status of the high school sport experience, and a shift in expectations, pressures, and risks that accompany the experience.

Join in a conversation with some of the nations top Sport Psychology experts and several local sports figures as they share their insights into the impact of sport participation on the development, health, and well being of young people. This **FREE** clinic for parents and coaches is co-sponsored by UH-Manoa, OIA, ILH, HAHPERD, and HHSAA members. It is offered in conjunction with the annual conference of the Association for Applied Sports Psychology (AASP), Sheraton Waikiki, Sept. 22-24.

Topics Include:

- 1.) “Achieving Optimal Performance through Age-Appropriate Coaching and Parenting Practices”
- 2.) “Performing on the Big Stage: Keys to Success among NCAA, Olympic, and Professional Athletes and Teams”
- 3.) “Enhancing Youth Development through School Sport”



Dieffenbach



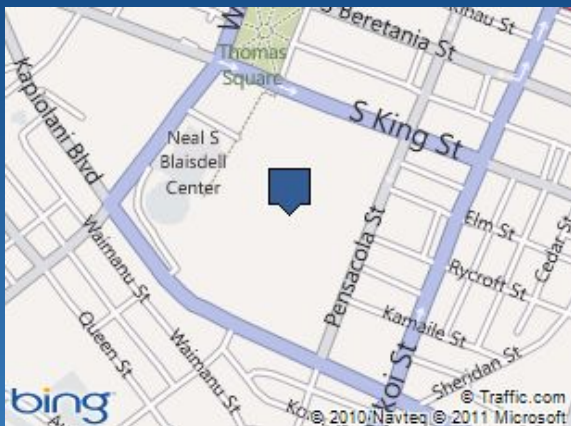
Tomey



Lauer



Gould



Map and Directions to: McKinley High School (1012 South King St.)

Proceed on Pensacola St. (1-way makai direction) to the Main Entrance on the right side of Pensacola St. Main Parking Lot is on your immediate right. Registration table and reception is in the courtyard outside of the main auditorium.



Pre-register at:

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[GOOGLE MAP](#)

Invited Speakers:

Dick Tomey, former UH head coach, returns to the Aloha Stadium sidelines as special teams coach for the Warriors in 2011. Coach Tomey coached Hawai'i for 10 seasons from 1977-86 and is a member of the school's Sports Circle of Honor. At UH, Tomey led the Rainbow Warriors into the Western Athletic Conference in 1979 and the program's first national ranking in 1981. Tomey guided the Rainbow Warriors to a pair of runner-up finishes in the WAC and four seven-plus win seasons. Tomey was head coach at the University of Arizona from 1987-2000 and led the Pac-10's Arizona Wildcats to seven bowl appearances in 14 seasons and a No. 4 national ranking in 1998 after a 12-1 season. More than 35 of his coaching protégées are either in the National Football League or coaching at the NCAA FBS level.

Kristen Dieffenbach is an assistant professor of Athletic Coaching Education at West Virginia University and is an Association of Applied Sport Psychology certified consultant. Currently she is the coaching education representative on the NASPE Sport Steering Committee and is on the board for the National Council for Accreditation of Coaching Education. Dr. Dieffenbach also serves as an advisory board member with the USA Cycling coaching education committee. Kristen is also a professional coach with a category 1 (elite) USA Cycling license and a Level II endurance specialization from USA Track and Field. She has coached for over 15 years at the high school, collegiate, recreational, and elite levels.

Larry Lauer is the Director of Coaching Education and Development in the Institute for the Study of Youth Sports (ISYS) at Michigan State University. Larry is the lead consultant for Championship Performance Consulting. He is the Sport Psychology Consultant to USA Hockey's National Team Development Program and consults with athletes, teams and coaches from the youth to professional levels of sport. Dr. Lauer is a coaching educator for USA Hockey and assists the USTA in junior player camps and parent workshops. An AASP Certified Consultant and listed in the United States Olympic Committee Sport Psychology Registry, 2008-2012, Larry was named one of the 100 Most Influential Sport Educators in America by the Institute for International Sport. Larry is the first editor of the USTA Mental Skills and Drills book. He also has written in many popular magazines and was a correspondent to NHL.com writing mental toughness articles during the 2008 National Hockey League playoffs.

Dan Gould is the Director of the Institute for the Study of Youth Sports and Professor in the Department of Kinesiology at Michigan State University. He is actively involved in research and has been published widely. Dr. Gould has studied the psychological characteristics of Olympic champions, performance enhancement, the stress-athletic performance relationship, sources of athletic stress, and stress and burnout in young athletes. Dan's current research focuses on athletic talent development, the role parents play in junior tennis, how coaches teach life skills to young athletes, and an assessment of the most pressing issues involved in high school sports. He served on the U.S. Olympic coaching development committee for ten years. He also has been a performance enhancement consultant for numerous Olympic athletes and coaches. Along with research, Dan currently does individual consulting with athletes, coaches, and parents.



AAHPERD – SW DISTRICT



HAHPERD



Discussion Panel Members

- **Pal Eldredge**: parent, sports commentator, coach & teacher
- **Jim Leahey**: parent, sportscaster, television/radio host
- **Chris McLachlin**: parent, sports commentator, athletic director, coach & teacher
- **Lori Santi**: parent, sports commentator, coach & teacher

Hawaii Sport Education Consortium:

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