UNIVERSITY OF HAWAIʻI SYSTEM
Legislative Testimony

Written Testimony Presented Before the
House Committee on Finance
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By
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HB 1703 HD1 – RELATING TO THE UNIVERSITY OF HAWAII

Chair Luke, Vice Chair Nishimoto, and members of the House Committee on Finance, thank you for this opportunity to provide comments on this measure.

The University of Hawaiʻi at Mānoa is in complete support of this measure that establishes three (3) full-time psychologists and one (1) full-time case manager at the University of Hawaiʻi at Mānoa.

As you are well aware, college students are facing greater and more complex challenges in their personal and academic lives. Presenting issues amongst our students include anxiety, stress management, and suicidal ideations. We work hard to attend to all of our students. Our current team of psychologists, psychiatrists, and interns do an amazing job with limited resources.

The University of Hawaiʻi at Mānoa currently has 6.5 faculty positions, 1 temporary faculty position, 3 post-doc therapists, 3 doctoral Interns, and 2 doctoral practicum trainees. As the total number of students serviced each year increases, in the 2014-15 school year, the University has serviced approximately 1,300 students for close to 8,000 hours of therapy. The number of times students have sought services range from one intake appointment to over 30 individual therapy appointments. In the Fall 2015 semester, 559 intake appointments were scheduled, 296 emergency Blue Line appointments were scheduled, and 2591 therapy appointments were scheduled. On average, there are 32 hours each week dedicated to intakes, 40 hours of emergency Blue Line, and over 160 psychotherapy appointments available to undergraduate and graduate students.

However, the waitlist, which is for non-urgent clients, had 67 students on the list as of November 12, 2015, with an average number of days on the list being 7.17 days. As of February 01, 2016, 33 students are on the waitlist with an average numbers of days on the list is 16.06 days.

The demand for mental health services have increased across the country. According to data from the American College Health Association National College Health Assessment Fall 2014 Reference Group with in the last 12 months, 54% felt

overwhelming anxiety, 32.6% felt so depressed that it was difficult to function, and 8.1% seriously considered suicide. This data increased in the Spring 2015 Reference Group, with 56.9% felt overwhelming anxiety, 34.5% felt so depressed it was difficult to function, and 8.9% seriously considered suicide.

Any efforts to increase services to our students would be very much appreciated. These new positions will help to alleviate the current heavy workload on our therapists and increase our abilities to reach out to the campus through proactive educational efforts. Your investment in the University of Hawai‘i at Mānoa will have a long lasting impact and will create a legacy of those who supported the students of higher education in our state.

We support the intent of this legislation provided that its passage does not replace or adversely impact priorities as indicated in the University’s Board of Regents Approved Budget.

Thank you for your consideration.