

# PMA First General Meeting



**Wednesday, January 27, 2016**  
**Bilger 150**

# Agenda

**5:00 - Doors Open**

**5:30 - Welcome!**

**Guest Speakers**

**Break**

**Logistics**

**Event Sign-Ups**

# PMA Mission

- To provide its members with events and activities relevant to the field of healthcare, such as community service and medical education opportunities
- To connect members with professionals in the healthcare community
- To expose members to underserved areas, academic institutions, and organizations related to healthcare
- To help members meet other students with similar academic and career goals

# Advisor- Dr. Kiana Shiroma



**Director, Pre-  
Health/Pre-Law  
Advising Center**

# Guest Speaker



**Speaker: Loreto Coloma Jr.**

# Guest Speaker

## Counseling and Student Development Center (CSDC) @ QLC



# Guest Speaker



**PIH | Engage**

A grassroots movement  
advancing the right to health

**Speakers: Sylvia and Nick**

5 Minute Break



# President- Sylvia Koo



**Major:** Molecular Cell Biology

**Class Standing:** Junior

**Semesters in PMA:** 5

**Plans After Graduation:**

Attend medical school; Surgery related

# President



# President

## Pre-Medical Association Membership:

- Open to any student part of the University of Hawaii system
- Open to all pre-health fields
- Open to all majors

## Active Status:

- Membership Points (MP) 2500
- Fundraising Points (FP) 70

# President

- Cancellation Policy
  - Sign ups: 72 hours prior to event
  - 200MP deduction for cancellations made less than 48 hours before event
  - May affect consideration for limited events

# President

Do you Instagram?

Follow us at  
**premed\_uhm!**

Don't worry, we'll follow  
back



# President



Test Prep Scholarship (MCAT, DAT, GRE, etc)

- \$2299 VALUE

- Silent Auction Date will be announced

# Vice President- Abraham Kwan



**Major:** Molecular Bioscience and Biotechnology

**Class Standing:** Junior

**Semesters in PMA:** 5

**Plans After Graduation:** Medical School; Cardiology

# Vice President



## Graduation Gift:

- Active status: **2 semesters** + semester graduating (Total 3 semester)
  - Exception: Members who join their final year in college- need to be active for the entire year leading up to their graduation
- Record of past active status for it to count as active status (Active Status Certificates, or on record since Fall 2013)



# Vice President

## Want to be a part of the 2016-2017 Executive Board?

- Qualifications - Active status: 1 semester
- Nominations: [premed@hawaii.edu](mailto:premed@hawaii.edu)
  - Yourself or someone else (Nominator will remain anonymous)
  - **Due: February 24, 2016**
  - Nominee application due: March 18, 2016

# Vice President

- Election: 3rd General Meeting (April 6, 2016)
  - Candidate speeches
  - Paid members can vote during that meeting



# Secretary- Krissen Lee



**Major: Biology**

**Class Standing: Junior**

**Semesters in PMA: 3**

**Plans After Graduation: Medical School**

# Secretary

- Membership Forms
  - Only accepted with membership dues
  - **Deadline: February 24, 2016**
- Sign-Up Slips
  - Double sided
  - Must turn in one per person
  - Submit at the end of the meeting

# Secretary

## *CERTIFICATES!*



# Treasurer- Jessica Cabusog



**Major: Biology**

**Class Standing: Sophomore**

**Semesters in PMA: 3**

**Plans After Graduation:**

- Medical school
- Pediatrics/Geriatrics

# Treasurer- Jessica Cabusog

**Making a committee: Up to 3 members!**

- E-mail me at [jcabusog@hawaii.edu](mailto:jcabusog@hawaii.edu) if you are interested and we can set a mini-interview.

**\*\*\*For this semester ONLY\*\*\***

**Fundraising Point Requirement= 70FP**

# Treasurer- Fundraisers

- **Car Wash (Saturday, March 19 @ Waialae Chevron)**
  - 1st Shift: 8:30-12:30 = **25 FP**
  - 2nd Shift: 11:30-3:30 = **25 FP**
  - Both shifts= **50 FP**



# Treasurer- Fundraisers

- **Krispy Kreme**

**\$12/box  
5FP/box**

- Pre-Sale begins: TODAY, Wed. Jan 26
- Pre-Sale ends: Friday, Feb 26 by 3PM in PAC
- Pick- Up date: Friday, March 4 @ 10-PM @ CC

- **Cookie Corner**

- Pre-Sale begins: Wed. Feb 24
- Pre-Sale ends: Tues. March 22 by 3PM in PAC
- Pick- Up dates:
  - April 6 @ 3rd General Meeting
  - April 8 @ 10-3:30PM @CC

**\$6/bag  
3FP/bag**

# Director of Community Service- Lea Lacar



**Major:** Biochemistry

**Class Standing:** Junior

**Semesters in PMA:** 5

**Plans After Graduation:**

Medical School (Cardiology,  
Nephrology, or Oncology)

# Director of Community Service- Lea Lacar

## Great Aloha Run Expo

- **WHEN:** February 14, 2016
  - 8:30am-11:30am (5) - 11:00a-2:00p (15)
  - 1:30-4:30p (20) - 4:00p-6:30p (18)
- **WHERE:** Neal Blaisdell Exhibition Hall
- **WHAT:** KP Wheel Game, Nutrition Related Activities, Grip Strength tests, Reaction Time tests, waiver signing, line control, clean up (last shift only)

**Sign up by SUNDAY JANUARY 31, 2016**

# Director of Community Service- Lea Lacar

## Great Aloha Run 2016

- **WHEN:** February 15, 2016  
4:45a-11/12p
- **WHERE:** Aloha Stadium
- **WHAT:**
  - Medical staff!
  - Spotters
  - Assistants



[www.kpgarcommunity16.org](http://www.kpgarcommunity16.org)

**DEADLINE**

**SUNDAY JANUARY 31, 2016**

# Director of Community Service- Lea Lacar



## Heart Ball 2016

- **WHEN:** February 27, 2016  
6p-12a
- **WHERE:** Sheraton Waikiki  
Resort
- **WHAT:**



American  
**Heart**  
Association®

- registration, finances, technology, silent auction, special events, Strike-a-Pose, live auction, Ignite!, clean up

*heart ball* **FRIDAY JANUARY 29, 2016**

# Director of Community Service- Lea Lacar



*heart ball*

## Heart Ball 2016

- **TRAINING:**

- February 10 5:45-6:45p
- February 13 9:30-10:30a

- **WHAT:**

- registration, finances, technology, silent auction, special events, Strike-a-Pose, live auction, Ignite!, clean up

**DEADLINE**

**FRIDAY JANUARY 29, 2016**





# Director of Medical Education- Charles Kim



**Major:** Psychology

**Class Standing:** Senior

**Semesters in PMA:** 5

**Plans After Graduation:**

-Medical school (Family Med)

# **Director of Medical Education- Charles Kim**

## **Medical Education (Med Ed) Events**

**200 MP per hour**

**50 MP PMA shirt/polo**

**Events usually start around 5pm**





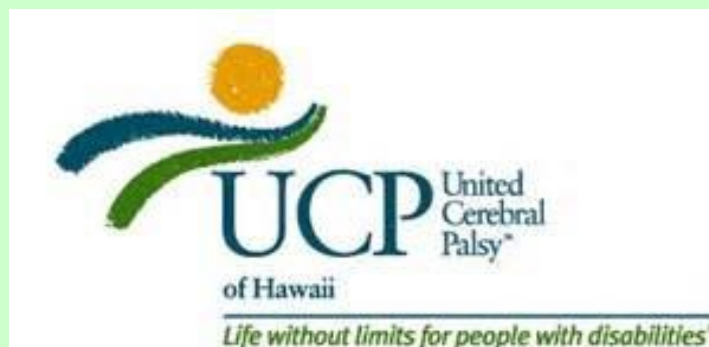
# Director of Medical Education- Charles Kim

**United Cerebral Palsy Association of Hawaii  
(UCPAHI)**

**February 9th**

**5:00 -- 6:00pm**

**CC 309**



# Director of Medical Education- Charles Kim

## Hawaii Meth Project Presentation

February 17th

5:00 -- 6:00pm

Hemenway 204



[HawaiiMethProject.org](http://HawaiiMethProject.org)

# Director of Medical Education- Charles Kim

**Elderly Care Q&A  
(Katelyn Shirai)**

**February 16th  
5:00 -- 6:00pm  
CC 309**



# Director of Medical Education- Charles Kim

## Critical need for Platelets (Blood Bank of Hawaii)

Need patients to be scheduled for apheresis appointment

Contact: 848-4770



# Director of Student Relations - Jamie Wong



**Major:** Molecular Cell Biology  
**Class Standing:** Junior  
**Semesters in PMA:** 3  
**Plans After Graduation:**  
Attend medical school and  
work in Pediatrics!

# Director of Student Relations - Jamie Wong

## BEACH BBQ !!!



**Feb. 15th**  
**3-6PM @**  
**Waimanalo Bay**  
**Beach Park**

# Director of Student Relations - Jamie Wong

## SUNSET HIKE !!!



**Feb. 28th 4-  
6PM @  
Makapu'u Point  
Lighthouse Trail**



# Director of Student Relations - Jamie Wong

## PMA RETREAT !!!



**March 24-26**  
**@ Malaekahana**  
**Beach**  
**Campground**  
**\$15**

**PLEASE RSVP!!!**



# Webmaster- Sean Saito



**Major:** Mechanical Engineering  
**Class Standing:** Junior  
**Semesters in PMA:** 5  
**Plans After Graduation:** Attend  
medical school!

# Webmaster

- Photos Page  
Keep posting on  
Facebook!

# Webmaster

- Members → Points spreadsheet
- Events → Calendar and event sign-ups
- Records → 2015-2016 Membership Application and Waiver form

# Webmaster

iDecide Instagram contest on February 4th at  
Campus Center from 10am-2pm

# Final Announcement

## Next General Meeting:

Wednesday, February 24, 2016

Bilger 150

Doors open at 5:00pm

Meeting starts at 5:30pm

# Thank You!

Please turn in your event sign-up  
slips in the box up front!