

# PMA Second General Meeting



**Wednesday, October 7, 2015**  
**Art 132**

# Agenda

- **Guest Speaker**
- **BREAK**
- **Executive Board**
  - **Logistics**
  - **Upcoming events**
- **Event Sign-Ups**

# Guest Speaker



**ROSS UNIVERSITY**  
SCHOOL OF MEDICINE

**Lori Muramoto**

**Sr. Associate Director of Admissions**

**Ross University**



**BREAK TIME**

5 minutes



**President**

**MEMBER**  
OF THE  
**MONTH**

is...(drumroll)

# President

*Stefhanie Gonzales!*



# President

## PAC KAPLAN TEST PREP SCHOLARSHIP

- Submit an essay (5000 characters max) on why you are applying for the type of school the test is appropriate for to Kiana Shiroma ([kianak@hawaii.edu](mailto:kianak@hawaii.edu))
- Deadline is November 5



# President



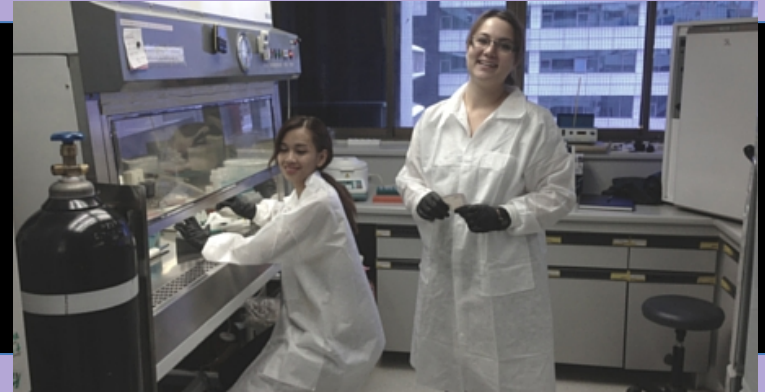
# Vice-President

## SimTiki Volunteer

- Volunteer who can commit a few hours 1-2 times a week
- Website: [www.simtiki.org](http://www.simtiki.org)
- Contact: Eileen Beamis  
[ebeamis@hawaii.edu](mailto:ebeamis@hawaii.edu)



# Vice-President



## Minority Health and Health Disparities International Research Training (MHIRT) Program

- Conduct research (Spring 2016)
- Conduct an 8 week research project in Thailand or Cameroon on health and health disparities (Summer 2016)
- Application: <http://manoa.hawaii.edu/tropicalmedicine/mhirt>



# Vice-President

## Kaplan SAT/ACT Instructor

- Must have an SAT/ACT score above 90th percentile in ALL sections
- Starting rate: \$20/hour; flexible schedule
- Minimal 6-month commitment
- Contact Ann Peckskamp: [ann.peckskamp@kaplan.com](mailto:ann.peckskamp@kaplan.com)
- Visit: <http://bit.ly/KaplanJobDescriptions>



# Secretary

- Membership Forms
  - Only accepted with membership dues
  - **DUE: Wednesday, October 14, 2015  
at 4:00pm at PAC (Sinclair 108)**
- Event Sign-Ups
  - Double sided
  - Submit at the end of the meeting



# Treasurer

- **REMINDER: Car Wash #1 this Saturday!**
- **Car Wash #2: Saturday, November 7**
  - **Location: Waialae Chevron**
  - **1) 8:30-12:30 PM**
  - **2) 11:30-3:30PM**
  - **OR both shifts**
  - **25 FP/shift**

Lunch will be provided for all, but lunch breaks will only be provided for both shift people.

- **Look at the Vital Sign for more info!**

# Treasurer

- **Halloween Bake Sale: Friday, October 30**
- **Outside of Sinclair Library**
- **9AM-2PM**
- **After the meeting, come to the front & sign up for:**
  - **Tabling**
  - **Poster Making**
  - **and/ Food**

# Director of Community Service

*Congratulations to our new committee members!*



Zuri Shanklin, Rochelle Mae Cadiente, Lynn Luu, Mayumi Fernandez, Lindsey Miyamoto, Nick Muneno

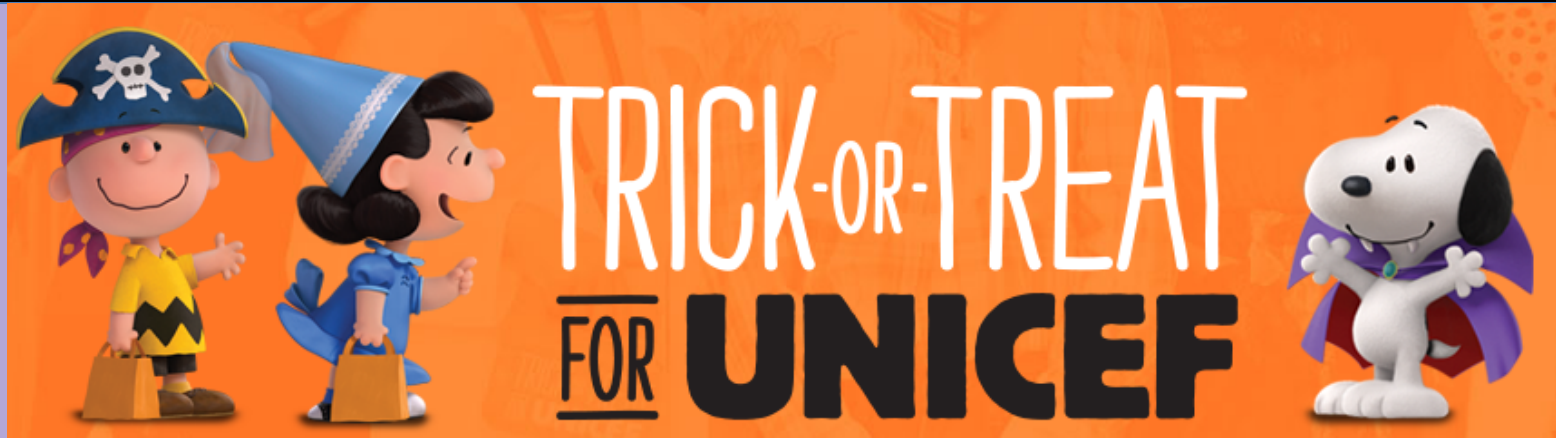
# Director of Community Service



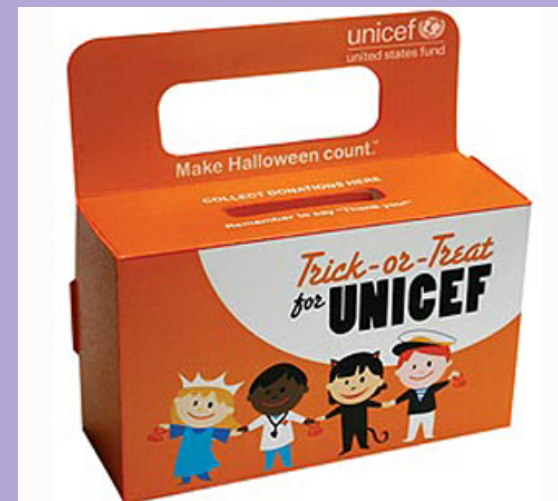
## **American Red Cross** Hawaii State Chapter

- Complete Volunteer Profile: <http://www.redcross.org/hi/honolulu/volunteer>
- Volunteer Opportunities:
  - Administrative Support
    - 1-5 volunteers needed
    - 3-4 hours once a week (weekends okay)
    - Sign-up with me by Oct 16
  - Home Fire Preparedness Campaign
    - Safety Educator
    - Documenter
    - Thursdays, Fridays and/or Saturdays 7:30a-12p

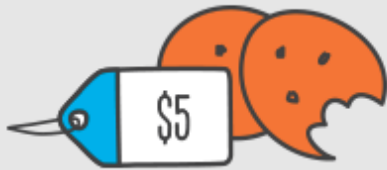
# Director of Community Service



- charity fundraiser to collect money for kids in need
- points based on amount collected
- reserve your box today!



## IT'S SCARY HOW MUCH GOOD YOU CAN DO!



**Five days of food for a  
malnourished child**



**A year's worth of clean  
safe water for a child**



**Measles protection for  
100 kids**



**Malaria protection for  
100 kids**



**A pump to give an entire  
village clean water**

# Director of Community Service

- **WHEN:** October 11, 2015
  - 6:30-11:30a



- **WHERE:** Magic Island Beach Park
- **WHAT:** Course Marshals

Sign up has passed :( Contact me for waiting list!

# Director of Community Service

- **WHEN:** October 18, 2015
  - Shift 1: 6:30-10a
    - I Am the Cure! Rovers (8)
    - First Aid Rovers (4)
    - Volunteer Table (5)
  - Shift 2: 9a-12p
    - Race Clean Up (20)
- **WHERE:** Kapiolani Park



Sign up by October 16 11:59p!



# Director of Community Service



## 6th Annual Making Strides Against Breast Cancer of Honolulu

- **WHEN:** October 24, 2015  
5:00a-11:00a
- **WHERE:** Richardson Field/  
Ford Island

Sign up deadline: 10/16/2015

# Director of Community Service



- **WHEN:** October 25, 2015  
8a-2p
- **WHERE:** Bishop Museum
- **WHAT:**
  - Registration
  - Workshops
  - Snack distribution
  - Pedestrian traffic Control

**Sign up deadline: 10/18/2015**

# Director of Community Service

## UCPAHI Dessert Fantasy 2015

- **WHEN:** November 1, 2015  
12-3p
- **WHERE:** Pacific Beach Hotel  
Grand Ballroom
- **WHAT:**
  - Set-up, serving, and clean-up



**LIMIT OF 15**

**Sign up deadline: 10/18/2015**

# Director of Community Service

## March of Dimes Governor's Ball

- **WHEN:** November 7, 2015  
4p-9:30/10p
- **WHERE:** Waikiki Sheraton Ballroom
- **WHAT:**
  - Help with registration and silent auction
  - Evening/cocktail wear



# Director of Community Service

## CSFP Senior Food Box Packing

- **WHEN:** November 21, 2015  
8:30am-12:30pm
- **WHERE:** Hawaii Foodbank
- **WHAT:**
  - Help pack “healthier choice” food boxes for our Oahu senior citizens



**Headcount deadline: October 24**  
**Final Sign-Up: November 6**

# Director of Medical Education

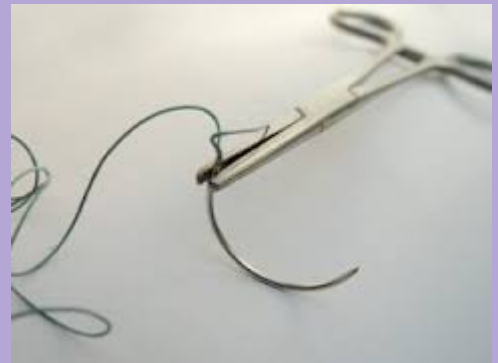
## Suture Lab at JABSOM w/ MSMP

October 17, Saturday

10:00am -- 11:30am, 12:30pm -- 2pm

**Limited Event: 15 slots PMA members**

**RSVP to me by Friday 4:00pm**



# Director of Medical Education

## First Aid Skills

October 22, Thursday

CC 307

5:00pm -- 6:00pm

**Might be limited**



# Director of Medical Education

## Introduction to Podiatry

**October 28, Wednesday**

**CC 307**

**5:00pm -- 6:00pm**





# Director of Medical Education

Dr. Cass Nakasone, M.D

What: Orthopedic Surgery Presentation

When: October 13, Tuesday 5:30-6:30pm

Where: CC 307



# Director of Medical Education

## Med Ed Committee

**Thank you to everyone who applied!**

- **8 Selected**
- **Will provide you more Med Ed events**
- **Who are they?**



# Director of Medical Education

**Lynn Nguyen!**



# Director of Medical Education

**Ben Massey!**



# Director of Medical Education

**Katelyn Shirai!**



# Director of Medical Education

**Marina Matsui!**





# Director of Medical Education

**Andy Yu!**



# Director of Medical Education

**Charlenee Caraang!**





# Director of Medical Education

**Caleb Hsu!**



He requested this



# Director of Medical Education

**Amandalin Rock!  
(Mandy)**

**Here is her event...**

**Hi!**



# Director of Medical Education

## Blood Pressure Readings and the Basic Health Assessment

When: October 17, Thursday 5:00-6:00pm

Where: CC 307

Who: 20 people



# Director of Student Relations

## Koko Head Hike!

October 17th  
6:00-9:00 AM



# Director of Student Relations

**Halloween  
Interclub Social**  
October 30th  
7:00-9:30 PM  
Campus Center  
307



# **Director of Student Relations**

**NEW T-SHIRTS!**

**PURCHASE OR PICK-  
UP AT PAC NEXT  
monday (10/12)!**

# Webmaster

## iDecide: Organ Donor Pledge

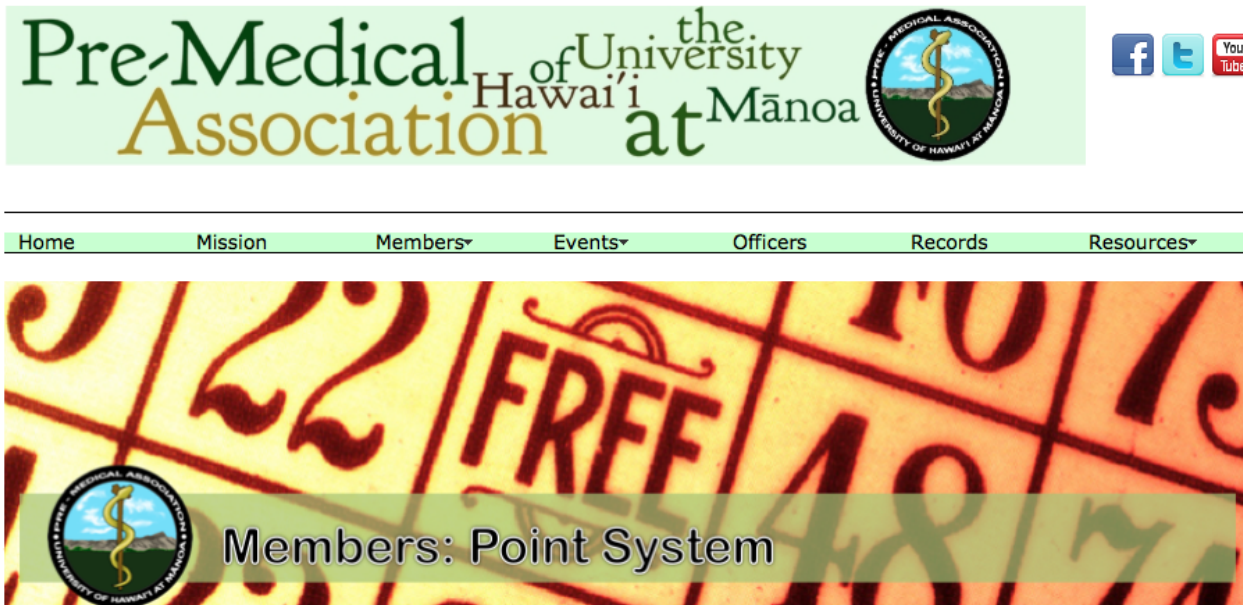
- Thank you everyone who pledged to be an organ donor!
- 100 mp for everyone who sent a screenshot of their confirmation page to [premed@hawaii.edu](mailto:premed@hawaii.edu)



iDecide Hawai'i



# Webmaster



## Points System

Every event you attend hosted by the Pre-Medical Association will award you points. The purpose of the point system is to measure member participation in PMA events. The currently point system awards points based on an "hour" system rather than a "per event" system, which ensures that members who achieve Active Status have invested the same amount of time in the club, and helps the organization to distinguish and recognize members who have risen above and beyond the expected amount of service.

Point spreadsheet is now up to date!!!



# **Final Announcement**

## **Next General Meeting:**

Wednesday, November 4, 2015  
6:00 p.m. (Doors open 5:30 p.m.)

Art 132

**Thank You!**

**Please turn in your  
sign-up slips to the  
box up front!**