

University of Hawai'i Mānoa
Frequently Asked Questions Regarding Health Clearance
March 2022

What are the University of Hawai'i Mānoa health clearance requirements?

1. A Tuberculosis Clearance must be obtained:
 - within 12 months prior to your start date with the University OR
 - it can be done at age 16 or older, but must be administered by a U.S. Licensed Provider

2. Documentation of immunizations/vaccines. Blood tests or titers to prove immunity are no longer accepted by the Hawai'i Department of Health (DOH):
 - Measles, Mumps, and Rubella (MMR)
 - Tetanus/Diphtheria/Pertussis (Tdap)
 - Varicella
 - Meningococcal Conjugate Vaccine* (A, C, Y, W-135) is required for first-year students living in on-campus housing only and those aged 21 and younger.

3. The following vaccinations are HIGHLY RECOMMENDED; please discuss with your healthcare provider:
 - Serogroup B Meningococcal (MenB)
 - Polio
 - Human Papilloma Virus
 - Hepatitis A
 - Hepatitis B
 - COVID-19

Why does the University of Hawai'i have health clearance requirements?

Immunizing individuals helps to protect the health of our student body and University community. The State of Hawai'i mandates the Tuberculosis, MMR, Tdap, Varicella, and Meningococcal* clearances be met for entrance to post-secondary educational institutions. (*Hawai'i Administrative Rules, DOH Title 11, Chapter 157*).

What happens if I have not met the University of Hawai'i health clearance requirements?

You may not attend in-person classes until you have received health clearance.

How do I submit my health clearance documentation to the University Health Services Mānoa? TO SUBMIT YOUR HEALTH CLEARANCE FORMS, PLEASE CHOOSE ONE OF THE FOLLOWING OPTIONS:

Secure Document Upload:

1. Access your Patient Access Portal at <https://healthservices.hawaii.edu>
2. Login with your UH username and password
3. If you receive an error message that says you don't have an account, please send an email to uhsmit@hawaii.edu from your UH email address with your first and last name, informing us that you need an account created for uploading purposes.
4. Click on "Upload my health clearance documents"
5. Click on "Add Immunization Record"
6. Upload each document, then click on Save
7. Once processed, you will see the word **Acknowledged** across your document. Please allow 3-5 business days for processing and verification.

OR Mail: University Health Services Mānoa
University of Hawai'i - Mānoa
1710 East West Road
Honolulu, Hawaii 96822

OR FAX:
(808) 956-3583

What are the Tuberculosis health clearance requirements?

- All students must complete the TB Risk Assessment Form and have a U.S. licensed healthcare provider (M.D., D.O., A.P.R.N., or P.A.) sign your completed form.
- If coming from a foreign country, you will need to locate a U.S. licensed healthcare provider in your country. Please try the U.S. Embassy in your country for assistance. The U.S. licensed provider must document the U.S. state they are licensed in and their license number.
- If your TB Risk Assessment is positive, a TB skin test or blood test, and possibly a chest x-ray are required.
- If in Hawai'i, the TB Risk Assessment Form may be completed at the University Health Services Mānoa, or the Hawai'i Department of Health Lanakila Health Center, or a private physician's office or clinic.
- If a TB skin test is needed, testing takes 2 to 7 days to complete. Please allow enough time if completing this in the U.S.
- If your tuberculin skin test or tuberculin blood test is positive a chest x-ray is required.
- Your tuberculin skin test must be read in 48 to 72 hours and documented in millimeters, i.e., 0mm. A "negative" reading is not acceptable. A four-day reading is not accepted.
- If you have recently taken the MMR and/or Varicella vaccine (live vaccine) you must wait 4 weeks to take the tuberculin skin test or tuberculin blood test. Do NOT take the tuberculin skin test or tuberculin blood testing. You may have a chest x-ray done to preliminarily complete the tuberculin requirement.

What is the reason for having the Tuberculosis health clearance requirements?

Tuberculosis (TB) is a disease caused by bacteria that is spread through the air. It usually affects the lungs, but may damage other parts of the body as well and cause serious illness. People catch TB from someone who already has it. Anyone, of any

nationality or age, can get TB, and without treatment, they can die. The good news is that with proper medication, TB can be cured.

How can I meet the Tuberculosis health clearance requirements?

Complete the TB Risk Assessment. If your TB Risk Assessment is positive, a TB skin test or blood test, and possibly a chest x-ray are required.

Where can I receive Tuberculosis clearance?

- Outside of the United States – A TB Risk Assessment must be performed by a U.S. licensed healthcare practitioner (M.D., D.O., A.P.R.N., or P.A.), within one year prior to enrollment. If coming from a foreign country, you will need to locate a U.S. licensed healthcare provider in your country. Please try the U.S. Embassy in your country for assistance. The U.S. licensed provider must document the U.S. state they are licensed in and their license number.
- Here, at the University Health Services Mānoa. We are located upper campus below Kennedy Theater. Our address is 1710 East West Road, Honolulu, HI 96822. OR
- Hawaii State Department of Health Lanakila Health Center. Please see <https://health.hawaii.gov/tb/tb-testing-locations-times/> location and hours.

What are the other requirements for health clearance - MMR, Varicella, Tdap, Menveo/MCV4*, and COVID?

1. Documentation of the Measles, Mumps and Rubella vaccines:
 - Provide dates of receiving two doses of the live MMR vaccine
 - Blood tests or titers are no longer acceptable proof of immunity.
 - Your first dose must have been given at age 1 or older
 - Your second MMR vaccine must have been given at least 4 weeks after the first vaccine
 - Measles, Mumps and Rubella immunizations may be waived if:
 - You were born before 1957
2. Documentation of the Varicella (Chickenpox) vaccines:
 - Provide dates of receiving two doses of the Varicella vaccine

- Your first dose must have been given at age 1 or older
 - Your second Varicella vaccine must have been given at least 4 weeks after the first vaccine
 - OR your Healthcare provider must sign the date you had the Varicella Disease
 - Varicella immunizations may be waived if:
 - Born in the U.S. before 1980
3. Documentation of Tetanus/Diphtheria/Pertussis (Tdap) diseases:
- Provide date of receiving one dose of Tdap administered on or after age 11
 - The Td or DTP vaccines are NOT valid.
4. *If Residing in on-campus dorm, and a first-year University student age 21 years or younger, documentation of the Meningococcal Conjugate* (MCV4) immunization is required.
- One dose must be given on or after the age of 16 years

Where can I receive the MMR, Tdap, Varicella, and/or Meningococcal* Vaccines?

Your personal provider, OR

Your country, OR

The University Health Services Mānoa. We are located on Upper Campus below Kennedy Theater. Our address is 1710 East West Road, Honolulu, HI 96822.

When is the University Health Services Mānoa open to meet health clearance requirements?

- We are open Monday through Friday from 8am to 4pm.
- TB skin test are not administered on Thursdays as the test must be read in 2 to 3 days and the clinic is not open on weekends or holidays.
- Appointments are encouraged and can be made on the your Patient Access Portal: <https://authn.hawaii.edu/cas/login?service=https%3a%2f2fhealthservices.hawaii.edu>
- Or by calling the Health Services at 808-956-8965.

Can I obtain my health clearance at places other than University Health Services Mānoa?

Yes, you can obtain health clearance from your physician or clinic. We only need the signed documentation of your TB and Immunization health records by a U.S. licensed healthcare practitioner.

I am currently not in the United States, is it possible to meet the University of Hawai'i health clearance requirements before coming to begin school?

Yes! The TB Risk Assessment, and/or tuberculin skin test or chest x-ray may be performed in your country by a U.S. licensed healthcare practitioner (M.D., D.O., A.P.R.N., or P.A.). The U.S. licensed healthcare practitioner must document the state he/she is licensed in and license number.

Vaccinations or Immunizations can be done in your country by your healthcare provider and will be reviewed here at the Health Services.