

Yoga

FOR EVERY-BODY



11.15.2017

SIGN UP HERE: [HTTPS://TINYURL.COM/YOGA4EVERYBODY](https://tinyurl.com/yoga4everybody)

1ST SESSION AT 9:30AM • 2ND SESSION AT 11:30AM • HELD IN THE STUDENT LOUNGE

STUDENT ACTIVITIES BOARD INVITES YOU TO ROLL OUT YOUR YOGA MATS FOR EVERY-BODY. STRESSING OVER MIDTERMS? BRING YOUR FRIEND, PRACTICE YOGA, AND ACHIEVE PEACE AND HARMONY FOR YOUR BODY AND MIND WITH OUR YOGA INSTRUCTOR **EMILY BOLL, WELLNESS COACH AND OWNER OF REAL WELLNESS CO.**

PLEASE BRING YOUR OWN YOGA MATS AND WATER BOTTLES



STUDENT ACTIVITIES BOARD
HONOLULU COMMUNITY COLLEGE
874 DILLINGHAM BLVD BLDG 2-113
PH: 808-845-9498
<http://programs.honolulu.hawaii.edu/studentlife/>



@honcc_sab
@honolulucc
#honccsab
FALL 2017