

Yoga

FOR EVERY-BODY



Tuesday 1.24.2018

SIGN UP HERE: [HTTPS://TINYURL.COM/YOGA4EVERYBODY](https://tinyurl.com/yoga4everybody)

1ST SESSION AT 9:30AM OR 2ND SESSION AT 11:30AM • HELD IN THE STUDENT LOUNGE (2-111)

STUDENT ACTIVITIES BOARD INVITES YOU TO ROLL OUT YOUR YOGA MATS FOR EVERY-BODY. STRESSING OVER MIDTERMS? BRING YOUR FRIEND, PRACTICE YOGA, AND ACHIEVE PEACE AND HARMONY FOR YOUR BODY AND MIND WITH OUR YOGA INSTRUCTOR **EMILY BOLL, WELLNESS COACH AND OWNER OF REAL WELLNESS CO.**

PLEASE BRING YOUR OWN YOGA MATS AND WATER BOTTLES OR ONES WILL BE PROVIDED



STUDENT ACTIVITIES BOARD
HONOLULU COMMUNITY COLLEGE
874 DILLINGHAM BLVD BLDG 2-113
PH:808-845-9498
<http://programs.honolulu.hawaii.edu/studentlife/>



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SPRING 2018