



A KETOGENIC LIFESTYLE SESSION WITH

DR. JODI NISHIDA
“FOOD AS MEDICINE”

Get the right information

Generate long term health, minimize the use of prescription medicines, feel better and understand the concept of food as good medicine.

When and Where

April 22, 2019, Monday

Room 412 Queen Lili`uokalani Center for Student Services, UH Manoa campus

1130 am - 100pm. Free and Open to all students, faculty, staff and community members. Bring a friend!

About Dr. Nishida

Dr. Nishida is a Doctor of pharmacy, trained in cardiovascular disease, ketogenic nutrition and treatment. www.ketoprescription.com

RSVP: Text 808 222-5591, Message: KETO and #attending