



PEER MENTOR OHANA
SPONSORS:

MEDITATION WITH CHINESE HEALING ART

Relieve your stress while listening
to a special song and tracing
Chinese Calligraphy.

THIS WEEK:
MONDAY 4-5PM
WEDNESDAY 6:30-7:30PM
THURSDAY 4-5PM
FRIDAY 4-5PM

Sign Up Form:

<https://forms.gle/kD7HYatgARLdEhFZ9>

*We apologize if any events are postponed due to
emergency. Thank you for your understanding.