## FEEL, HEAL, & PAINT

Tuesday April 2, 2024 2:30pm=4:30pm Campus Center

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Stress and trauma can impact anyone. Take a break and join us at this self-care activity as we paint our hearts, and healing journeys.

Open to all students. Limited seats are available. RSVP Today!





Meet our partners: Confidential Mānoa Advocate, PAU Violence, University Health Services Mānoa/Health Promotions, Counseling and Student Development Center, Office of Title IX, and Ka Malu a Wa'ahila