

FOOD OPTIONS ON/NEAR THE UH MANOA CAMPUS

It is recommended that you call in advance to any of the near-campus establishments as their hours of operation may change with little or no notice; all phone numbers are 808 Area Code.

ON CAMPUS

Paradise Palms Cafe (nearest to East-West Center, 956-7229)

Domino's Pizza Express	Mon – Fri: 10:00am – 6:00pm
Honolulu Gourmet	Mon – Fri: 7:00am – 4:00pm
India Café Curry Express	Mon – Fri: 10:00am – 4:00 pm
L&L Hawaiian Barbecue	Mon – Fri: 7:00am – 4:30pm
Panda Express	Mon – Fri: 10:00am – 6:00pm
Super Gyros	Mon – Fri: 10:00am – 4:00pm
The Curb	Mon – Fri: 7:00am – 6:00pm

Campus Center Food Court (about a 5 minute walk from East-West Center)

Cafeteria (2nd Floor)

Mon – Fri: 7:00am – 4:00pm

Choose from plate lunches, sushi, bentos, burgers, salad bar, and offers lots of grab-n-go items

Jamba Juice (2nd Floor)

Mon-Thurs: 7:00am – 5:00pm

Fri: 7:00am – 4:00pm

Pizza Hut Express (1st Floor)

Mon- Fri: 10:00am - 2:30pm

Simply To Go (2nd Floor)

Mon - Fri: 8:00am – 3:00pm

Grab-and-go sandwiches, pastries, etc.

Starbucks (2nd Floor)

Mon – Thurs: 6:00am – 10:00pm

Friday: 6:00am – 6:00pm

Espressos, Lattes, Pastries, etc.

Taco Bell Express (1st Floor)

Mon-Fri: 10:00am – 3:30pm

Ba-Le (in Hemenway Hall, 1st Floor - about 7-10 minute walk from East-West Center, 956-6462)

Mon-Thurs: 10:30am - 8:00pm

Fri: 10:30am - 9:00pm

Ba-Le offers French/Vietnamese cuisine such as Pho, deli sandwiches, summer rolls, salads, Bubble Tea drink, and more.

BC Burrito (Saunders Hall, made to order burritos)

Mon-Fri: 8:00am – 2:00pm

Cooking Fresh For You (East-West Road by Kennedy Theatre)

Mon-Fri: 10:00am – 2:00pm

Da Spot Health Foods & Juices (Sustainability Courtyard – Between HIG and Kuykendall Hall)

Mon – Fri: 10:00am – 2:00pm

Da Spot offers global (Hawaiian, Egyptian, Mediterranean, European & Asian) vegetarian items and over 15 combinations of different fruit smoothies

Golden River Catering (Holmes Hall)

Mon-Fri: 9:30am - 2:00pm

Golden River offers local and Chinese plate lunches

Govinda's (Sustainability Courtyard – Between HIG and Kuykendall Hall)

Mon-Fri: 10:00am – 2:00pm

Govinda offers items that are low cholesterol, vegetarian and mostly organic

Le Crepe Café (Richardson School of Law)

Mon – Thur: 7:45am – 5:30pm

Friday: 7:45am – 2:00pm

Le Crepe Café offers traditional French crepes which specializes in sweet and savory crepes using fresh organic ingredients when possible plus coffee drinks.

L & L Hawaiian Barbeque (lower campus, Athletic Building, about a 15 minute walk from East-West Center)

Mon – Fri: 7:00am – 5:00pm

Both locations offer local and Asia-American plate lunches

Simply Ono (Bio-Medical Building, B106 and Krauss Hall Turnaround)

Bio-Med Location: Mon-Fri: 10:00am – 2:00pm

Krauss Hall Location: Mon – Fri: 10:00am – 1:45pm

Simply Ono offers large portions of local plate lunches

The Bean Counter (Shidler College of Business, First Floor)

Mon – Thurs: 7:30am – 8:00pm

Friday: 7:30am – 4:30pm

Serves local brewed coffees with full espresso bar, bagels, wraps, healthy salads and desserts

In Resident Dorms

Gateway Café (in the resident dorm area)

Mon – Thurs: Breakfast 7:00am – 11:00am, Lunch 11:00am – 2:00pm, Dinner 4:30pm – 8:00pm

Friday: Brunch 10:00am – 1:30pm, Dinner 4:30pm – 6:30pm

Sat / Sun: Closed

This café serves as the primary dormitory eating establishment. Gateway Café offers Brunch, Breakfast, Lunch, and Dinner Buffet menus depending on the day of the week.

Hale Aloha Cafe (in the resident dorm area, 956-7968)

Mon-Thur: 4:30pm - 8:00pm

Fri: Closed

Sat: Brunch 10:00am - 1:30pm, Dinner 5:00pm - 7:30pm

Sun: Brunch 10:00am - 1:30pm, Dinner 5:00pm - 8:00pm

This cafe serves as the primary dormitory eating establishment. Hale Aloha offers Brunch, and Dinner Buffet menus depending on the day of the week.

NEAR CAMPUS

L - Lunch

D - Dinner

FF - fast food, take-out, counter service, most have tables to eat at

CD - casual dining, sit down, table service

\$ - under \$10 per person

\$\$ - under \$20 per person

Manoa Area / Manoa Marketplace

1. **Andy's Sandwiches & Smoothies** (988-6161, across Mānoa Marketplace at 2904 East Manoa Road) FF, \$
Mon-Thu: 7:00am - 5:30pm
Sat: closed
Sun: 7:00am - 2:00pm
2. **Asia Mānoa** (988-2828, northern Chinese cuisine, 2801 East Mānoa Road) CD, \$\$
Mon – Sun: 10:30am – 9:00pm
3. **Boston Pizza** (988-1055 2740 East Manoa Road) L, \$
Mon-Sun: 11:00am – 9:00pm
4. **Fendu Boulangerie** (988-4310, pastries, sandwiches, pizzas, Mānoa Marketplace) FF, \$
Mon – Sat: 7:30am - 7:00pm
Sun: 7:30am – 3:00pm
5. **Island Manapua** (988-5441, chinese food, plate lunch, dim sum, Mānoa Marketplace) FF, \$
Mon-Fri: 7:30am - 8:00pm
Sat: 7:30am - 7:00pm
Sun: 8:30am - 5:00pm
6. **Island Sub & Burger** (988-2685, Mānoa Marketplace) FF, \$
Mon - Sat: 10:00am – 7:30 pm
Sun: 11:00am - 3:00 pm
7. **Mānoa BBQ** (988-4979, local style plate lunches, Mānoa Marketplace) FF, \$
Everyday: 9:00am - 9:00pm
8. **Mānoa Sushi** (988-5577, Mānoa Marketplace) FF, \$
Mon – Sat: 9:00am – 8:00pm
Sun: 9:00am – 7:00pm
9. **McDonald's** (988-2219, Mānoa Marketplace) FF, \$
Mon-Thu: 5:00am - 10:00pm
Fri / Sat: 5:00am - 11:00pm
Sun: 5:00am - 9:00pm
10. **Nishi Mon Cho Ramen** (988-9928, ramen - Japanese noodles, 2851 East Mānoa Rd) \$
11. **O-Bok** (988-7702, Korean, 2756 Woodlawn Drive) CD, \$
Mon: closed
Tue-Sun: 10:00am - 8:00pm

12. **Paesano** (988-5923, Italian, Mānoa Marketplace) CD, \$\$
Mon-Th: (L) 11:00am - 2:00pm, (D) 5:00pm - 10:00pm
Fri / Sat: (L) 11:00am - 2:00pm, (D) 5:00pm - 10:00pm
Sun: (D) 5:00pm - 9:30pm
13. **Peppa's Korean BBQ** (988-1088, Mānoa Marketplace) CD, \$
14. **Safeway Deli** (988-2058, sandwiches to go, 2855 East Mānoa Rd) FF, \$
Everyday: 7:00am - 10:00pm
15. **Starbuck's** (988-9295, coffee house, across Mānoa Marketplace) FF, \$
Mon-Fri: 5:30am - 11:00pm
Sat / Sun: 6:00am - 10:00pm
16. **Subway** (988-1666, Mānoa Marketplace) FF, \$
Mon – Fri: 7:00am – 9:00pm
Sat: 8:00am – 9:00pm
Sun: 9:00am – 8:00pm
17. **The Coffee Bean and Tea Leaf** (988-6134, coffee house, 2754 Woodlawn Drive) FF, \$
Everyday: 5:30am - 9:30pm
18. **Tokoname Sushi Bar & Restaurant** (988-8656, Japanese, 2855 East Mānoa Rd) CD, \$\$
Mon-Sun: (L 11:00am – 4:00pm) (D 4:00pm – 11:00pm)
19. **Waipuna Sushi** (988-1200, take-out sushi, 2801-B East Mānoa Road) FF, \$
Mon – Thurs: 10:00am – 8:30 pm
Fri – Sun: 9:30am – 8:30pm

Puck's Alley Center (1035 University Avenue)

1. **Curry House** (947-2206, Japanese-style curry) \$
Mon-Sat: 11:00am – 9:00pm
2. **Kiss My Grits** (348-0626, Southern U.S. style food), L/D, CD, \$\$
Tue-Fri: 10:00am – 9:00pm
Sat-Sun: 7:30am – 9:00pm
3. **Nijiya Market** (979-8977, deli and sushi) \$\$
Mon-Sun: 10:00am – 9:00pm
4. **The Greek Corner** (942-5503, Greek food) \$\$
Mon-Sat: 11:00am – 10:00pm
Sun: Noon – 9:00pm
5. **The Tea Farm** (945-2679, Coffee & Tea, Desserts, Cafe) \$
Mon-Thu, Sun: 9:00am – 10:00pm
Fri: 9:00am – 11:00pm
Sat: 10:00am – 11:00pm

Across University Avenue from Puck's Alley

1. **Ezogiku Noodle Cafe** (942-3608, Japanese ramen) CD, \$
Everyday: 11:00am - 11:00pm
2. **Kit n' Kitchen** (942-7622, Asian Fusion, Modern European) CD, \$\$
Mon-Fri: 10:00am – 12:00am
Sat-Sun: 8:00am – 2:00pm
Sat-Sun: 5:00pm – 12:00am

Near Puck's Alley

1. **Burger King** (532-0690, 1056 S Beretania Street) FF, \$
Mon-Sun: 5:30am - 11:00pm
2. **Down to Earth All Vegetarian Organic & Natural** (947-7678, 2525 South King Street) FF, \$\$
Vegetarian, Health Markets, Fruits & Veggies
Mon-Sun: 7:30am – 10:00pm

St. Louis Drive/Waialae Avenue Area

1. **Big City Diner** (738-8855, 3569 Waialae Avenue,) B/L/D, \$\$
Mon-Thu, Sun: 7:00am – 10:00pm
Fri-Sat: 7:00am – 12:00am
2. **Kaimuki's Boston Style Pizza** (734-1945, 3506 Waialae Avenue) L/D, \$
Mon-Sun: 11:00am – 9:00pm
3. **Salt Kitchen & Tasting Bar** (744-7567, 3605 Waialae Avenue, tapas bar) \$\$\$
Mon-Thu, Sun: 5:00pm – 12:00am
Fri-Sat: 5:00pm – 1:00am
4. **St. Louis Drive Inn** (734-3673, 3145 Waialae Avenue, local style plate lunch) \$
Mon-Thu: 5:00am - 11:00pm
Fri / Sat: 5:00am - 12:00
Sun: 8:00am - 8:00pm
5. **Sushman** (734-0944, 3036 Waialae Avenue, fast food sushi) \$
Mon-Thu: 10:00am - 9:00pm
Fri-Sat: 10:00am – 10:00pm
Sun: 10:00am - 8:00pm
6. **Town Restaurant** (735-5900, 3435 Waialae Avenue, organic fine dining) CD, \$\$\$
Monday - Saturday (sunday closed)
Breakfast: 7:00am -11:00am
Lunch: 11:00am - 2:30pm
Dinner: (M-Th) 5:30pm - 9:30pm Friday & Saturday 5:30pm -10:00pm