



COVID-19 IMPACTS ON BEHAVIORAL HEALTH: RAPID LITERATURE REVIEW

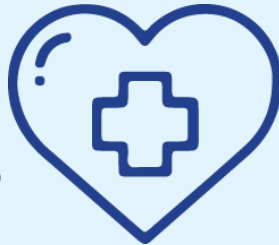
The Pandemic has impacted:

- Substance Use
- Mental Health
- Behavioral Health

With worsening trends of:

- Depression
- Anxiety
- Loneliness

All of which are known to increase substance use



Hawai'i CARES 24/7 Hotline experienced the highest call volume in 7 years in June and July of 2020

Free public resource for any caller seeking crisis support and access to treatment and recovery for substance use and mental health conditions



1 in 3 Hawai'i high school students reported using e-cigarettes in 2019

Young people that vape are 5-7 times more likely to be infected with COVID-19



Community members worry that Hawai'i youth are being targeted with flavor options such as "Hawaiian POG" and "Hawaii Sweet Roll"

Despite a drop in tourism, Honolulu saw increasing liquor sales in May - July

Due to stay at home orders, the governor allows the sale of unopened **alcoholic beverages for home delivery**

Community members worry the policy may **increase access to youth**



Social distancing & distance learning may decrease reporting of child abuse

Teachers and school workers are more reliable reporters of abuse

Social workers are unable to conduct face-to-face check-ins of foster youth



37%

Adults in Hawai'i with symptoms of anxiety disorder

30%

Adults in Hawai'i with symptoms of depressive disorder

Compared to 8.2% and 6.6% respectively, in January-June 2019