

Rapid Literature Review



Behavioral Health in Hawai'i during the Pandemic - Update

In 2020, Hawaii had the highest suicide contemplation response in the nation



Of those who took an online depression screening from Jan - Dec 2020, 41% reported frequent thoughts of suicide

The state has seen increases in anxiety related to:

- **COVID-19**
- Finances
- Employment

~ 40% of people in quarantine or isolation centers had a SUD or a co-occuring SUD and mental health disorder

The Hawaii Cares Program experienced a 50% increase in call volume in 2020 than 2019



About 75% of resources from the Alcohol and Drug Abuse Division are spent on SUD-specific treatment







